#### Strategic Approach to Protect Yourself, Your Practice and Your Clients

Awareness of codes, laws and regulations Have a prevention mindset Skills to navigate confusing systems Decision-making process Access to resources and tools to help

#### Sorting Out Codes of Ethics and Codes of Conduct

How ethics codes are established and why this matters

Ethical principles vs ethical standards at an advanced level

Key overlooked and misunderstood terminology

#### **Deciphering Laws/Statutes, Rules, and** Regulations

Federal laws – Which laws apply and why (e.g., HIPAA vs. FERPA)

Untangling state laws, statutes, rules, and regulations

States' laws and regulations are not the same across states

Jurisdictional Issues - Practicing across state lines

Civil suits - What a plaintiff must demonstrate Think like a licensing board and how to avoid disciplinary actions

How to respond to subpoenas and court orders Risk - Knowing yourself and when you are on thin ice

The law of unforeseen consequences Vicarious liability

#### Strategies for Reducing Risk, Avoiding Problems, and Maintaining Your Sanity

Social media and communication policy Teletherapy-specific informed consent process Exceptions to confidentiality on your practice website

Maintain a case load that is sustainable How to ethically make referrals to other providers

VPN for security for online work Boundaries, multiple relationship, and power differentials BAAs with all HIPAA business associates

#### Advanced Tools and Resources for the **Current Times**

A framework to easily navigate dilemmas Cloud-based practice management systems Online resource regarding distance therapy and COVID-19.

App for sorting out teletherapy interjurisdictional practice issues Psychotherapy notes – An underutilized

HIPAA-authorized tool And more!

#### **Case Studies of Advanced/Challenging Issues and Vignettes** Practice operational issues - Referral

streams & fee splitting; Legal and Ethical Boundaries - Boundary crossing; variables; physical boundaries & gifts

Social media, email and texting -Tweets; Emails and the at-risk client; texting and boundaries

Multiple relationships- Dual relationships & power differentials

Distance therapy related-Distance therapy & COVID-19; out-of-state counseling

Minors, confidentiality, consent, & records access

Combined issues-Testimonials, websites, supervision; distance therapy dilemma; the play therapy request

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# Ethical, Legal, and **Professional Issues for the Advanced Practice Clinician**

Strategies for Reducing Risk in Clinical Practice

### LIVE Interactive Webinar Friday, June 16, 2023

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- Hidden interactions: Integrate ethical, legal, clinical & practice issues
- The complexities of telehealth practice



(Times listed in Fastern) 8:00 Program begins

11:50-1:00 Lunch Break

Live Webinar Schedule

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request

#### Objectives

- 1. Describe the interrelationships among codes of ethics, federal and state laws, and licensing regulations.
- 2. Demonstrate familiarity with accessing and using tools and resources for compliant practice including secure, HIPAA, compliant internet access, business associate agreements, and telehealth law applications.
- 3. Analyze ethical and legal aspects of key technology-related topics including social media & communication policies, nuances of distance therapy, email & texting, and practice management systems.
- 4. Integrate specific strategies for mitigating risk and avoiding ethical and legal problems.
- 5. Identify the five essential perspectives for navigating all ethically problematic situations.
- 6. Describe a process for effectively navigating ethically and legally challenging scenarios.

## Ethical, Legal, and **Professional Issues for the Advanced Practice Clinician**

### Strategies for Reducing Risk in Clinical Practice

#### Not another ethics 101 course...topics covered:

- Assess and navigate complex situations
- Develop effective policies for ethical & legal practice
- Advanced strategies for mitigating risk
- Navigating whether to utilize practice management systems

### **Live Interactive Webinar** Friday, June 16, 2023

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#### Ethical, Legal, and Professional Issues for the **Advanced Practice Clinician**

#### Finally...an ADVANCED training in ethical, legal and practice issues!

This course will equip you with a practical, easy-to-use framework for navigating ethical, legal and practice issues of all types. It is especially designed for experienced clinicians and those who are in leadership roles who don't need another 101 ethics training.

You will leave with a guide that will help establish a process for managing ethical, legal, and other types of risk. Also covered, is an exploration of related advanced topics. For example:

- Making sense of the relationship between ethics, laws, and licensing regulations
- Codes of ethics: Seeing beyond the surface
- How to think like a licensing board
- Navigating your practice through the ethical, legal and operational maze
- Operational decision-making: (e.g.) Can I and should I offer distance therapy?"

Additionally, you will receive a variety of useful and timely information, tools, and resources to take back to your clinical practice immediately. Some of the topics covered:

- Establishing a communication and social media policy
- Cloud-based practice management systems
- Distance therapy/telehealth
- Practicing across state lines
- Education on training non-clinical staff (e.g., receptionists/schedulers)
- Developing policies and procedures: How to make use of codes of ethics and licensing regulations
- Strategies for avoiding problems and improving operations.

You will leave the course with useful tools, resources, insight and examples of how to work through real-life ethical, legal and related dilemmas from advanced perspectives.

#### Target Audience:

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors Therapists • Marriage & Family Therapists • Nurses • Other Mental Health Professionals



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### **Meet Your Speaker**

**TERRY CASEY, PhD, HSP,** is a Licensed Psychologist, HSP (Health Service Provider) with over 30 years of professional experience, including a 16-year tenure as the director of counseling & psychological services for a non-profit agency with over 30 counselors at over a dozen locations. He is in private practice in Franklin Tennessee, teaches ethics and professional issues in counseling at Lipscomb University's Clinical Mental Health Counseling program, and guest lectures at Trevecca Nazarene University's clinical counseling Ph.D. program.

Dr. Casey also served for several years as the chair of the ethics committee for the Tennessee Licensed Professional Counselors' Association and in an advisory capacity for graduate counseling programs at two universities. He has presented frequently on ethics to organizations such as the American Counseling Association, the Tennessee Licensed Professional Counselors Association, the Nashville Area Association of Christian Counselors, and others. For more information, visit his practice website at rencounselingtn.com.

Speaker Disclosure:

Financial: Dr. Terry Casey maintains a private practice and is a faculty member of Lipscomb University. He is a published author and receives royalties. Dr. Casey receives a speaking honorarium and recording royalties from Psychotherapy Networker and PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Terry Casey is a member of the American Psychological Association, the Tennessee Psychological Association, the Tennessee Licensed Professional Counselor Association, and others. For a complete list, please contact info@pesi.com.

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