

Outline

The 3 Types of ODD

- Angry/Irritable subtype
  - Overactive amygdala strategies
  - Apply and optimize the anger thermometer
  - Handy biofeedback strategies in school
  - How to use sensory paths
  - Strategies for labeling emotions
  - Motor memory strategies to avoid tantrums
  - Techniques to stop kids from eloping from class
- Argumentative/Headstrong subtype
  - Apply the 3-second rule to stop arguments in class
  - Teach kids how to read micro expressions
  - Nonverbal strategies to diffuse conflict
  - REBT techniques to challenge their schemas
- Vindictive subtype
  - How to use the accountability pie
  - Implement the best behavioral report card for any behavior
  - Change the narrative by “spitting in their soup”
  - How to channel their anger in productive ways

Understand and Differentiate the Most Difficult Childhood Disorders

- ADHD and ways to overcome the heterogeneity problem
- The ubiquity of sensory processing dysfunction
- DMDD versus bipolar disorder versus clinical depression
- Anxiety disorders
- Disorders of trauma
- The spectrum in autism spectrum disorder (ASD)

Physiological Underpinnings of Challenging Behavior

- Using the cerebellum to treat the most challenging behaviors
- Overactive versus the underactive amygdala child: 20 strategies for each!
- Gray matter versus white matter problems and solutions
- The role of neurotransmitters in childhood pathology

- Sensory processing dysfunction
- Executive functioning development and treatment for each level

The Best Strategies for School Staff!

- Ways to stop classroom tantrums and meltdowns
- Muscle memory strategies for lower functioning children
- How to create a task analysis for any behavior in school!
- Develop the ultimate self-report card for any disruptive behavior
- 10 proven ways to label emotions to reduce volatility
- Teach kids how to read microexpressions and other nonverbal gestures to improve social skills
- Executive functioning strategies for self-control, working memory, and mental flexibility

The Best Clinical Strategies for Home

- Teach personal responsibility using the “accountability pie”
- Self-report cards to bridge home and school
- Ways to stop tantrums and meltdowns at home
- Integrating clinical assessments for schools to create IEPs and 504 plans
- Artful thinking routines for perspective taking and reasoning
- Executive functioning strategies for self-control, working memory, and mental flexibility

Special Populations & Circumstances

- Social Pragmatic Communication Disorder
- Treatment strategies tailored to divorced parents
- Pandemic fueled abuse and trauma
- Foster care and adoption issues
- Ways to work with parent dysfunction

Live Webinar Schedule  
(Times listed in Central)

- 8:00 Program begins
- 11:50-1:00 Lunch Break
- 4:00 Program ends

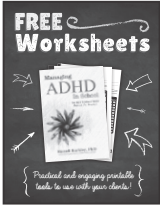
There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience:

Psychologists • Counselors • Social Workers • School-based Psychologists • School-based Counselors • School-based Social Workers • Marriage & Family Therapists • School Administrators • Educators • School Guidance Counselors • Occupational Therapists • Speech-Language Pathologists • Educational Paraprofessionals • School Nurses

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# New Ways to Approach OPPOSITIONAL DEFIANCE

Advanced Non-Medication Treatment for Lasting Success

Live Interactive Webinar  
Friday, December 16, 2022

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# New Ways to Approach OPPOSITIONAL DEFIANCE

Advanced Non-Medication  
Treatment for Lasting Success

Jason Mathison, PsyD, NCSP, ABSNP – licensed psychologist and certified school neuropsychologist will break it all down! You'll get:

- ✓ New targeted interventions for the 3 subtypes of ODD
- ✓ Advanced techniques including labeling emotions, motor memory exercises, and accountability training for the most challenging behaviors!
- ✓ Differentiating DMDD versus bipolar disorder versus clinical depression
- ✓ And so much more!

Live Interactive Webinar  
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# New Ways to Approach OPPOSITIONAL DEFIANCE

Kids are more volatile, more isolated, and more anxious than ever before!

And we know the challenging behaviors that coincide with these issues - tantrums, meltdowns, non-compliance, arguing, yelling...

