

Outline

Case Examples will be woven throughout the presentation

Developmental Areas of Dysregulation in Children and Adolescents

- Physiological/Somatic
- Emotional
- Cognitive
- Relational/Attachment Ruptures
- Introduction to key components of TraumaPlay®
- Cultural Biases, Risks, and Limitations

Bottom-Up Brain Developmental and the power of Cross-Hemispheric Work

- Regulation
- Connection
- Learning
- Left Hemisphere Linguistics/Right Hemisphere Ways of Knowing
- Roles of the TraumaPlay® therapist

The Role of Parents as Partners in CoRegulation

- Reflecting on Attachment Styles/ Creating Paradigm Shifts
- Sharing the SOOTHE Strategies

Enhancing Safety and Augmenting Adaptive Coping

- The Coping Tree
- Cope Cakes
- Coping Menu
- Crowning Community
- Safe Place Sandtray

Enhancing Attachment

- Airplane Love Notes
- Love Links
- Stick Together Bookmarks
- Love Connectors
- Comfort Creatures
- Rupture and Repair
- Superhero Dyads

Understanding Our Stress Response System

- WOT R You Doing?
- Who is Amy G. Dala?
- What is Amy G. Saying Now?/Soothing Amy G.
- Head of a Pin
- The PolyVagal Zoo
- Sleuth the Sloth
- Farmers and the Fainting Goat

Enhancing Self-Regulation

- Hum Bugs
- Still-the-Struggle Socks
- Zip-but Don't Flip
- A Mindful Meal
- Finessing the Feel
- Yoga Tunes

Impulse Control and Anger Management

- Troubling Task Timer
- Count the Cost
- Anger Buttons/Who Is Pressing Your Buttons
- Under the Eruption
- Alibaba and His Bucking Camel
- Are You Ready for the Boom

Emotional Literacy

- Color Your Heart
- Mood Manicure
- Feelings Soup
- Sands of Time

Addressing Cognitive Distortions

- Inner Critic/Inner Kindness
- Lose the Bruise
- Pick It Up or Lay It Down
- The Recycler and the Shredder
- Rigid Rob/Flexible Fred
- The Mistake Snake

Storykeeping: Holding Hard Stories and Building Coherent Narratives

- Puzzles with Parents
- Excavating Hard Things
- Secret Book Safes
- Sand in My Eyes/Google Eye Hop
- Walk It Through

Making a Meaningful Goodbye

- Graduation Caps
- Treatment Takeaways
- Family Flowerpot
- Parent Prizes/Love Letters for Later

Live Webinar Schedule
(Times listed in Central)

- 8:00 Program begins
- 11:50-1:00 Lunch Break
- 4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

FREE Infographic

Calm Your Mind Mind-Body Practices



Get yours today at pesi.com/mindfulnessinfographic

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



www.pesikids.com/inhouse

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE, WI
PERMIT NO. 3279

PESI Kids
P.O. Box 1000
Eau Claire, WI 54702-1000
A Division of PESI, Inc.

Join us online for this live training!

BIG BEHAVIORS in small containers



Live Interactive Webinar
Friday, December 9, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesikids.com/webcast/88005

Join us online for this live training!

BIG BEHAVIORS in small containers



50 Trauma-informed Play Therapy Interventions for Disorders of Dysregulation



Featuring
Paris Goodyear-Brown, LCSW, RPT-S, Certified EMDR Therapist, and creator of TraumaPlay®, international presenter and prolific author, including recently released *Big Behaviors in Small Containers*, PESI Publishing

- Play Therapy Interventions for ADHD, anxiety and mood disorders
- Playful metaphors for our stress responses
- Skills to enhance attention and anger management
- Strategies to increase self-regulation and co-regulation with caregivers

Live Interactive Webinar
Friday, December 9, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesikids.com/webcast/88005

A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Big Behaviors in Small Containers

50 Trauma-informed Play Therapy Interventions for Disorders of Dysregulation

Do parents come to you labeling their children as Manipulative, Out-of-Control, Disobedient, or Shut Down?

Believe it or not, you don't need superhero powers to see the vulnerable, dysregulated child within.

This workshop will offer practical, fun, and immediately useful play therapy interventions for engaging the family in treatment planning and goal setting, augmenting adaptive coping, enhancing the healthy attachment between parent and child, help shift paradigms around problematic child behaviors and powerfully explain the stress response system.

Interventions for helping clients practice anger management, expand their emotional literacy, practice pro-social skills with family and friends, address their problematic thought life, and increase coherence in their narratives around hard things that have happened.

