

OUTLINE

Update on the Latest Technologies Relating to Therapy

Go-to resources and technology trends to keep up with an ever-changing virtual environment

- Social media usage
- Email
- Texting
- Virtual Reality
- Avatar Counseling
- Robot as counselors

Case Study: Anxiety disorder client who is addicted to using technology

Evaluate How to Use the Latest Technologies

Explore evolving technologies and determine effectiveness for using with specific clients

- Clinical dilemmas and step-by-step problem-solving method
- Clinical decision making- when to use and who to use with
- Risks and benefits of using new technologies
- Limitations of research with new technologies
- Psychological and neurological benefits and limitations
- Best practices for risk management

Case Study: Engaging a client with major depressive disorder via telehealth

OBJECTIVES

1. Evaluate new types of technology including virtual reality, avatar counseling, and therapeutic robotics to determine the clinical benefits.
2. Propose how to enhance telehealth practice with the use of social media including Facebook, twitter, Instagram, texting, and emailing.
3. Research the applicable state and federal laws concerning interjurisdiction practice for application to clinical practice.
4. Utilize a step-by-step method for ethical decision-making when applying the code of ethics and the laws using technology including social media.
5. Evaluate what the newest research states about clinical implications and best practices when using telemental health for treatment.
6. Apply best practices with the updates for clinical application and for protection of clients and clinicians.

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Target Audience:

Counselors • Social Workers • Psychologists • Psychiatrists • Case Managers
Addiction Counselors • Therapists • Marriage & Family Therapists • Therapy Interns • Nurses
Other Mental Health Professionals

Navigate Ongoing Changes with Laws Resources for quick reference and explanations for better comprehension

- Quick references and explanations for better comprehension
- Interjurisdictional state laws
- Federal laws as they relate to clinical practice
- State laws and the clinical relevance

Case Study: Married couple who is separated in different states

Put It to Practice

Guidance on making innovative changes legally and ethically

- Newest technology to meet clinical needs
- Step-by-step method for ethical decision-making
- Risk management while initiating new technology
- Best practices with social media usage
- Legal and ethical compliance

Case Study: Therapist with in-person practice using telehealth successfully

Live Webinar Schedule

(Times listed in Pacific)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Limited time only

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Featuring Board-Certified Telemental Health Provider, Certified Clinical Telemental Health Provider, national trainer and author,
Joni Gilbertson, MA, NCC, LMHC, BC-TMH, CTMH

Includes 3 Ethics CE hours

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ADVANCED TELEMENTAL HEALTH TRAINING

Updated Laws, Ethical Guidelines & Innovative Technology for Best Practice

The pandemic made the use of technology in therapy a necessity rather than optional. Therapists and clients alike have gotten much more comfortable in this digital era, but there is **still more you can do to ensure sessions are engaging and clients get the help they need.**

On top of that... Clinicians are now inundated with finding ways to keep up with the changes in laws and state differences. It's challenging to know which technology to use, what laws apply, and how to keep our practices and our clients safe.

Good News! Board-Certified Telemental Health Provider, Certified Clinical Telemental Health Provider, Joni Gilbertson, MA, NCC, LMHC, BC-TMH, CTMH, has put together this bold cutting-edge training in telehealth to teach you:

- **The latest** in telehealth **technology**
- **Resources** to stay **up to date** with the changing **laws and guidelines**
- A **step-by-step method** to ensure best practices are in place
- How to take your **practice to the next level**

You will learn **innovative ways to use technology** and practical tools to ensure your clinical work is aligned with telemental health best practices. Take home resources on how to ensure you keep up with the ongoing changes with laws and ethical codes relating to teletherapy and technology.

Additionally, you will gain an understanding of how to **improve your risk management** through a **step-by-step method to ensure the safety of clients and agencies.** And best of all Joni presents this in an easy and digestible way - so you can go back to work the next day with new skills!

MEET YOUR SPEAKER



Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH, is a licensed clinical professional counselor, Board-Certified Telemental Health Provider and the owner/ founder of COPE Counseling Services, LLC where she uses telemental health to assist individuals, couples and families with everyday coping in areas such as relationships, depression, suicide, and anger management. She is licensed as a mental health professional both in Illinois and Florida while presently residing in Florida.

Joni completed over 20 trainings in telehealth and edited 16 plus online courses for telemental health. She is a certified trainer in clinical telemental health, mental health first aid, and motivational interviewing. She is also certified in domestic violence facilitation and selective other methods that enhance client awareness. She regularly uses distance counseling to work with diverse populations by using video sessions and other technologies. She started one of the first telehealth programs for court-ordered clients and has over 10 years of experience with using video sessions for programs such as domestic violence and anger management.

Speaker Disclosure:

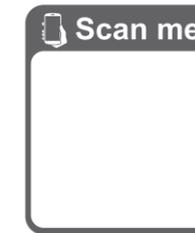
Financial: Joni Gilbertson maintains a private practice. She receives a speaking honorarium, recording, and book royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Joni Gilbertson has no relevant non-financial relationships.

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Live Interactive Webinar (Option 1)

October 16, 2023 PWZ89736

\$249.99 tuition

8am Pacific time

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CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Physicians, Psychologists, and Social Workers.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

***includes up to 3.0 hours of general ethics instruction.**

This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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PESI, Inc., #1062, is approved to offer social work continuing

education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2023 - January 27, 2026. Social Workers completing this course receive 6.25 total credits including 3.25 Clinical and 3.0 Ethics continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

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Here's what your colleagues have to say about this trainer:

★★★★★

"(Joni) is VERY well-informed! She paid attention to detail (every detail!) and I feel confident in utilizing the material you presented."

- Heather, Counselor

★★★★★

"I really appreciated the detail of the handouts . . . very relevant and educational."

- Mary, Social Worker

★★★★★

"Joni is very knowledgeable and inspires trust and confidence."

- Julia, Psychologist



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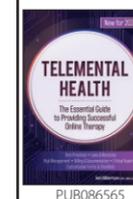
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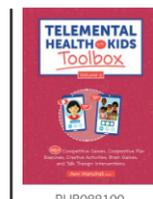


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The Essential Guide to Providing Successful Online Therapy

Your Presenter! Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH

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