Outline

Behaviors that Make Us Crazy

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Disorders

Oppositional Defiant Disorder

ADHD

Mood disorders

Anxiety disorders

Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention

Sensory

Pain Control

Mental Health Disorder or Behavior Problem

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful assessment tool The art of choosing a diagnosis (if you have to

Limitations of the Research and Potential

Treatment Strategies Part I Proactive

Behavior plans

Motivational incentives Set the stage for success Remember the initial goal Appropriately address the functions of the behavior

Reactive

Corrective measures

It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the Following **Behavioral Challenges:**

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:

ODD

ADHD

Mood disorders

Anxiety disorders

Working with unsafe behaviors

Treatment Strategies Part IV Special Populations & Circumstances

Asperger's disorder

Divorce, separation

Abuse and neglect Parent misbehavior

Foster care

Live Webinar Schedule

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon)

(Times listed in Pacific)

8:00 Program begins

Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request

Objectives

- 1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- 2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- 3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
- 4. Communicate how a skilled observation of behavior informs your treatment approach.
- 5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- 6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.



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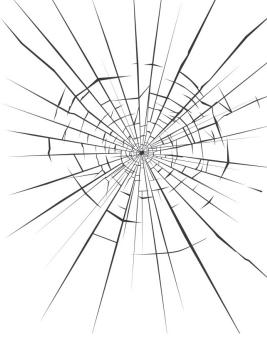
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Non-medication Approaches to the Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategydriven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



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OPPOSITIONAL, DEFIANT

& DISRUPTIVE CHILDREN | Non-medication Approaches to the **AND ADOLESCENTS** | Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients' most challenging behaviors including:

- Tantrums
- Refusing to work/help
- Running out/away
- Noncompliance
- Yelling/screaming
 - Bullying

- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Nagging

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Robert Marino is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers Nurses • School Administrators • Physicians • Educational Paraprofessionals Occupational Therapists & Occupational Therapy Assistants Other Helping Professionals who Work with Children



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Meet Your Speaker

Robert J. Marino, M.S., NCSP, ABSNP, is a nationally certified school psychologist with an advanced certificate in school neuropsychology. He has been working as a school Psychologist for over 30 years and has experience in the assessment and programming for children from infant through high school age. Robert specializes in cross battery assessment and the assessment of children with emotional regulation difficulties.

Robert divides his time between assessment and consultation with preschool programs and his role as school psychologist in an elementary school setting. He conducts assessments, consults with school staff and parents, and develops specialized programs for children with a broad range of identified needs. In 2002, Robert was given the "Outstanding School Psychologist" award by the Maryland School Psychologist Association, primarily for his extensive work with traumatized children in the Romanian orphanage system.

Robert developed the mentor program for new psychologists in one of the largest school districts in the nation, and has also supervised numerous interns from graduate programs throughout the country. Robert has served as an adjunct professor for the University of Missouri where he developed and instructed several units for graduate level coursework on "Learning and the Brain."

Speaker Disclosure:

Financial: Robert J. Marino, M.S., NCSP, ABSNP, is a school psychologist with the Prince George's County Public Schools and receives a speaking honorarium from PESI, Inc. He has no relevant financial relationships with

Non-financial: Robert J. Marino, M.S., NCSP, ABSNP, has no relevant non-financial relationships.

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This continuing education activity is designed to meet state board requirements for the following professionals: Counselors, Educators, Marriage and Family Therapists, Nurses, Occupational Therapists, Physicians, Psychologists, Social Workers, and Speech-Language Pathologist.

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Recommended Reading:



Bevond Behaviors

Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges

Mona M. Delahooke, PhD

\$29.99 \$22.99*



Oppositional, Defiant & Disruptive Children and Adolescents

Non-Medication Approaches for the Most Challenging ODD Behaviors Scott D. Walls, MA, LIPC, CCMHC

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