CERTIFIED CLINICAL TRAUMA PROFESSIONAL Two-Day Trauma Competency Conference

The successful resolution of traumatic stress can be simple.

Studies indicate that there are four key elements to effective trauma treatment. When you accomplish these four key elements in treatment with your clients, you will be able to reduce their symptoms and improve clinical outcomes.

Attend this conference and you will walk away with a step-by-step **four-stage** framework for navigating essential elements of trauma treatment with your traumatized clients.

The essential elements are common to all evidence-based trauma treatments, you will learn how you can integrate this framework with your current approach or methodology to make your trauma treatment even more effective!

This trauma competency training can transform your clinical practice and help improve your trauma treatment outcomes, just as it has for other clinicians around the world.

Best of all, upon completion of this live training, you'll be eligible to become a Certified Clinical Trauma Professional (CCTP) through Evergreen Certifications. Certification lets colleagues, employers, and clients know that you've invested the extra time and effort necessary to understand the complexities of trauma counselling. Professional standards apply. Visit www.evergreencertifications.com/ CCTP for details.

Meet Your Speaker



J. Eric Gentry, PhD, LMHC, DAAETS, FAAETS, CCTP,

is an internationally recognized leader in the field of disaster and clinical traumatology, having trained thousands of professionals and paraprofessionals worldwide in the treatment of traumatic stress. His doctorate is from Florida State University where he studied with Professor Charles Figley, one of the pioneers of traumatic stress. Dr. Gentry was one

of the original faculty members of the Traumatology Institute and later became the co-director of the International Traumatology Institute at the University of Southern Florida. Dr. Gentry, along with Dr. Anna Baranowsky, is the co-author and co-owner of the Traumatology Institute Training Curriculum – 17 courses in field and clinical traumatology leading to seven separate certifications.

Dr. Gentry has been a clinical member of several CISM teams and has provided assistance in many different disaster and critical incidents including Oklahoma City, New York City, and hurricanes in Florida. He was the developer of the Community Crisis Support Team, which began in Tampa, Florida, and has become a model for communities to integrate mental health services into their disaster response network.

Speaker Disclosure:

Financial: Dr. J. Eric Gentry is the owner and President of Forward-Facing Institute, LLC. and the CEO of Compassion Unlimited. He is an adjunct professor at the Florida Center for Theological Studies, Argosy University, and Webster University. Dr. Gentry is a consultant and receives compensation. He is a published author and receives royalties. He receives a speaking honorarium, book royalties, and recording royalties from PESI, Inc. He has no relevant financial relationships with ineligible organizations Non-financial: Dr. J. Eric Gentry is a member of the American Counseling Association, the American Academy of Experts in Traumatic Stress, and others. For a complete list, please contact info@pesi.com.

To view the full bio, visit pesi.com/express/87609

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"What an excellent teacher and great course - it taught me so much and the teacher is very dynamic." – Julianne Legon, Social Worker

"I wish every therapist was required to take this course for licensure!" – Michelle Spillane, Counselor

"This was a wonderful course, very inspiring and extremely useful." - Kathy Rodgers, Counselor

"Loved this training and looking forward to continuing my education as a trauma counselor." – Heather Morris, Counselor

"Dr. Gentry is an engaging, interesting, and knowledgeable presenter. This was the most accessible trauma treatment training that I have attended. I am beyond impressed." - Melinda Clinton, Social Worker

> "Very informative and professional. I Liike the fact that tools included and that additional resources provided." – Michelina Therrien, Social Worker

"This training was one of the best I have been to, changed how I treat trauma." - Charles Vela, Counselor



Customizable



Live Seminar (Listed in local time) Webinar Schedule (Listed in Pacific time)

(Both Days)

7:30 Registration/Morning Coffee & Tea 8:00 Program begins **11:50-1:00** Lunch (on your own)

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Recommended Readina:



Therapeutic Yoga for Trauma Recovery Applying the Principles of Polyvagal Theory for Self-Discovery, Embodied Healing, and Meaningful Change \$29.99 \$22.99*

Target Audience:

Counselors • Social Workers Psychologists • Case Managers Addiction Counselors • Nurses Therapists • Physicians Marriage & Family Therapists Other Mental Health Professionals

Purchase this training for these exclusive savings!