Objectives

1. Demonstrate four play therapy areas of developmental derailment that can lead to dysregulation.
2. Apply five play therapy interventions for enhancing the quality of attachment in parent/child dyads to your current caseload.
3. Identify three play therapy metaphors to enhance psychoeducation related to our stress response systems to clients.
4. Employ five play therapy interventions for identifying and shifting cognitive distortions.
5. Utilize five play therapy-based clinical strategies for working with impulse control and anger management.
6. Utilize five play therapy interventions for increasing self-regulation.

Target Audience:

Social Workers • Psychologists • Counselors • Teachers • School Administrators • Nurses
Speech-Language Pathologists • Marriage and Family Therapists • Physicians
Other Helping Professionals who Work with Children



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesikids.com/info or 800-726-3888 and we will make it right.

PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at [pesikids.com/info](http://www.pesikids.com/info)!

Questions?

Visit our FAQ page at www.pesikids.com/faq or contact us at www.pesikids.com/info.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Meg Graf** at mgraf@pesi.com or call **715-855-8199**.

Meet Your Speaker



Paris Goodyear-Brown, LCSW, RPT-S, certified EMDR therapist, is the creator of TraumaPlay®, a flexibly sequential play therapy model for treating trauma and attachment disturbances in family systems. She is the founder of the TraumaPlay® Institute, the clinical director of Nurture House, an adjunct instructor of psychiatric mental health at Vanderbilt University, and an EMDRIA approved consultant. Paris has an international reputation as a dynamic and compassionate speaker. She is a sought after supervisor, a master clinician, and a prolific author. As a thought leader in the fields of child trauma and play therapy she has received the APT award for Play Therapy Promotion and Education, given a Ted Talk on Trauma and Play Therapy and served as the executive director of the Lipscomb Play Therapy and Expressive Arts Center. She is on the board of TNAPT, and is the author of multiple chapters and articles including *Play Therapy with Traumatized Children and Parents as Partners in Child Therapy: A Clinician's Guide*. Her twelfth book, *Big Behaviors in Small Containers*, is hot off the press! Paris finds great joy in training clinicians all over the world in helping children and their families speak the unspeakable.

Speaker Disclosure:

Financial: Paris Goodyear-Brown maintains a private practice and has employment relationships with TraumaPlay Institute, Vanderbilt University, and Nurture House. She receives royalties as a published author. Paris Goodyear-Brown receives a speaking honorarium and recording royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Paris Goodyear-Brown is a member of the Association for Play Therapy and the National Association of Social Workers.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Social Workers, Psychologists, Counselors, Educators, Speech-Language Pathologists, Nurses, Speech-Language Pathologists, Marriage and Family Therapists, and Physicians.**

For specific credit approvals, details, and planning committee disclosures, please see the "credit approvals and details" URL below. For speaker disclosures, please see speaker bios.

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar, passing the online post-test (80% passing score), and completing the evaluation. Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this webinar program will qualify for 6.0 non-contact hours. This webinar does not meet the APT definition of Live Webinar. Play therapy credit is only awarded to mental health professionals.



Intermediate level
.6 ASHA CEUs

*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Self-study credit: To check availability for your profession, go to www.pesikids.com or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.

Earn up to
6.25 CE
Hours for one
low price!

For all credit approvals and details, visit: www.pesikids.com/webcast/88005

SIGN UP-TODAY! Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

Register Online at: pesikids.com/webcast/88005

Live Interactive Webinar (Option 1)

December 9, 2022 [PWZ88004]

\$219.99 tuition

8am Central time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar

**Live CE is only available when viewed live*

Get a Group Discount! Contact us at www.pesikids.com/info to save for groups of 5 or more

On-Demand Digital Seminar (Option 2)

\$219.99 [POS059037]

Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- Enjoy lifetime on-demand access

- Earn a self-study CE certificate
CE hours and approvals may vary from live event. Visit www.pesikids.com or call 800-726-3888 to check for availability.

DVD (Option 3)

\$219.99 [RNV059037]

DVD Experience:

- Self-study CE certificate available
CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-726-3888 to check for availability and pricing

Recommended Reading:



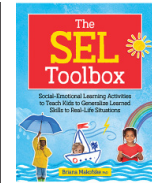
Big Behaviors in Small Containers
131 Trauma-Informed Play Therapy Interventions for Disorders of Dysregulation

Seminar Speaker!

Paris Goodyear-Brown, MSSW, LCSW, RPT-S

~~\$36.99~~ **\$27.99***

PUB087240



The SEL Toolbox
Social-Emotional Learning Activities to Teach Kids to Generalize Learned Skills to Real-Life Situations

Briana Makofske, PhD

~~\$29.99~~ **\$24.99***

PUB087775

** Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

Phone: 800-726-3888

Fax: 800-554-9775

Mail: PESI Kids
PO Box 1000
Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit www.pesikids.com/faq or contact us at www.pesikids.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

