

Outline

A Clinician’s Guide to Narcissism:
Narcissistic Personality Disorder and the Spectrum of Narcissistic Traits
DSM-5™ criteria for Narcissistic Personality Disorder
Social and culturally acquired definitions
The spectrum of narcissistic traits
Narcissistic traits without meeting criteria for NPD
Psychoeducation for survivors about NPD, narcissistic behavior and its consequences

Narcissistic Abuse and General Emotional Abuse:
Similarities, Differences and Tactics Impacting Detection and Treatment
Goals of perpetrators of emotional abuse vs. narcissistic abuse
Cycle of abuse in narcissistic relationships
Gaslighting and other tactics of manipulation and coercion
What is narcissistic supply?
Subtypes: engulfing and ignoring/neglecting

Narcissistic Abuse in Specific Relationships: Dynamics and Impacts
Romantic/intimate relationships/sex addiction
Co-parenting vs counter-parenting
Friendships and frenemies
Family of origin – the golden child, black sheep, scapegoat, and invisible child
Lack of self-esteem, difficulties trusting others, C-PTSD and other effects of narcissistic abuse

Potential Missteps and Traps to Avoid
Everyone’s a narcissist (over-pathologizing problematic behaviors)
No one’s a narcissist (dismissing client reports because you can’t diagnose NPD)
Pushing for reconciliation or family therapy
Inadvertently gaslighting clients by questioning hard-to-spot emotional manipulation
Not focusing enough on calming the underlying trauma triggers

Victims of Narcissistic Abuse in Therapy: Break the Cycle of Abuse through Increased Autonomy, Agency and Sense-of-Self
Building assertiveness and individuation – strategies to help clients be their own individual
Exercises to help clients discover their own preferences, interests, desires, and goals
Teach clients to distinguish between assertiveness, aggression, and passive aggression
Counteract internalized messaging that assertive communication is harmful, cold, cruel, or harsh
Prepare clients for the backlash that often attends increasing autonomy and agency
Cultural sensitivity considerations
Exploring levels of contact and clients’ wishes regarding contact
Developing healthy boundaries -- how to best protect themselves within the relationship parameters they choose
Processing guilt/shame over setting boundaries and saying no
Coping strategies for when contact is inevitable

Additional Approaches and Considerations
Trauma competency – an essential for working with these clients
Inner child work to heal attachment wounds
Is family therapy advised?
Specific modalities to explore - AEDP, IFS, EMDR, SE, BSP, Gestalt
Research, risks and treatment limitations

Live Webinar Schedule
(Times listed in Central)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Analyze how abuse from individuals with narcissistic personality disorder in the context of romantic relationships, friendships, and family relationships can lead to long term effects for clients.
2. Differentiate narcissistic abuse from other forms of emotional abuse to improve your ability to recognize the subtle signs that clients may be victims.
3. Employ in-session psychoeducation approaches to help clients become aware of narcissistic behavior in their lives and recognize the consequences.
4. Analyze common mistakes made by practitioners in the treatment of survivors of narcissistic abuse.
5. Employ exercises to help survivors of narcissistic abuse build assertive communication skills.
6. Investigate the current research and treatment limitations surrounding work with survivors of narcissistic abuse.

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Narcissistic Abuse for Therapists

Empower Clients to Break Free and Recover from Gaslighting, Emotional Manipulation and Coercion

LIVE Interactive Webinar
Friday, July 28, 2023

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Narcissistic Abuse for Therapists

Empower Clients to Break Free and Recover from Gaslighting, Emotional Manipulation and Coercion



Featuring **Amy Marlow-MaCoy, LPC**,
Author of the Amazon best-selling book *The Gaslighting Recovery Workbook: Healing from Emotional Abuse*

- Prepare yourself to work with a rapidly growing client population!**
- Recognize the subtle signs of this devastating form of abuse
 - Avoid clinical missteps that could alienate these clients
 - Teach clients to develop healthy boundaries and be their own individual
 - Includes specific strategies, suggestions and exercises

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Narcissistic Abuse for Therapists: Empower Clients to Break Free and Recover from Gaslighting, Emotional Manipulation and Coercion

You may be working with a victim of narcissistic abuse without even knowing it.

Clients in your caseload who lack self-esteem, can't say no, and blame themselves for everything may have been emotionally manipulated, controlled, and gaslit through a narcissistic relationship.

But without the right training **you could be failing to see the subtle signs**, leaving you without a key piece of the puzzle...and keeping them trapped in emotionally damaging and often dangerous relationships.

Now with this **one-day training** you can get the clinical guidance and tools you need to **help clients free themselves from the cycle of narcissistic abuse and overcome its toxic legacy in therapy!**

Amy Marlow-MaCoy, LPC has helped hundreds of clients identify, understand, and heal from narcissistic abuse from interpersonal relationships. She is the author of the Amazon best-selling book *The Gaslighting Recovery Workbook: Healing from Emotional Abuse* (Callisto Media, 2020).

Join Amy and get the strong foundational understanding of narcissistic abuse dynamics and treatment you need to:

- Recognize overt and covert signs of narcissism in a variety of contexts
- Open your clients' eyes to gaslighting and other manipulative tactics of narcissists
- Avoid clinical missteps that could alienate these clients
- Build assertiveness in clients who can't say no
- Teach clients to develop healthy boundaries without guilt
- End clients damaging self-blame and help them be their own individual
- and much more!

Don't miss this chance to help clients break the cycle of narcissistic abuse and regain their personal power!

Register today!

P.S. As popular culture continues to shine a spotlight on the problem, **more people than ever before are seeking therapists well-versed on narcissistic abuse.** This training will leave you better positioned to work with this growing client population!



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Meet Your Speaker

Amy Marlow-MaCoy, LPC, focuses her practice on treating complex and developmental trauma in adults raised in narcissistic, emotionally immature, and toxic families of origin.

She is the author of the Amazon best-selling book *The Gaslighting Recovery Workbook: Healing from Emotional Abuse* (Callisto Media, 2020), a workbook designed to help individuals identify, understand, and begin to heal from emotional trauma and abuse caused by gaslighting in interpersonal relationships.

Amy has been trained in Level 1 Internal Family Systems therapy. She also provides supervision to LPC candidates and regularly consults with other clinicians regarding treatment of adult children of narcissists. She earned her Master of Education in Counseling Psychology degree from Temple University.

Speaker Disclosure:

Financial: Amy Marlow-MaCoy maintains a private practice. She receives royalties as a published author and receives a speaking honorarium and recording royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Amy Marlow-MaCoy is a member of the American Counseling Association.

Target Audience:

Counselors • Social Workers • Marriage & Family Therapists • Psychologists • Physicians
Addiction Counselors • Psychiatric Nurses

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This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Physicians, Psychologists, and Social Workers.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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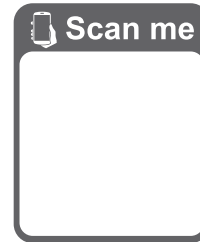
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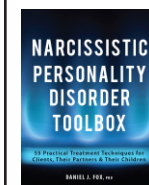
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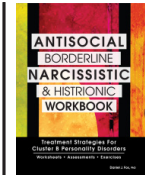


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