#### Outline

#### **Affirmative Clinical Practice**

Ethical responsibilities

Clinical application of affirmative practice

Work with clients across the lifespan Children

Adolescents

**Emerging adults** 

Older adults

Elements of support for transition care

#### **Gender Identity and Diversity**

Coming out

Transition experiences (e.g., social, medical, and legal)

Diagnosis

Historical perspectives

Current conceptions of gender diversity

Challenges with keeping up with identity

#### **Challenges Faced by Gender Diverse People**

Intersecting identities

Discrimination and violence

Clients seeking asylum

Clinical concerns

Trauma

Depression Anxiety

Substance abuse

Suicidal ideation

Family considerations

Parenting

Adoption

Value of support

Legal concerns

**Objectives** 

create further challenges in daily life.

confirmation surgeries.

6. Create a transition timeline and goals with your client.

#### **Interrogating One's Gender Beliefs**

Why is this important

What is involved in this process

How does a clinician integrate this information into their practice?

#### **Practice Assessment**

Live Webinar Schedule

**8:00** Program begins

**4:00** Program ends

11:50-1:00 Lunch Break

more detailed schedule is available upon request

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker.

(Times listed in Eastern)

What aspects of one's practice need to be

Simple ways to address practice short

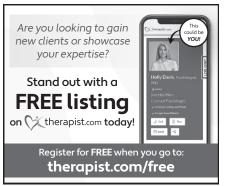
#### **Assessment with Gender Diverse** Clients

Best practice for addressing clinical concerns with assessment

How to complete assessments that require binary sex indicators

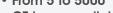
The purpose of assessment in clinical practice with clients

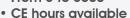
Challenges with personality assessments



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# Transgender & Gender Non-Binary (TGNB) Clients

**Clinical Issues and Treatment Strategies** 



**LIVE Interactive Webinar** Thursday, February 23, 2023

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# Join us online for this live training!

# Transgender & **Gender Non-Binary** (TGNB) Clients

# **Clinical Issues and Treatment Strategies**

### If you've ever been:

- Unsure of the terminology to use with your TGNB client
- Uncomfortable talking about their intersecting identities
- Questioning how to analyze transition readiness and write letters of support

Then this workshop is for you.

Includes up to 6.25 hours of cultural competency instruction!



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1. Appraise the complexities that transgender clients face daily including physical, mental, and

2. Develop a deep comprehension of the ways that a client's own identity can create a trusting,

effective relationship, and how their identity can negatively affect the clinical relationship.

4. Appraise the various gender diverse identities and analyze the ways that intersecting identities

5. Assess your current clinical practice to determine how affirmative your practice is for gender

7. Prepare letters for clients seeking feminizing and masculinizing hormone therapy and gender

social discomfort and how to address these in clinical practice.

3. Apply concepts of affirmative clinical practice with gender diverse clients.

# **Transgender & Gender Non-Binary (TGNB) Clients**

Are your TGNB clients educating YOU about their challenges and clinical concerns? With TGNB concerns changing and developing so rapidly, it's not surprising.

And you might be using outdated treatment strategies that lack perspective which can cause serious harm.

Even if you don't specialize in working with this population, it's only a matter of time before you will need to. As more of the TGNB population begin seeking care in the general practice setting due to the increase in need.

As a clinician and mother of a trans son, I have devoted 12 years researching and developing affirming care for the TGBN population. Join me as I guide you through the best practices and teach you step-by-step how to support your client as they navigate their unique challenges and sensitive needs, including coming out, discrimination, hormones, comorbidities, assessment, and helping parents, kids, and adults through life transitions.

Together we will work though case studies and small group activities to support your learning. You'll learn:

- Dos and don'ts of establishing an inclusive and welcoming space
- Affirmative language and how to work from an affirming lens
- Gender dysphoria interventions to improve quality of life
- How to use terms such as gender queer, transphobia, gender fluid and cisgender correctly
- Specific interviewing strategies including what questions should be avoided
- How to support your clients' progress in the face of any coexisting mental health concerns
- Gender affirming procedures and practices letter writing
- Risk and protective factors that impact our transgender clients every day
- Effective interventions to mitigate the negatives that cause our clients so much pain

Begin your journey now to start providing a safe place for all your clients to receive the care they deserve so they can genuinely be themselves and live their most authentic lives.

I look forward to seeing you there!

Susan Radzilowski, LMSW-C

#### Target Audience:

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# **Meet Your Speaker**



Susan Radzilowski, LMSW-C, ACSW, has practiced in mental health and educational environments for over 30 years. Susan holds a certificate in Gender Identity and Clinical Concerns. Susan was the founding co-chair of GLSEN SE Michigan and is a past member of the GLSEN National Advisory Committee. She has been a member of the NASW-Michigan Chapter Ethics Committee since 2010. Susan has published several articles on clinical

and ethical providing ethical issues of providing social work services to the transgender youth. Susan has a private practice in Michigan and is a part time faculty in the School of Social Work at The University of Michigan and at Wayne State University. She consults and trains on issues related to working with transgender youth for the Michigan Dept. of Health and Human Services, the NASW, Michigan State University, Michigan Medicine, Wayne, The University of Michigan and with local school districts. Susan is the parent of a transgender adult who came out in 2005, at age 15. Her experience as a parent of a trans youth inspired her to shift her professional focus to working with transgender youth and facilities and training professionals to improve access to competent, compassionate care.

Speaker Disclosure:

Financial: Susan Radzilowski maintains a private practice and has employment relationships with Wayne State University and the Michigan Medicine-Child & Adolescent Gender Services Clinic. She receives a speaking honorarium, recording royalties, and consulting fee from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Susan Radzilowski serves on the NASW Michigan Chapter Ethics Committee (CEC).

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#### \*includes up to 6.25 hours of cultural competency instruction.



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Intermediate level .6 ASHA CEUs

\*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.



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8am Eastern time

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Dr. Tammy Nelson, Ph.D.

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Lambers Fisher, MS, LMFT, MDIV

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