OUTLINE

MEDS 101

Case study

Reasons to be knowledgeable about psychiatric medications

Lessons from other disciplines

Pharmacy

Nursing

Ethics guidelines

The common questions clients have about their medications

Handling differences of opinion between yourself and a prescribing professional

GENERAL OVERVIEW OF THE NERVOUS SYSTEM

Organization of the nervous system Structure of the neuron Communication between neurons How medicines interact with the

DEPRESSION MEDICATIONS

nervous system

Neurobiology SSRIs and SNRIs Mechanism of action Benefits and adverse reactions Medications in these categories Case study

ANXIETY DISORDER MEDICATIONS

DSM-5® anxiety categories Deconstructionist approach taken by prescribers Neurobiology

SSRIs and Benzodiazepines Mechanism of action Benefits and adverse reactions Medications in these categories Case study

BIPOLAR MEDICATIONS

Monotherapy Lithium, anticonvulsants, and 2nd generation antipsychotics Mechanism of action Benefits and adverse reactions

Medications in these categories Case study

ADHD MEDICATIONS

Neurobiology Methylphenidate and amphetamine Mechanism of action

Delivery systems

Benefits and adverse reactions Medications in these categories

Case study

ANTIPSYCHOTIC MEDICATIONS

Psychosis symptoms Neurobiology 1st and 2nd generation **Antipsychotics** Mechanism of action Benefits and adverse reactions Medications in these categories Case study

INSOMNIA MEDICATIONS

Causes and treatments for insomnia Medications for insomnia Half-life Benefits and adverse reactions Case study

LIMITATIONS OF THE RESEARCH & POTENTIAL RISKS

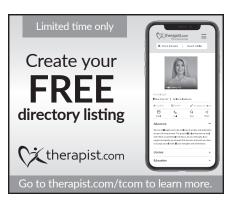
Learning Objectives can be viewed at pesi.com/webcast/89065

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8:00 Program begins

11:50-1:00 Lunch Break **4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker A more detailed schedule is available upon request.



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Essential Information for Mental Health Professionals



Featuring **Dr. Kenneth Carter**, board certified clinical psychologist and professor of psychology at Oxford College of Emory University

- Why (and what) you should know about psychopharmacology
- Questions you can expect from clients and prescribers, and how to answer them
- · Latest ethical guidelines from APA, NASW, ACA and others
- Latest information and newest medications for depression, anxiety, bipolar, ADHD, psychosis and insomnia



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PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

Dr. Kenneth Carter, a board certified clinical psychologist with a Master's degree in clinical psychopharmacology, shares his clinical experience and training to provide detailed information about the range of common medications prescribed for mental health conditions. You will get the latest information on antidepressants, anxiolytics, and common medications for insomnia and Attention deficit/Hyperactivity Disorder among others. Through lecture, the examination of multi-disciplinary ethics codes and real case examples, you will take a close look at the ethical decisions that accompany medication use and the non-prescribers role and limits with regards to medication discussions with your patients.

Dr. Carter answers guestions from providers in the field and walks through examples of practical clinical discussions that come up every day in practice, including how to discuss scope of practice with your patients in order to optimize their care when working with multiple providers. The goal is for you to leave better prepared to communicate with your clients as well as the prescribers, as Dr. Carter instructs you on how the medications work, their benefits, and the side effects and dangerous reactions associated with them.

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists Substance Use Disorders Counselors • Occupational Therapists • Physicians Occupational Therapy Assistants • Other Mental Health & Health Care Professionals



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MEET YOUR SPEAKER



Kenneth Carter, PhD, ABPP, is a board-certified clinical psychologist and professor of psychology at Oxford College of Emory University in Atlanta, Georgia. Dr. Carter received his MA and PhD in clinical psychology from the University of Michigan in Ann Arbor and a postdoctoral master's degree in clinical psychopharmacology from Fairleigh Dickerson University. Dr Carter

has taught clinical psychopharmacology classes at Emory University since 2005 and has presented highly rated psychopharmacology workshops to clinicians throughout the United States since 2010. Dr. Carter has served as a senior assistant research scientist in the Epidemic Intelligence Service of the Centers for Disease Control and Prevention. He has been a psychotherapist and researcher for more than 20 years, during which time he has garnered awards from the National Institutes of Health, the National Heart, Lung and Blood Institute, and the University of Michigan. Dr. Carter has presented at numerous conferences and written several books and articles on introductory psychology, neuropsychology and psychopharmacology.

Financial: Dr. Kenneth Carter has employment relationships with Positive Impact Health Centers and Oxford College of Emory University. He is a published author and receives royalties. Dr. Carter receives a speaking honorarium and recording royalties from PESI, Inc. He has no relevant financial relationships with ineligible organizations

Non-financial: Dr. Kenneth Carter is a member of the American Psychological Association, the Association for Psychological Science, the Neuroscience Education Institute, and the American Association for the Advancement of Science.

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This continuing education activity is designed to meet state board requirements for the following professionals: Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Occupational Therapists, Physicians, **Psychologists, and Social Workers.**

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