

Outline

THE ADVANCED FOUNDATIONS OF CPT

- The Social-Cognitive Model
- Describing the biology of trauma to clients
- Describing stuck points to clients

IMPROVING CLIENT COMMITMENT TO COMPLETE TREATMENT

- Getting client buy-in early in treatment
- Facing common client objections in complex cases
- Client & therapist barriers to buy-in

ADVANCED CLIENT ENGAGEMENT STRATEGIES FOR INCREASING ADHERENCE

- How to use hope as a key to better outcomes
- Advanced integration of Motivational Interviewing with CPT
- Moving from engagement to retention

THERAPIST ENGAGEMENT

- The therapist’s commitment
- Negotiating and sticking with the patient contract

THE MOST COMMON SETBACKS – WHAT TO DO WHEN A CLIENT...

- Throws a curve ball
- Wants to focus on a current stressor
- Is facing addiction or using substances

Objectives

1. Utilize clinical strategies and evidence-based assessments to identify traumatic events and potential co-morbid conditions.
2. Utilize motivational interviewing and advanced CPT techniques for enhancing engagement and reducing dropouts.
3. Assess for and challenge the client’s assimilated beliefs related to the traumatic event with advanced CPT techniques.
4. Evaluate the client’s progress at the mid-point of CPT treatment using evidence-based assessments.
5. Implement advanced clinical strategies to help the client identify maladaptive coping skills or when there are special clinical circumstances.
6. Integrate advanced therapeutic strategies to address client resistance, non-adherence, or lack of progress in CPT treatment.
7. Develop CPT skills to apply to special client populations including complex trauma, personality disorders, extreme violence and anger.

- Experiences dissociation, flashbacks, or other severe trauma reactions
- Expresses violent tendencies or severe anger
- Client or other providers question CPT’s effectiveness

KEEPING THERAPY MOVING FORWARD AND FACING COMMON SETBACKS

- Avoidance of therapeutic targets
- Homework problems and not completing worksheets
- Working with angry and resentful clients
- Staff or provider “splitting”
- Knowing when to end CPT treatment

ADVANCED SCENARIOS

- “I cannot find an Assimilated Stuck Point”
- “How do I know we’re working on the “right” trauma?”

FINAL QUESTIONS AND COMMENTS

**Live Webcast Schedule**  
*(Time listed in Central)*

**8:00** Program begins

**11:50-1:00** Lunch

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Are you looking to gain new clients or showcase your expertise?

Stand out with a **FREE listing** on therapist.com today!

Register for FREE when you go to: [therapist.com/free](http://therapist.com/free)

**Group Training Solutions Made Easy!**

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available

[www.pesi.com/inhouse](http://www.pesi.com/inhouse)

NON-PROFIT ORGANIZATION  
U.S. POSTAGE PAID  
EAU CLAIRE, WI  
PERMIT NO. 32729

PESI, Inc.  
P.O. Box 1000  
Eau Claire, WI 54702-1000

Join us online for this highly anticipated live training!

ADVANCED TRAINING IN Cognitive Processing Therapy

The Official Level II Training for Managing Complex Trauma & Related Conditions

LIVE Interactive Webinar

Monday, June 27, 2022

Join us online for this highly anticipated live training!

ADVANCED TRAINING IN Cognitive Processing Therapy

The Official Level II Training for Managing Complex Trauma & Related Conditions



Featuring **Dr. Kathleen Chard**  
Co-developer of CPT and Director of the Trauma Recovery Center at the Cincinnati VA Medical Center

Endorsed by the U.S. Department of Veterans Affairs and Defense as a **best practice for the treatment of PTSD**

LIVE Interactive Webinar

Monday, June 27, 2022

Join In Person or Online!

## ADVANCED TRAINING IN Cognitive Processing Therapy

Managing Complex Trauma & Related Conditions

**Endorsed by the U.S. Departments of Veterans Affairs and Defense**, the International Society of Traumatic Stress Studies, and the U.K. National Institute for Health and Care Excellence (NICE) as a best practice for the treatment of PTSD, **Cognitive Processing Therapy (CPT) is an evidence-based approach** to treating trauma.

