

Outline

Infertility Trauma and Your Client

The most surprising facts about infertility
Where is the line between infertility stress and infertility trauma
Social infertility
Top questions to understand your client's experience
Cultural humility as a critical element
Tips for assessing your client's intersectional identity
Exercise – therapist self-assessment
Case study – mental health symptoms alongside ongoing fertility treatments

Reproductive Grief: Thrust Against the Margins

Infertility and reproductive grief as disenfranchised loss
Embracing and avoiding loss - dual-process grief model
Best practices for assessing and monitoring your client's grief
Infertility loss grief interventions
Strategies for decreasing grief stigma
Grief and cultural humility
Case study – termination for medical reasons after IVF

Trauma-Informed Therapy for Infertility

EMDR and somatic resourcing techniques
Adapting EFT and Gottman Method for infertile couples

Strategies to strengthen attachment, reduce emotional distress, and facilitate grieving
Common partner communication challenges: resentments, intimacy, financial strain, and more
Crisis management techniques to address immediate trauma
Foundational strategies to address chronic experience of infertility
Exercise – resource development for infertility distress
Case study – couple contemplating involuntary childlessness

Clinical Considerations

Tailoring interventions to clients' unique identities
Self-disclosure and how culture influences it
Management of countertransference and therapist reactivity
Limitations of the research and potential risks

Live Webinar Schedule
(Times listed in Central)

9:00 Program begins
12:50-2:00 Lunch Break
5:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Evaluate the DSM V-TR™ definition of trauma as related to infertility.
2. Investigate infertility grief in the context of clients' intersectional identity.
3. Utilize techniques to decrease the stigma of infertility.
4. Employ interventions to reduce emotional distress related to infertility in individual clients.
5. Assess the impact of infertility on intimate relationships.
6. Investigate the potential risks and benefits of therapist self-disclosure related to fertility.

Are you looking to gain new clients or showcase your expertise?

Stand out with a **FREE listing** on **therapist.com** today!

Register for FREE when you go to: **therapist.com/free**

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



www.pesi.com/inhouse

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE, WI
PERMIT NO. 32729

PESI, Inc.
P.O. Box 1000
Eau Claire, WI 54702-1000

Join us online for this live training!

Infertility Grief and Trauma

Integrative Strategies to Help Individuals and Couples Move Through Grief and Improve Mental Health

Live Interactive Webinar
Friday, April 21, 2023

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW:
pesi.com/webcast/88705

Join us online for this live training!

Infertility Grief and Trauma

Integrative Strategies to Help Individuals and Couples Move Through Grief and Improve Mental Health



Featuring Dr. Loree Johnson, LMFT
Former Task Force Member for the Mental Health Professionals Group of the American Society for Reproductive Medicine

- Tools to manage stress from assisted reproductive technology
- Decrease the impact of fertility stigma on clients
- Solutions for self-disclosure dilemmas



Live Interactive Webinar
Friday, April 21, 2023

BONUS! – Registration includes FREE on-demand access for 3 months.



A Non-Profit Organization Connecting Knowledge with Need Since 1979

REGISTER NOW:
pesi.com/webcast/88705

Infertility

Grief and Trauma

"Do you have kids?"

This common intake question is intended to gather information, forge connection, and build context around your clients' lives.

But for your clients experiencing infertility, it is a major trigger. And it activates the grief and isolation inherent in involuntary childlessness.

As more individuals start their families at older ages and the presence of reproductive challenges increases, infertility trauma and grief will show up in more therapy practices.

Without specific training in infertility grief and trauma, you won't be effective at challenging inadequacy beliefs, negative self-worth, shame, worry, irritability, depression, body issues, and relationship conflict these clients experience - nor be equipped to navigate the myriad of heartbreaks they face.

Don't let therapy be a place where clients coping with current or previous infertility feel further stigmatized.