With these behavioral and social/emotional problems increasing, coupled with staff shortages, *it's more vital than ever that you have efficient and effective strategies to support the kids you work with.*

Join Dr. Jason Mathison, school and licensed psychologist who has worked with the most challenging kids in clinical and school settings for over 18 years. He'll bridge the clinical and educational worlds and share novel approaches for both environments so you can achieve long-term success!

Learn targeted treatment approaches for:

- 3 subtypes of ODD
- Trauma
- Pandemic fueled school refusal
- Anxiety and depression
- Autism spectrum disorder

You'll walk away with advanced techniques that will help your young clients learn self-control, self-monitoring, and better organization in a matter of weeks! Register today to gain confidence in treating your most oppositional clients!

## Objectives

1. Construct a variety of evidence-based treatment approaches (e.g., labeling emotions, motor memory strategies, and accountability training) within functional activities to address challenging behaviors.
2. Demonstrate effective communication on the biological basis of maladaptive behaviors to families, caregivers, and teachers to promote effective collaboration and support.
3. Formulate targeted interventions for subtypes of oppositional behaviors in school and home environments.
4. Reflect and assess your clinical judgment and reasoning within evaluation and intervention processes to address challenging behaviors disrupting school performance.
5. Determine how and when to implement IEPs and 504 plans and how to effectively write goals and objectives for them. (no revision needed)
6. Apply strategies for Harvard's 3 levels of executive functioning in school and at home to promote functional performance.

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## Meet Your Speaker

**Jason Mathison, PsyD, NCSP, ABSNP**, is a licensed psychologist and certified school neuropsychologist in Maryland and Virginia who has worked with children and adolescents for over 18 years. He earned his doctorate in school psychology from the Philadelphia College of Osteopathic Medicine, where he published with faculty and served as an adjunct professor before graduating. Dr. Mathison continued to teach at Loyola University, Howard University, and Baltimore and the Chicago Professional School of Psychology for several years until he began speaking for PESI in 2015. Dr. Mathison is the owner and director of Psychoeducational Consultants where he provides neuropsychological testing and conducts workshops on brain-behavior relationships for educational staff, mental health professionals, and families. Dr. Mathison spends much of his time providing workshops for various school systems around the country to help teachers integrate strategies for the most challenging behaviors in the classroom. In addition to multiple publications on executive functioning, he has served on an expert panel at National Institute of Mental Health (NIMH) on the teenage brain. Dr. Mathison has served as a school psychologist for Prince George's County Public Schools for 17 years where he works with students and teachers to diagnose and provide interventions to enhance executive functioning and maximize academic success.

Speaker disclosures:

Financial: Jason Mathison is the owner of Psychoeducational Consultants and has employment relationships with Prince George's County Public Schools and The Better Brain Center. He receives a speaking honorarium from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Jason Mathison has no relevant non-financial relationships.



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This continuing education activity is designed to meet state board requirements for the following professionals: **Psychologists, Counselors, Social Workers, Marriage & Family Therapists, Educators, Occupational Therapists, Speech-Language Pathologists, and Nurses.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

**National CE Credit Approvals For Live Webinar**  
Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

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**\$219.99** tuition

8am Central time

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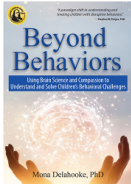
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- CE hours, approvals and cost of CE Certificates may vary from live event. Visit [www.pesikids.com](http://www.pesikids.com) or call 800-726-3888 to check for availability and pricing

## Recommended Reading:



**Beyond Behaviors**  
*Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges*

Mona M. Delahooke, PhD

~~\$29.95~~ **\$24.99\***

PUB085405



**Oppositional, Defiant & Disruptive Children and Adolescents**  
*Non-Medication Approaches for the Most Challenging ODD Behaviors*

Scott D. Walls, MA, LIPC, CCMHC

~~\$24.99~~ **\$19.99\***

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*\* Discount Included with purchase of the Webinar*

### OTHER WAYS TO REGISTER

**Phone: 800-726-3888**

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