

Outline

Etiology of Dissociative Identity Disorder

Attachment: secure, avoidant, ambivalent, disorganized
Dissociation: DSM 5 Continuum
History and Prevalence: developmental model, inaccuracy of the sociocognitive model
Research limitations and potential risks

Diagnostic Process:

False Negatives, False Positives and Co-Morbid Disorders

Initial Assessment Interview: important questions often overlooked
DSM 5 Criteria
Co-morbid disorders
False positives and false negatives
Case study demonstrating detailed steps

Working with Memory Gaps, Rapid Switching and Other Treatment Challenges

Maximize attunement: therapist to themselves, therapist to client, and client to themselves
Finding ways around dissociative barriers
How to handle secrets and unreliable memory
Decompensation: how to work with rapid switching
Compassion fatigue and the dangers of countertransference

Stabilize the DID Client:

Strategies for Resourcing, Working with Alters, Safety Issues and More

Resourcing Domains
Outside Intervention
Mindfulness
Cognitive-Imaginative
Somatic

Getting to Know Alters
Questions to Ask
Types of Alters
Importance of Protectors
Child and Adolescent Alters

Safety Issues

Ongoing abuse
Suicide assessment and prevention
Sexuality

Creating a trauma list without re-traumatizing the client

Trauma Specific Work with DID Clients

Determine which alters need to be involved in the processing
Components of the traumatic memory
Alters and preferred resourcing method
Clinical guidance for processing
How to end the session and return the client to the present
Safety planning


Live Webinar Schedule (Times listed in Central)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
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Objectives

1. Analyze the role of attachment wounds and early childhood trauma in the development and treatment of clients with dissociative disorders.
2. Use dissociative-related enquiries in initial assessments to better identify dissociative symptoms in clients.
3. Differentiate dissociative identity disorder from other disorders to make more accurate diagnoses and avoid false positives or false negatives.
4. Use cognitive and somatic approaches to aid in the stabilization phase of treatment in clients with DID.
5. Manage rapid personality switching with in-session strategies to lessen disruption to the therapeutic process.
6. Use trauma-focused approaches to improve traumatic memory processing in the treatment of clients with DID.

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Dissociative Identity Disorder

Diagnosis, Stabilization and Complex Trauma Treatment in Clients with DID

Live Interactive Webinar
Tuesday, August 15, 2023


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Dissociative Identity Disorder

Diagnosis, Stabilization and Complex Trauma Treatment in Clients with DID




Featuring
Greg Nooney, LISW Author of
Diagnosing and Treating Dissociative Identity Disorder

- Assessment tools to avoid false positive and false negatives
- Strategies to work with gaps in memory
- Tips for handling rapid personality switching in session
- Stabilization techniques for resourcing and safety

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Dissociative Identity Disorder: Diagnosis, Stabilization and Complex Trauma Treatment in Clients with DID

When clients come to you seeking relief from their traumatic pasts it feels like familiar work. Difficult, but familiar.

But in cases of extreme past abuse, you may have clients who seem to be losing time. Not remembering things they've said and done.

You may even encounter multiple identities that can alarm you.

Despite deeply entrenched views, studies suggest dissociative identity disorder is more prevalent than once believed. And if you treat trauma, the likelihood of you encountering a client with DID may be higher than you think.

Without a therapeutic plan, you could find yourself unnerved, unprepared and unable to help when these clients show up in your caseload.

Greg Nooney is the author of *Diagnosing and Treating Dissociative Identity Disorder* (NASW Press, 2022). A therapist for more than 35 years, he's worked with hundreds of clients with severe trauma, dissociative symptoms, and dissociative identity disorder.

Join him for this one-day webinar and discover a step-by-step guide on how you can diagnose, stabilize and treat trauma in these complex clients.

When you register you'll get:

- Assessment tools to avoid false positive and false negatives
- Clinical strategies to work with secrets and gaps in memory
- Tips for handling rapid personality switching in session
- Stabilization techniques for resourcing and safety
- Approaches for doing trauma specific work with DID clients

Don't miss this chance to complete your trauma treatment toolbox and help clients overcome the pain their parts are carrying.

Sign up today!

Target Audience:

Counselors • Social Workers • Psychologists • Marriage & Family Therapists • Addiction Counselors
Mental Health Professionals • Crisis Intervention Specialists • Psychiatric Providers • Physicians • Nurses



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Meet Your Speaker



Greg Nooney, MSW, LISW, has worked with clients with serious mental illness and dissociative disorders for over 35 years. He's received specialized training in treating severely dissociated clients and is the author of *Diagnosing and Treating Dissociative Identity Disorder: A Guide for Social Workers and All Frontline Staff* (National Association of Social Workers Press, 2021).

A highly respected trainer on trauma-related dissociation, dissociative identity disorder, ethics, narrative therapy practices, treating severe trauma, and burnout, Greg shares his years of knowledge and clinical experience with professionals at seminars and conferences throughout the country.

He has worked in mental health centers, psychiatric hospitals, private practice and most recently at Burgess Health Center where he was the director of the mental health section for a decade. He is an adjunct instructor at the University of Iowa School of Social Work and has served as a field instructor for Master of Social Work Students at the University of Iowa, University of Nebraska, and the University of North Carolina. Greg earned his master's in social work from Loyola University in Chicago and is available to provide workshops and trainings as well as supervision to social workers, and consultations for therapists working with clients with DID. He can be contacted through his website at www.gregnooney.com.

Speaker Disclosure:

Financial: Greg Nooney has employment relationships with the University of Iowa School of Social Work and Burgess Mental Health. He receives royalties as a published author. Greg Nooney receives a speaking honorarium and recording royalties from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Greg Nooney is a member of the National Association of Social Workers.

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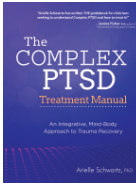
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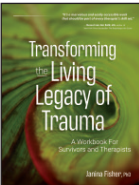
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