

# Outline

## Do No Harm: Make Your LGBTQ Client Feel Safe & Respected in Therapy

Red-flag words: Offensive words you might use (without you knowing!)  
 Intake session: questions about developing identity  
 Strategies to establish rapport and comfort  
 Tips for discussing sex and sexuality

## Talk About Sex!

Don't miss out on key info by ignoring the sex talk  
 Top or bottom? And other important questions to ask: flexible, changing sexual preferences and attractions  
 Varieties of sexuality  
 Protect the client from your own biases and assumptions

## Coming Out

Stigma and its impact on mental health from childhood to adulthood  
 6 distinct stages with interventions  
 Navigate the 3 phases of coming out to avoid isolation and alienation  
 Fear, shame and rejection unique to this population  
 Relationship concerns: family, friends, school or workplace  
 Finding a sense of belonging in LGBTQ community  
 Harmful and dangerous effects of conversion therapy

## LGBTQ Adolescence

Coming out issues  
 It gets better but not before coming out  
 Bullying and other safety issues contributing to PTSD  
 Harm reduction adult dating apps such as Grindr, Scruff, etc.  
 Risk assessment for substance abuse  
 Assess for suicidality  
 Finding support

## Gay Male

Develop a treatment plan and goals for unique challenges growing up gay male  
 Accurate assessment of alcohol use with this high risk population  
 HIV & STI prevention strategies and risk and harm reduction  
 Generational differences informing different treatment plans  
 Internalized homophobia  
 Learn specific sexual terminology to avoid alienating your client

## Lesbian

Develop a treatment plan and goals for unique challenges growing up lesbian  
 Specific terminology that is helpful and damaging in this population  
 Sex and sexuality: what to know, what to ask  
 Strategies to manage gender dynamics  
 Internalized homophobia manifests in development

## Bisexuality

Learn strategies to help the anxiety of bisexuals in dating and relationships  
 Internalized biphobia and bisexual development from childhood into adulthood  
 Compare and contrast male and female bisexuality

## Transgender

Overcome the knowledge barrier  
 Avoid using outdated treatment plans  
 Learn and differentiate correct terms such as gender queer, gender fluid and cisgender  
 Strategies to help your client tell their partner, families, friends and employers  
 Tips to discuss hormone treatments and surgical procedures  
 Crucial points for transgender teens medically and psychologically and how to create best treatment plan

## Questioning

Avoid mislabeling a client and leading them down the wrong sexual identity path  
 Differentiate between sexual fluidity from bisexuality, gay and lesbian identities  
 Differentiate between sexual identity, sexual behavior and sexual fantasies

## Working with LGB Couples

Dynamics of a same gendered couple including vulnerabilities and strengths  
 Coming out discrepancy causing turbulence for couples  
 Recognize and identify how internalized homophobia creates conflicts  
 Open relationships in gay male couples  
 Sexual issues and strategies on compatibility, incompatibility, frequency and satisfaction

## Working with Mixed Orientation Couples and Relationships

Specific stages of coming out as a mixed orientation couple  
 Specialized treatment programs for the straight spouses  
 Helping LGBTQ spouse integrate their identity into their mixed orientation relationships  
 Learn how to identify which couples will succeed and which won't

Learning Objectives can be viewed at [pesi.com/webcast/88753](http://pesi.com/webcast/88753)

### Live Webinar Schedule (Times listed in Central)

- 8:00 Program begins
- 11:50-1:00 Lunch Break
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
 Actual lunch and break start times are at the discretion of the speaker.  
 A more detailed schedule is available upon request.

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## Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

- Avoid the top mistakes therapists make
- Become the go-to LGBTQ therapist
- Be on top of the up-to-date language and terms

Live Interactive Webinar  
 Tuesday, April 18, 2023

**BONUS!** – Registration includes FREE on-demand access for 3 months.

**REGISTER NOW:**  
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Earn 6.25 Cultural Competency CE Hours



Featuring Joe Kort PhD, LMSW  
 International Speaker, Author and Expert

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## Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ) Clients: Clinical Issues and Treatment Strategies

Are you making the biggest mistake treating your LGBTQ clients? Are you pushing them to “come out”? And if you are...you could be traumatizing your clients. I made the same mistake early in my career of forcing my clients to name and claim their sexual identity. I didn't know how to ask them about their sexual practices. And when I tried, I offended them.