Join Dr. Loree Johnson, LMFT, fertility counseling and reproductive trauma expert, for this dynamic one-day training that will give you the **skills you need to process infertility grief and trauma** with your clients. Using the **lens of cultural humility**, you'll learn strategies to:

- Ask the right questions to get to the heart of your clients' infertility experience
- Intervene with individuals and couples using EMDR, somatic and emotion-focused techniques, and more
- Assess your clients' intersectional identity to contextualize their reproductive story
- Utilize the dual process model to support grief at all life stages

Packed with case studies, exercises, and compelling self-reflections for the therapist, this training will have you ready to meet the growing need for support around infertility.

Register today!



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesi.com/info or 800-726-3888 and we will make it right.

PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at pesi.com/info!

Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Victoria Franz** at vf Franz@pesi.com or call **715-855-8108**.

Meet Your Speaker



Dr. Loree Johnson, LMFT, graduated from Syracuse University with a master's and doctorate in marriage and family therapy. Inspired by one of the first mental health programs to weave the basic tenets of social justice into the field of family therapy, she started her career in community mental health and now works in private practice in Hermosa Beach, CA. As a result of her reproductive story, Dr. Johnson sought training in fertility counseling and reproductive trauma. She is certified in EMDR. Dr. Johnson has been an active member of the American Association for Marriage and Family Therapy for more than 20 years and has served in various board positions at the state and national levels. She completed her tenure on the Anti-Racism Task Force for the Mental Health Professionals Group of the American Society for Reproductive Medicine. In addition to reproductive psychology, Dr. Johnson is passionate about training therapists and reducing disparities in the infertility and loss communities that impact access to treatment, care, and outcomes.

Speaker Disclosure:

Financial: Dr. Loree Johnson maintains a private practice. She receives a speaking honorarium from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Loree Johnson is a member of American Society for Reproductive Medicine's, the American Association for Marriage and Family Therapy, and the EMDR International Association.

Target Audience:

Counselors • Social Workers • Psychologists • Psychiatrists • Marriage & Family Therapists
Addiction Counselors • Case Managers • Psychiatric Nurses
Other Mental Health Professionals • Physicians • Nurses

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Psychologists, and Social Workers.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is an NAADAC Approved Provider of continuing education. NAADAC Provider #77553. This activity has been submitted to NAADAC for review. Approval pending. For the most up-to-date credit information, please go to: <https://rehab.pesi.com/events/detail/88705>.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2023 - January 27, 2026. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Self-study credit: To check availability for your profession, go to www.pesi.com or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab, PESI AU, PESI UK, and Psychotherapy Networker.

Earn up to
6.25 CE
Hours for one
low price!

For all credit approvals and details, visit: www.pesi.com/webcast/88705

SIGN UP-TODAY!

Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

Register Online at: pesi.com/webcast/88705

Live Interactive Webinar (Option 1)

April 21, 2023 [PWZ88704]

\$219.99 tuition

9am Central time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar

**Live CE is only available when viewed live*

Get a Group Discount! Contact us at pesi.com/info to save for groups of 5 or more

On-Demand Digital Seminar (Option 2)

\$219.99 [POS059219]

Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- Enjoy lifetime on-demand access
- Earn a self-study CE certificate
CE hours and approvals may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability.

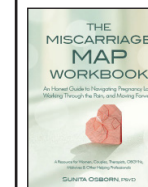
DVD (Option 3)

\$219.99 [RNV059219]

DVD Experience:

- Self-study CE certificate available
CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability and pricing

Recommended Reading:



The Miscarriage Map Workbook
An Honest Guide to Navigating Pregnancy Loss, Working Through the Pain, and Moving Forward
Sunita Osborn, PsyD, MA

~~\$24.99~~ **\$19.99***

PUB086570



Trauma, PTSD, Grief & Loss
The 10 Core Competencies for Evidence-Based Treatment
Michael Dubi, EdD, LMHC,
Patrick Powell, EDD, LMHC, LPC, NCC &
J. Eric Gentry, PhD, LMHC

~~\$24.99~~ **\$19.99***

PUB084790

**Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

Phone: 800-726-3888

Fax: 800-554-9775

Mail: PESI, Inc.
PO Box 1000
Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