TRAUMA

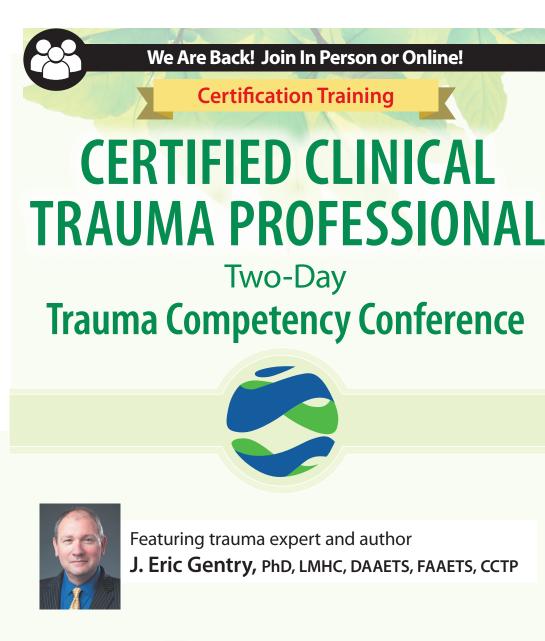
Trauma, PTSD, Grief & Loss

The 10 Core Competencies for

Evidence-Based Treatment

\$24.99 \$19.99*





CERTIFIED CLINICAL TRAUMA PROFESSIONAL

Two-Day: Trauma Competency Conference

J. Eric Gentry, PhD, LMHC, DAAETS, FAAETS, CCTP





LIMITED TIME OFFER YOUR CERTIFICATION APPLICATION FEE (\$99 VALUE!) INCLUDED - ON PESI! SEE DETAILS INSIDE

Phoenix, AZ Thursday & Friday, October 13 & 14, 2022

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Outline

A Brief History and Evolution of **Traumatic Stress, Grief & Loss**

Systemic traumatic stress theory Symptom review Review of effective treatments Tri Phasic model Most commonly used instruments to assess traumatic stress

Core Competencies of Traumatic Stress, Grief & Loss

Bio-Psycho-Social-Spiritual Factors that Produce Anxiety & Traumatic Stress

Precipitating events Meaning making Physiology of trauma Perception

Psychosocial model

Adaptive and maladaptive coping behaviors

Trauma adaptation Systemic influences Emotional & psychological stressors Integrated theoretical concepts from stress, crisis & trauma theories Information processing model

Objectives

- 1. Distinguish the nature of traumatic stress, grief, & loss and their sequelae.
- 2. Analyze the clinical application of various theoretical treatment models for traumatic stress, grief & loss.
- 3. Evaluate traumatic stress, grief & loss from neurobiological, biochemical, psychological, social & spiritual perspectives in order to improve clinical outcomes.
- 4. Analyze the clinical research that supports the imperative factors that influence the efficacy of trauma treatment
- 5. Assess the comorbidity of traumatic stress in other diagnoses, including personality disorders and Dissociative Identify Disorder, and identify appropriate treatment interventions.
- 6. Utilize psychoeducation and cognitive restructuring techniques for maximizing client engagement and participation in early stages of treatment.

Review of Effective Treatment Interventions

Cognitive Behavioral Techniques (PE, CPT & SIT) **EMDR & Bilateral Stimulation** Thought Field Therapy (TFT)/Emotional Freedom Techniques (EFT) Sensorimotor

The Biochemical, Affective, and Cognitive Impacts of Traumatic Stress

Affective volatility The body keeps the score Neurobiology and biology of traumatic stress

The Impacts of Traumatic Stress **Over Time & Across & Within Developmental Stages**

Epigenetics **Reactive Attachment Disorder**

7. Determine the efficacy of

Adrenal fatigue

The Role of Traumatic Stress in Clinical Disorders such as **Personality Disorders, Dissociative** Identity Disorder, and More Traumagenesis

self-regulation skills as a preliminary

of traumatic stress, grief and loss and

techniques for the initial assessment,

treatment as well as the remembrance

limitations and benefits of completing

specify the clinical application of each.

treatment intervention for trauma.

