

# Outline

**Strategic Approach to Protect Yourself, Your Practice and Your Clients**  
Awareness of codes, laws and regulations  
Have a prevention mindset  
Skills to navigate confusing systems  
Decision-making process  
Access to resources and tools to help

**Sorting Out Codes of Ethics and Codes of Conduct**  
How ethics codes are established and why this matters  
Ethical principles vs ethical standards at an advanced level  
Key overlooked and misunderstood terminology

**Deciphering Laws/Statutes, Rules, and Regulations**  
Federal laws – Which laws apply and why (e.g., HIPAA vs. FERPA)  
Untangling state laws, statutes, rules, and regulations  
States' laws and regulations are not the same across states  
Jurisdictional Issues – Practicing across state lines  
Civil suits – What a plaintiff must demonstrate  
Think like a licensing board and how to avoid disciplinary actions  
How to respond to subpoenas and court orders  
Risk - Knowing yourself and when you are on thin ice  
The law of unforeseen consequences  
Vicarious liability

**Strategies for Reducing Risk, Avoiding Problems, and Maintaining Your Sanity**  
Social media and communication policy  
Teletherapy-specific informed consent process  
Exceptions to confidentiality on your practice website  
Maintain a case load that is sustainable  
How to ethically make referrals to other providers  
VPN for security for online work  
Boundaries, multiple relationship, and power differentials  
BAAs with all HIPAA business associates

# Objectives

1. Describe the interrelationships among codes of ethics, federal and state laws, and licensing regulations.
2. Demonstrate familiarity with accessing and using tools and resources for compliant practice including secure, HIPAA , compliant internet access, business associate agreements, and telehealth law applications.
3. Analyze ethical and legal aspects of key technology-related topics including social media & communication policies, nuances of distance therapy, email & texting, and practice management systems.
4. Integrate specific strategies for mitigating risk and avoiding ethical and legal problems.
5. Identify the five essential perspectives for navigating all ethically problematic situations.
6. Describe a process for effectively navigating ethically and legally challenging scenarios.

**Advanced Tools and Resources for the Current Times**  
A framework to easily navigate dilemmas  
Cloud-based practice management systems  
Online resource regarding distance therapy and COVID-19.  
App for sorting out teletherapy interjurisdictional practice issues  
Psychotherapy notes – An underutilized HIPAA-authorized tool  
And more!

**Case Studies of Advanced/Challenging Issues and Vignettes**  
Practice operational issues - Referral streams & fee splitting; Legal and Ethical  
Boundaries - Boundary crossing; variables; physical boundaries & gifts  
Social media, email and texting -Tweets; Emails and the at-risk client; texting and boundaries  
Multiple relationships- Dual relationships & power differentials  
Distance therapy related- Distance therapy & COVID-19; out-of-state counseling  
Minors, confidentiality, consent, & records access  
Combined issues- Testimonials, websites, supervision; distance therapy dilemma; the play therapy request


**Live Webinar Schedule**  
*(Times listed in Eastern)*  
**8:00** Program begins  
**11:50-1:00** Lunch Break  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

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# Ethical, Legal, and Professional Issues for the Advanced Practice Clinician

Strategies for Reducing Risk in Clinical Practice

**LIVE Interactive Webinar**  
**Friday, February 17, 2023**

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# Ethical, Legal, and Professional Issues for the Advanced Practice Clinician


Strategies for Reducing Risk in Clinical Practice

**Not another ethics 101 course...topics covered:**

- Assess and navigate complex situations
- Hidden interactions: Integrate ethical, legal, clinical & practice issues
- The complexities of telehealth practice
- Develop effective policies for ethical & legal practice
- Advanced strategies for mitigating risk
- Navigating whether to utilize practice management systems


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# Ethical, Legal, and Professional Issues for the Advanced Practice Clinician

Finally...an **ADVANCED** training in ethical, legal and practice issues!

This course will equip you with a practical, easy-to-use framework for navigating ethical, legal and practice issues of all types. It is especially designed for experienced clinicians and those who are in leadership roles who don't need another 101 ethics training.

You will leave with **a guide that will help establish a process for managing ethical, legal, and other types of risk.** Also covered, is an exploration of related advanced topics. For example:

- Making sense of the relationship between ethics, laws, and licensing regulations
- Codes of ethics: Seeing beyond the surface
- How to think like a licensing board
- Navigating your practice through the ethical, legal and operational maze
- Operational decision-making: (e.g.) Can I – and should I – offer distance therapy?"

Additionally, you will receive a variety of useful and timely information, tools, and resources to take back to your clinical practice immediately. Some of the topics covered:

- Establishing a communication and social media policy
- Cloud-based practice management systems
- Distance therapy/telehealth
- Practicing across state lines
- Education on training non-clinical staff (e.g., receptionists/schedulers)
- Developing policies and procedures: How to make use of codes of ethics and licensing regulations
- Strategies for avoiding problems and improving operations.

You will leave the course with **useful tools, resources, insight and examples of how to work through real-life ethical, legal and related dilemmas from advanced perspectives.**

## Target Audience:

Counselors • Social Workers • Psychologists • Case Managers • Addiction Counselors  
Therapists • Marriage & Family Therapists • Nurses • Other Mental Health Professionals



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# Meet Your Speaker

**TERRY CASEY, PhD, HSP,** is a Licensed Psychologist, HSP (Health Service Provider) with over 30 years of professional experience, including a 16-year tenure as the director of counseling & psychological services for a non-profit agency with over 30 counselors at over a dozen locations. He is in private practice in Franklin Tennessee, teaches ethics and professional issues in counseling at Lipscomb University's Clinical Mental Health Counseling program, and guest lectures at Trevecca Nazarene University's clinical counseling Ph.D. program.

Dr. Casey also served for several years as the chair of the ethics committee for the Tennessee Licensed Professional Counselors' Association and in an advisory capacity for graduate counseling programs at two universities. He has presented frequently on ethics to organizations such as the American Counseling Association, the Tennessee Licensed Professional Counselors Association, the Nashville Area Association of Christian Counselors, and others. For more information, visit his practice website at [rencounselingtn.com](http://rencounselingtn.com).

### Speaker Disclosure:

Financial: Dr. Terry Casey maintains a private practice and is a faculty member of Lipscomb University. He is a published author and receives royalties. Dr. Casey receives a speaking honorarium and recording royalties from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Dr. Terry Casey is a member of the American Psychological Association, the Tennessee Psychological Association, the Tennessee Licensed Professional Counselor Association, and others. For a complete list, please contact [info@pesi.com](mailto:info@pesi.com).

## CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Marriage and Family Therapists, Psychologists, Nurses, and Social Workers.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

**\*includes up to 6.25 hours of general ethics instruction.**



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This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.



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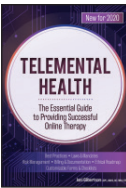
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## Recommended Reading:

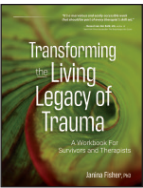


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