### **Outline**

### **Behaviors that Make Us Crazy**

**Tantrums** 

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

#### Disorders

Oppositional Defiant Disorder

ADHD

Mood disorders

Anxiety disorders

Attachment issues/disorder, conduct disorder, autism spectrum disorders

#### **Assessment**

#### The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention

Sensory

Pain Control

#### **Mental Health Disorder or Behavior Problem**

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful assessment tool The art of choosing a diagnosis (if you have to

### **Limitations of the Research and Potential**

### **Treatment Strategies Part I**

Proactive Behavior plans

Motivational incentives

Set the stage for success Remember the initial goal

Appropriately address the functions of the behavior

#### Reactive

Corrective measures

It's like playing chess in a tornado

### **Treatment Strategies Part II**

Specific Strategies for the Following **Behavioral Challenges:** 

**Tantrums** 

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

### **Treatment Strategies Part III**

Specific Strategies for the Following Disorders:

ODD

**ADHD** 

Mood disorders

Anxiety disorders

Working with unsafe behaviors

### **Treatment Strategies Part IV Special Populations & Circumstances**

Asperger's disorder

Divorce, separation

Abuse and neglect Parent misbehavior

Foster care

### Live Seminar & Webinar Schedule

(Times listed in Fastern

7:30 Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker A more detailed schedule is available upon request.

### **Objectives**

- 1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- 2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- 3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
- 4. Communicate how a skilled observation of behavior informs your treatment approach.
- 5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- 6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.



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# OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches to the **Most Challenging Behaviors** 

Nanuet, NY

Live Interactive Webinar Thursday, March 23, 2023

Wednesday, March 22, 2023

Parsippany, NJ Thursday, March 23, 2023

South Plainfield, NJ Friday, March 24, 2023

Nanuet. NY Wednesday, March 22, 2023

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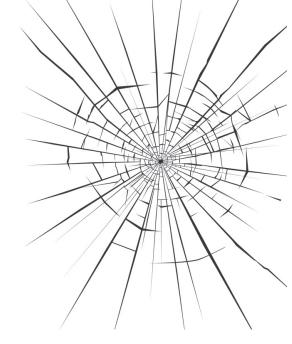
**OPPOSITIONAL, DEFIANT** & DISRUPTIVE CHILDREN AND ADOLESCENTS Non-medication Approaches to the

We Are Back! Join In Person or Online!

• Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders

· Strategies for tantrums, noncompliance, bullying and other challenging behaviors

- Take away specific, strategydriven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



**Most Challenging Behaviors** 

# OPPOSITIONAL, DEFIANT

& DISRUPTIVE CHILDREN | Non-medication Approaches to the **AND ADOLESCENTS** | Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

- Tantrums
- Refusing to work/help
- Running out/away
- Noncompliance
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Nagging

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Robert Marino is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

### **Target Audience:**

Counselors • Social Workers • Psychologists • Marriage and Family Therapists Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers Nurses • School Administrators • Physicians • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants Other Helping Professionals who Work with Children

### Recommended Reading:



### **Beyond Behaviors**

Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges

<del>\$29.99</del> \$22.99

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## **Meet Your Speaker**

Robert J. Marino, M.S., NCSP, ABSNP, is a nationally certified school psychologist with an advanced certificate in school neuropsychology. He has been working as a school Psychologist for over 30 years and has experience in the assessment and programming for children from infant through high school age. Robert specializes in cross battery assessment and the assessment of children with emotional regulation difficulties.

Robert divides his time between assessment and consultation with preschool programs and his role as school psychologist in an elementary school setting. He conducts assessments, consults with school staff and parents, and develops specialized programs for children with a broad range of identified needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School Psychologist Association, primarily for his extensive work with traumatized children in the Romanian orphanage system.

Robert developed the mentor program for new psychologists in one of the largest school districts in the nation, and has also supervised numerous interns from graduate programs throughout the country. Robert has served as an adjunct professor for the University of Missouri where he developed and instructed several units for graduate level coursework on "Learning and the Brain."

Financial: Robert J. Marino, M.S., NCSP, ABSNP, is a school psychologist with the Prince George's County Public Schools and receives a speaking honorarium from PESI, Inc. He has no relevant financial relationships with ineligible organizations. Non-financial: Robert J. Marino, M.S., NCSP, ABSNP, has no relevant non-financial relationships.

### Live Seminar Continuina Education Credit Information

Credits listed below are for full attendance at the live event only. Please see "live seminar schedule" for full attendance start and end times. For the in-person event, after attendance has been verified, pre-registered attendees will need to log into their online account to access the online evaluation and certificate of completion. For those in partial attendance (arrived late or left early), a letter of attendance will be available in the attendee online account after completion of the evaluation. An adjusted certificate of completion reflecting partial credit will be sent within 30 days (if your board allows, The CF certificate for the live webingr can be downloaded after completing the webingr passing the poline post-test (80%) passing score), and completing the evaluation. NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for recipro cal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include intervention: and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. For planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, PESI UK, PESI AU, and Psychotherapy Networker.

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New York Counselors: CE credit is available. PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors, #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required: no

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### Speech-Language Pathologists



.6 ASHA CEUs

\* Please note that Speech-Language Pathologists and/or Audiologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program

Sodal Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023, Social Workers ompleting this live course receive 6.25 Clinical continuing education credits

Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance

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