

Outline

Types of Grief & Their Implications for Treatment

Explain historical and current relevant theories and models describing the physical and psychosocial effect of loss, grief, and mourning on the individual and family system

Compare factors that influence normal and complicated reactions to dying and grief

Disenfranchised grief

Persistent Prolonged Grief Disorder

Traumatic Bereavement

Prolonged Grief Disorder

- Common trajectories for grief
- Recognize Prolonged Grief Disorder
- Risk factors for Prolonged Grief Disorder
- Treatment interventions

Types of Loss & Their Impact on Grieving

- Parental loss
- Child loss
- Widowhood
- Non-death losses

Grief & the Family: Guide Families Through Healthy Grieving

Differentiate potential loss events occurring throughout the lifespan, including non-death situations, and complicated bereavement

Identify theories and models of individual, couple, and family resilience

- Family systems theory: Family influences on individual grief
- Variables that complicate family adaptation
- Strategies to guide family adaptation to loss
- Develop respect for different grieving styles
- The role of gender norms
- Developmental considerations & milestones related to loss reactions for:
 - Children
 - Adolescents
 - Early adulthood
 - Middle adulthood
 - Later adulthood

Multicultural Considerations for Grief Treatment

Analyze the ethnic, gender, and cultural factors that affect responses to loss-related situations

Increase awareness of one's own beliefs, assumptions, and biases and how they may influence the establishment and maintenance of therapeutic relationships with culturally diverse clients

Cultural factors affecting expression of grief

Impact on mourning practices

Culture's impact on death anxiety & meaning of life

Determine where the identity emphasis lies

Cultural values regarding emotional expression and disclosure

The impact of society on grief

Assessment: Intake Considerations for Grieving Clients

Articulate how to plan and implement appropriate assessments, interventions, and strategies

Perform a clinical assessment to inform the clinicians' choice of best treatment interventions for the reduction of symptoms

Current conceptualization models

Factors impacting the grief experience

Assess for depression and suicide ideation

Differentiate between depression, grief & PTSD

Persistent Prolonged Grief Disorder

Take home assessment tools

Grief Treatment: Interventions & Strategies to Improve Clinical Outcomes

Analyze the efficacy of various treatment interventions for complicated grief to improve clinical outcomes

Utilize clinical strategies to assist grieving clients in the move from fight/flight or freeze to social engagement in sessions

Utilize the co-regulating pathways of the social engagement system in session as an approach to managing symptoms of complicated grief

- Assist clients with expressing their pain
- Integrate a new inner image of the deceased
- Client self-assessment strategies for coping
- Foster client relaxation skills
- Let the client lead: Starting point, story & stopping point
- Cultivate acceptance
- Elicit emotional availability in clients
- Give clients "permission" to not share stories
- Develop healthy grief rituals
- Target guilt due to stopping grief rituals
- Build a bridge between memories, current behaviors & underlying values
- Help clients accept the finality of the death
- Navigate the treatment of multiple losses
- "Family coat of arms" activity

Professional Issues: Ethical Considerations for Working with Grieving Clients, Their Families & the Terminally Ill


Scrutinize the ethical and legal issues in end-of-life decisions, such as suffering, dying and choice, and their clinical implications

Examine one's own cognitive, affective, behavioral, and valuational reaction to death and dying and bereavement as it relates to professional practice with client's experiencing grief and loss


- Ethical dilemmas that confront the terminally ill
- Ethical principles of end-of-life decisions
- The clinician's role in addressing psychological suffering & needs of the terminally ill
- Impact of cause of death on social isolation
- Identify the core values and principles of professional ethical behavior
- Boundaries of professional competence

Learning Objectives can be viewed at [pesi.com/webcast/88580](https://www.pesi.com/webcast/88580)

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Evidence-Based Strategies for Helping Clients Make Meaning After Loss



LIVE Interactive Webinar
Thursday & Friday, March 2 & 3, 2023

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Evidence-Based Strategies for Helping Clients Make Meaning After Loss

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Professional standards apply, visit evergreencertifications.com/CGP for full certification details.

Earn your CERTIFICATION Today!

- Transformational interventions and strategies to help your clients heal from the impact of loss
- In-depth treatment methods that address grief with clients of all ages
- Strategies and tools to tailor interventions to each client's individual situation and grieving style

LIVE Interactive Webinar
Thursday & Friday, March 2 & 3, 2023

BONUS! – Registration includes FREE on-demand access for 3 months.

2 DAY GRIEF TREATMENT Certification Course

Evidence-Based Strategies for Helping Clients Make Meaning After Loss

Your client's world has been shattered following the loss of a loved one. Not only are they adjusting to these days and weeks without that person, but they are also struggling with changes to their sense of self. Who are they now as they navigate this new world? Your client is stuck in a place of paralyzing sorrow, and you're unsure of what else to do to help.

You can transform the way you treat grieving clients with the tools and strategies you'll learn in this 2-day Comprehensive Course!

Join Rev. Dr. Joy Samuels, LPC-MHSP, NCC, as she leads you through the process of working with bereaved individuals and aiding them with making meaning after loss. You'll learn evidence-based counseling strategies appropriate for the treatment of multiple types of losses, and you'll acquire the skills you need to tailor clinical interventions to the uniqueness of each client's grief experiences.

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Best of all, upon completion of this live training, you'll be eligible to become a Certified Grief Informed Professional (CGP) through Evergreen Certifications. Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of grief counseling. Professional standards apply. Visit evergreencertifications.com/CGP for details.

Register today to revolutionize your work with grieving clients!

Live Webinar Schedule - both days (Times listed in Central)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Target Audience:

Psychologists • Psychiatrists • Counselors • Addiction Counselors • Case Managers
Social Workers • Pastoral Counselors • Chaplains/Clergy • Funeral Directors
Marriage & Family Therapists • Mental Health Nurses • Nursing Home Administrators
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Attendees will receive documentation of CGP designation from Evergreen Certifications 4 to 6 weeks following the program.

**Professional standards apply. Visit www.evergreencertifications.com/CGP for professional requirements.*

Meet Your Speaker

Joy R. Samuels, D.MIN., LPC-MHSP, NCC, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

Speaker Disclosure:

Financial: Dr. Joy Samuels maintains a private practice and has an employment relationship with Lipscomb University. She receives a speaking honorarium and recording royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Joy Samuels is a fellow in Thanatology.

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This continuing education activity is designed to meet state board requirements for the following professionals: **Psychologists, Counselors, Addiction Counselors, Social Workers, Marriage & Family Therapists, Nurses, Chaplains/Clergy, Physicians, Thanatologists, and Nursing Home Administrators.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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***includes up to 1.0 hour of general ethics instruction and 1.0 hour of cultural competence.**



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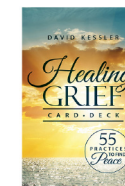
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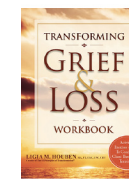
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Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

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