8. Determine the 10 core competencies

9. Conduct clinical interventions and

safety and stabilization phase of

and mourning phases of trauma

10. Evaluate the potential clinical

progress in treatment.

bereavement in clients.

a needs assessment for better

11. Utilize clinical skills to support and

12. Integrate CBT skills to promote the

capacities in traumatized clients.

facilitate recovery from complicated

development of stability, self-efficacy,

anxiety management, and relational

treatment.

Traumaddiction

Comorbidity

Conceptualizing a Framework of Healing for Survivors of Traumatic Stress

Systemic perspective Strengths perspective Survivor metaphor

Traumatic Stress Exists Across the Continuum of Systemic Levels

Systemic trauma theory Community trauma

Vicarious secondary traumatization

Theories of Traumatic Stress, Loss and Grief

Information processing model Psychosocial model Contemporary thoughts

Bereavement and Adjustment Disorders

Supporting normal bereavement Treating complicated bereavement

Assessment of Traumatic Stress Disorders

Diagnostic and Statistical Manual of the APA DSM-5[®] changes ACE & developmental trauma Diagnosing PTSD with the PCL-5



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Evidence-Based Techniques/ Interventions Relaxation/self-regulation

Grounding Containment Writing/journaling Drawing art Healing metaphors Transitional objects

Demonstrations: Interactive Exercises/Application of Skills

Cognitive Behavioral Techniques Narrative Exposure Therapy Technique Thought Field Therapy (TFT)

Bilateral Stimulation

Limitations of the Research and **Potential Risks**

Limitations of many accepted models of trauma treatment

Weaknesses and limitations of evidence-based trauma treatment models

Limitations of the diagnostic (DSM-5 ®) system

Limitations and potential risks in grief work, due to research scarcity on the topic

Closure: Lessons Learned

instruction

attendance

CERTIFICATION MADE SIMPLE!

EVERGREEN

No hidden fees – PESI pays for your application fee (a \$99 value)*

• Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Clinical Trauma Professional through Evergreen Certifications is complete.*

Attendees will receive documentation of CCTP designation from Evergreen Certifications 4 to 6 weeks following the proaram.

*Professional standards apply. Visit www.evergreencertifications.com/CCTP for professional requirements.

Live Seminar Continuina Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line. "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion it in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, webcast can be downloaded after completing the webcast and passing the online post-test evaluation (80% passing score NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-844-8260 before the event. Material that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. he planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offer ontinuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networke

California Alcoholism & Drug Abuse Counselors (CCAPP): PESI, Inc. is an approved provider by the CCAPP-EL Provider #: OS-03-036-1021. This activ ity meets the qualifications for 12.5 CEH's (continuing education hours).

California Alcoholism & Drug Abuse Counselors (CADTP): PESI, Inc. is an approved provider by the CADTP, Provider #: 201. This Category C activity meets the qualifications for 12.5 CEU's (continuing education hours). Arizona Counselors: CE credit is available. This course consists of 12.5 con tinuing education clock hours for Arizona Counselors. The Arizona Board of Behavioral Health Examiners, pursuant to A.A.C. R4-6-802, confirms acceptance of continuing education programs relevant to counseling an approved by a national professional association of counseling, social work or substance abuse counseling. PESI is an approved provider of continuing education seminars with a national social work association. Please see

social work approvals for this program California Counselors: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencie accepted by the BBS can be found at www.bbs.ca.gov/licensees/cont ed html under "Where to find CE Courses" This Intermediate level activity

consists of 12.0 clock hours of continuing education instruction Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirement

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Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.5 contact hours. Partial contact hours will be awarded for partial attendance.

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PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, nc. designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credits[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Arizona Psychologists: CE credit is available. This activity consists of 12.5 hours of continuing education instruction and is designed to meet he requirements of the Arizona Board of Psychologist Examiners (Sec. R4-26). Please save the course outline, certificate of completion, and any supporting documentation you receive from this live activity in case it is requested by the board.

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California Licensed Educational Psychologists: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www. bs.ca.gov/licensees/cont_ed.html under "Where to find CE Courses." his Intermediate level activity consists of 12.0 clock hours of continuing ducation instruction

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Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements

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4. Recommended Reading

• \$29.99 \$22.99** Therapeutic Yoga for Trauma Recovery book PUB087285

\$24.99 \$19.99** Trauma, PTSD, Grief & Loss book PUB084790

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

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