Come to my workshop and I will equip you with the right tools and up-to-date information you need in this **rapidly changing population** to more effectively counsel your lesbian, gay, bisexual, transgender and questioning clients, and couples. You will learn specific strategies to better treat the unique challenges your client may be facing such as:

- self-acceptance and internalized homophobia
- non hetero-normative sexual behaviors and practices
- trauma and abuse from growing up LGBTQ
- the difficult process of coming out

Also, let me help you avoid the common mistake of believing, “a couple is a couple” and treating LGBTQ couples the same as their heterosexual counterparts.

Don't be a therapist that is losing LGBTQ clients because of poor intake, assessment and treatment planning. Learn how to offer your clients a safe place for therapy.

I look forward to meeting you at my workshop!

Joe Kort, PhD, LMSW

Don't miss this valuable opportunity to learn from a leading expert in the field!



“Brilliant presenter, could have kept listening for days!”

Tamara – Counselor



“Joe was an excellent presenter! He knew his subject, used humor well, and was available to answer any questions – thanks!”

Sue – Social Worker



“Best program I have been to!”

Christina – Psychologist



“I feel that I gained a lot of good info for my clients.”

Angie – Counselor



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## Meet Your Speaker

**Joe Kort, PhD, LMSW**, is a board-certified sexologist and the founder of The Center for Relationship and Sexual Health, and runs a private practice in Royal Oak, Michigan.

Dr. Kort, a therapist, coach and author, has been practicing psychotherapy for over 25 years and has spoken internationally on the subject of gay counseling. He specializes in sex therapy, gay affirmative psychotherapy, sexually compulsive behaviors, and IMAGO relationship therapy designed for couples to enhance their relationship through improved communication. Dr. Kort is a blogger for the *Huffington Post* and *Psychology Today* on issues of sexuality. He has been a guest on the various television programs on mixed orientation marriages and “sexual addiction”. Dr. Kort is the author of several books, including, *LGBTQ Clients in Therapy*, *Gay Affirmative Therapy for the Straight Clinician*, *10 Smart Things Gay Men Can Do To Improve Their Lives*, *10 Smart Things Gay Men Can Do To Find Real Love*, and *Is My Husband Gay, Straight or Bisexual*.



### Speaker Disclosure:

Financial: Dr. Joe Kort maintains a private practice. He receives royalties as a published author, and he receives a speaking honorarium and book and recording royalties from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Joe Kort is a member of the National Association of Social Workers (NASW), the Institute for Imago Relationship Therapy, and the American Association of Sexuality Educator, Counselors, and Therapists (AAECT).

### Target Audience:

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Marriage & Family Therapists • Nurses • Addiction Counselors • Other Mental Health Professionals

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This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Nurses, Addiction Counselors, Physicians, and Marriage & Family Therapists.**

For specific credit approvals, details, and planning committee disclosures, please see the “credit approvals and details” URL below. For speaker disclosures, please see speaker bios.

#### National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

\*includes up to 6.25 hours of cultural competency.



This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.



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April 18, 2023 | PWZ88752

\$219.99 tuition

8am Central time

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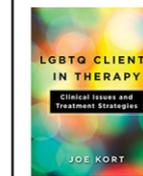
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### Recommended Reading:



**LGBTQ Clients in Therapy**  
*Clinical Issues and Treatment Strategies*

By Joe Kort, PhD, LMSW

~~\$29.95~~ **\$24.99\***



**LGBTQ+ Youth**  
*A Guided Workbook to Support Sexual Orientation and Gender Identity*

By Lee-Anne Gray, PsyD

~~\$29.99~~ **\$22.99\***

\*Discount Included with purchase of the Webinar

### OTHER WAYS TO REGISTER

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