

Outline

The Complexities of Feeding

Definition and prevalence – new information; move toward Pediatric Feeding Disorder

Overlap of sensory processing skills, oral motor skills and behaviors

Normal developmental key points

Neurological foundations

Trauma, feeding and impact on brain

- NICU and medical trauma, NG Tubes, trachotmesty, etc
- Negative experience around feeding gagging, retching, pain with eating...

Evaluation of Feeding Skills

Differentiate between sensory overload and behaviors during feeding

Activity analysis of feeding – *Evaluation videos and group analysis*

Information obtained - what questions to ask

Oral motor evaluation - jaw, lips, tongue strength; range of motion for feeding

Hands-on draw to learn lab

Sensory Integration Strategies

Research-backed sensory play-based approach

- Decrease sensory over-responsivity to foods
- Use food exploration/cooking for older kids

Self-regulation to engage body during feeding

- Core engagement
- Breathing exercises
- Therapeutic use of music
- Heavy work

Live Webinar Schedule - both days
(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Oral Motor Skills

Lab — Oral motor exercises, kinesiology taping, stretching

Children who don't swallow safely – saliva management, increase swallowing...

Food in Therapy

Taste Lab — Sensory feedback and motor requirement needed for each food texture

Progression of food texture

Match food presented in therapy to child's sensory needs and motor skills

Nutritional considerations

Behaviors During Mealtimes

Environmental strategies to set children up for success

Manage common mealtime behaviors - throwing foods, not sitting, crying during mealtimes

Increase cooperation using the "just right challenge"

Shift between treatment frameworks

How to use the "feeding roadmap"

Special Considerations

Autism

Cerebral Palsy

Down Syndrome

Children who don't eat by mouth/G-Tube

Medically complex children

Promote Carry-Over At Home

Educate parents who are stressed and in survival mode

Help families have realistic expectations

Easy-to-implement home programs that parents will do

Help parents to change the relationship between child and food

Learning Objectives can be viewed at [pesirehab.com/webcast/88557](https://www.pesirehab.com/webcast/88557)

Items to have on hand to participate in demonstrations: Paper, color pencils, markers, crayons (one of these), popsicle stick, glue stick, scissors, disposable straw, Puffs, snap pea crisp, veggie sticks, Sour spray, Pop rocks candy, kinesiology tape.

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Pediatric Complex Feeding Issues

2-DAY INTENSIVE TRAINING

LIVE Interactive Webinar

Thursday & Friday, March 30 & 31, 2023

BONUS! – Registration includes FREE on-demand access for 3 months.

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Pediatric Complex Feeding Issues

2-DAY INTENSIVE TRAINING

Children do not present with one area of difficulty when it comes to feeding — it is typically a mix of behavior, sensory and oral motor issues. As a result, we need to learn how to adjust on the fly when a child throws us a curve ball in session that doesn't fit with our treatment plan.

In this 2-day intensive training, I will show you how to use a roadmap to navigate the muddy waters of feeding and learn how to seamlessly move between sensory, motor and behavior strategies to create the best individualized treatment plan for each child.

Through video case examples, I will show you treatment strategies, and hands-on exercises to gain the knowledge needed to successfully treat feeding difficulties.

You'll walk away with advanced techniques to:

- Evaluate the causes of mealtime difficulties: behavior, sensory, oral motor, or a combination
- Increase the range of foods, decrease rigidity around mealtimes
- Increase jaw strength and decrease ineffective lip closure, or poor tongue lateralization
- Use deep breathing and proprioceptive input to address self-regulation at the table
- Educate parents and caregivers to promote carryover at home
- Increase self-regulation around feeding
- Increase food play and exploration to increase food acceptance

Don't miss out! Come join me to learn how to put all the pieces together for children with complex feeding issues.

Target Audience:

Occupational Therapists • Occupational Therapy Assistants • Speech-Language Pathologists
Nurses • Special Educators • Other Behavioral Health Professionals



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Meet Your Speaker

Jessica Hunt, OTR/L, is well-known for her experience in treating pediatric sensory processing disorders in both the home and clinical settings. She serves children by bringing her feeding expertise directly into the home setting through her company J.L. Hunt Therapeutics. Previously Jessica worked for 10 years at Kaufman Children's Center as the director of occupational therapy and sensory integration programs, and then as the director of feeding and oral motor programs. She is certified in sensory integration, receiving her Sensory Integration and Praxis Test (SIPT) certification in 2008, and studied with Lucy Jane Miller, PhD, OTR, who is nationally recognized for sensory research, education, and treatment.

Jessica received her bachelor's degree in occupational therapy from Wayne State University in 2003. She gained expertise in "picky eating," oral-motor therapy through trainings that include, the Beckman Protocol, and Talk Tools, behaviors issues with feeding, feeding strategies for children who have autism, and treating medically challenging children. She is also trained in craniofacial therapy, advanced training in Therapeutic Listening, Integrated Listening System, and Handwriting without Tears. Jessica is also the notable recipient of the 2011 Michigan Occupational Therapy Association Award of Excellence.

Speaker Disclosures:

Financial: Jessica Hunt maintains a private practice. She receives a speaking honorarium and recording royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Jessica Hunt is a community ambassador with Feeding Matters.

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