OPIOID USE DISORDER

What Every Clinician Needs to Know About One of the Most Dangerous and Lethal Drug Epidemics in American History

January 10, 2023: 8:30 - 11:45 am Central **(with 15 minute break)**

A national emergency…the worst drug crises in U.S. history. **The grim news surrounding opioid abuse continues to make the headlines.**

But you know what lies behind the headlines. People. People whose lives have been devastated. Jail time and lost jobs. Shattered families. Early deaths and grieving families. **People like you and I, prescribed a highly addictive substance** to treat their chronic pain or after a minor medical procedure, **who find themselves in a dangerous free fall that leaves their lives in ruin.** People who walk through your door look to you for help.

Yet opioid disorders are substantially different from other addictions. Drug driven brain change and physical dependence, coupled with a substance that perilously slows breathing and heart rate have created a deadly epidemic of unprecedented proportions. And many individuals with opioid use disorders have at least one co-occurring mental health problem that must be addressed in the effort to achieve and sustain recovery.

A one-size fits all approach to addiction simply won't suffice. Attend this workshop and learn more about:

- The neuroscience behind the unique risks of opioid abuse
- The signs – when pain management turns into addiction
- Tailored strategies to overcome the barriers to opioid use disorder treatment
- Psychotherapeutic approaches grounded in evidence-based modalities
- Screening tools and treatment strategies for co-occurring disorders
- Details on how Medication Assisted Treatment (MAT) can be combined with psychotherapy

Attend this critical one day seminar and get the tools you need to end the suffering and bring hope and healing to your clients!

Outline

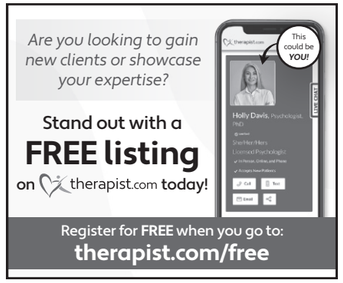
The Unique Nature of Opioid Addiction
Distinct risks of opioid abuse
What neuroscience and biology reveal about opioid use
Brain centers – the relationship between brain centers and pain
The pleasure factor and the addicted brain
Differences from other substance use disorders
How chronic opioid use changes the brain

Psychotherapeutic Approaches for Treating Opioid Use Disorder
Signs of opioid abuse and questions to ask
CBT – recent studies
Motivational Interviewing and commitment to change
Dialectical Behavior Therapy – confidence and coping skills
Acceptance and Commitment Therapy
Family counseling
How contingency management can be used with opioid use disorders
Adjunct approaches
Assessing and modifying treatment to ensure effectiveness
Research limitations and risks of psychotherapeutic approaches

Medication Assisted Treatment (MAT)
Research and the latest findings
Methadone, buprenorphine, naltrexone
Benefits, risks and drawbacks of MAT
Role of the behavioral health clinician in MAT

Learning Objectives can be viewed at pesi.com/webcast/88162

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CANNABIS USE DISORDER

Practical Interventions for One of Today's Fastest Growing Substance Use Disorders

January 10, 2023: 1:00 - 4:15 pm Central (with 15 minute break)

As a mental health clinician, you're more likely than ever before to have clients who use marijuana and cannabis products.

And while the last decade has seen a cultural shift toward acceptance of marijuana use, **cannabis has significant addictive potential that you can't afford to overlook as a mental health clinician.** Cannabis Use Disorder can **exacerbate your clients' mental health problems** as they self-medicate to avoid uncomfortable emotions, thoughts, and memories.

Even if addiction isn't the focus of your practice, you need to be prepared when your client's use of marijuana and cannabis products goes too far!

Watch this webinar and you'll get:

- Tools and tactics to identify Cannabis Use Disorder in your clients
- Techniques for successfully treating co-occurring disorders with marijuana users
- Evidence-based approaches to manage cannabis withdrawal symptoms
- The latest on Medication Assisted Treatment

Ensure you're confident in your ability to provide your clients' the best care possible and ready to navigate the ever-changing impacts of drug use on your work!

Outline

Effective Approaches to Marijuana Cessation
Prevalence of marijuana use
Modes of intake
Potency
Pharmokinetics

The Impact of Cannabis Use Disorder on the Brain
Brain centers – the relationship between brain centers and pain
The pleasure factor and the addicted brain
Differences from other substance use disorders
How chronic marijuana use changes the brain
Cannabis Withdrawal Syndrome (CWS)
Cutting edge research
Symptoms and course of withdrawal
Clinical screening tools
Techniques to lessen symptoms and reduce cravings

Psychotherapeutic Approaches to Treat Cannabis Use Disorder
Signs of marijuana use disorder and questions to ask
CBT – recent studies
Motivational Interviewing and Motivational Enhancement Therapy
Contingency management
12-step counseling
Family counseling
Adjunct approaches
Assessing and modifying treatment to ensure effectiveness
Research limitations and risks of psychotherapeutic approaches

Identify and Treat Co-Occurring Disorders When Marijuana is Involved
The impact of co-occurring disorders on treatment outcomes
Primary disorders vs. substance-induced co-occurring disorders
Screening procedures and tools
- Questions to ask
- Recording results
- Safety issues
- Trauma history

Validity in co-occurring treatment research
Risks associated with co-occurring treatment options

Medication Assisted Treatment (MAT)
Medications that are being used in current trials
Limitations of research and potential treatment risks

Learning Objectives can be viewed at pesi.com/webcast/88162

Target Audience:

Social Workers • Counselors • Psychologists • Addiction Counselors • Substance Abuse Counselors
Therapists • Case Managers • Nurses • Public Health Department Staff
Marriage and Family Therapists • Other Mental Health Professionals

Meet Your Speaker

Hayden Center, PhD, LPC, has been treating individuals and families who suffer from substance abuse disorders, including opioid use disorder, for over 25 years in a private practice setting. Dr. Center most recently served as the evaluator for the Center for Substance Abuse Prevention's (CSAP) Southeast Center for the Application of Prevention Technologies (SECAPT) and the Border Center for the Application of Prevention Technologies (BCAPT).

Dr. Center served as a consultant to the Alabama Governor's Office of Drug Abuse Policy for 10 years and has worked with numerous state and local agencies in the state of Alabama.

He has provided over 200 trainings on the topics of science-based prevention, evaluation, risk and protective factors, co-occurring disorders, and other mental health and substance abuse issues. His current interests are providing training and technical assistance to increase the usage and effectiveness of evidence-based treatments and approaches.

Speaker Disclosures:
Financial: Hayden Center maintains a private practice. He receives a speaking honorarium from PESI, Inc. He has no relevant financial relationships with ineligible organizations.
Non-financial: Hayden Center has no relevant non-financial relationship to disclose.

To view the full bio, visit www.pesi.com/webcast/88162

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For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

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Addiction Counselors: This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 3.0 CE in the Counseling Services skill group for each session or 6.0 CE in the Counseling Services skill group for both. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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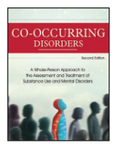
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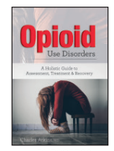
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Recommended Reading:



Co-Occurring Disorders
A Whole-Person Approach to the Assessment and Treatment of Substance Use and Mental Disorders, 2nd Edition
By Charles Atkins, MD
~~$34.99~~ **$26.99***
PUB086780



Opioid Use Disorders
A Holistic Guide to Assessment, Treatment, and Recovery
By Charles Atkins, MD
~~$26.99~~ **$19.99***
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