Presented by **CPT co-developer Dr. Kathleen Chard**, this **1-day intensive training program** is designed to equip therapists who already have a foundation in Cognitive Processing Therapy to go **beyond the basics** with this powerful evidence-based protocol to:

- Overcome the most common issues that de-rail treatment
- Reduce dropouts and improve outcomes
- Address severe reactions such as flashback, dissociation, anger, substance use, personality disorders and more!

After this training, you will be prepared to use CPT with complex therapy cases and improve your ability to move clients through the CPT process **the way it's done by the most seasoned CPT clinicians!**

Dr. Chard will teach you **advanced techniques not covered in the 2-day basic training** that create client buy-in and build engagement, reduce drop out, and how she works with flashbacks, dissociation, and other complications that could de-rail therapy.

In addition, she covers easy to implement strategies for managing avoidance, anger and staff splitting while staying in the CPT framework. This training also includes **new, exclusive video demonstrations** filmed at Dr. Chard's clinic that demonstrate how to use CPT even when the session throws you a curve ball.

Register today for this opportunity to train with one of the leading and **most sought-after trauma experts in the field** in this all-new advanced training to **refine and master your use of CPT and improve outcomes** in the most difficult situations.

### Target Audience:

Psychologists • Counselors • Social Workers • Addictions Professionals  
Marriage & Family Therapists • Psychotherapists • Case Managers  
Physicians • Other Mental Health Professionals



**Risk Free Purchase!** PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at [www.pesi.com/info](http://www.pesi.com/info) or 800-726-3888 and we will make it right.

**Questions?** Visit our FAQ page at [www.pesi.com/faq](http://www.pesi.com/faq) or contact us at [www.pesi.com/info](http://www.pesi.com/info).

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Jon Olstadt** at [jolstadt@pesi.com](mailto:jolstadt@pesi.com) or call **715-855-5215**.

## Meet Your Speaker



**Kathleen M. Chard, Ph.D.**, is a co-developer of CPT and director of the Trauma Recovery Center at the Cincinnati VA Medical Center. Serving as the VA CPT Implementation Director, Dr. Chard oversees the dissemination of CPT to mental health clinicians across the United States. She is the co-author of *Cognitive Processing Therapy for PTSD: A Comprehensive Model* (The Guilford Press, 2017) and author of *CPT for Sexual Abuse* treatment manual (2012). A sought-after speaker, Dr. Chard has personally trained over 5,000 clinicians throughout the United States on using CPT with veterans, active duty personnel, and civilians in addition to overseeing the training of tens of thousands of others via the trainers she supervises. She is co-chair of a 17-site study comparing CPT to Prolonged Exposure in US veterans in addition to conducting a \$6 million-dollar Department of Defense study on the assessment of PTSD. She served as a past editor of the *Journal of Traumatic Stress* and is a professor of Clinical Psychiatry and Behavioral Neuroscience at the University of Cincinnati.

Speaker Disclosures:

Financial: Kathleen Chard has employment relationships with CPT Training Institute, Cincinnati Veterans Administration Medical Center, University of Cincinnati, and Department of Veterans Affairs. She receives royalties as a published author. Kathleen Chard receives a speaking honorarium, recording royalties, and book royalties from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Kathleen Chard has no relevant non-financial relationships.

**This training is capped at 200 participants,  
and we fully expect it to sell out.**

### PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at [pesi.com/info](http://pesi.com/info)!

### CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Psychologists, Physicians and Social Workers.**

For specific credit approvals and details, visit [pesi.com/webcast/87231](http://pesi.com/webcast/87231)

#### National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is an NAADAC Approved Provider of continuing education. NAADAC Provider #77553. This activity has been submitted to NAADAC for review. Approval pending. For the most up-to-date credit information, please go to: <https://rehab.pesi.com/events/detail/87231>.

**APA** Psychological Association to sponsor continuing education for psychologists. PESI maintains responsibility for this program and its content. PESI is offering this activity for 6.25 hours of continuing education credit. Full attendance is required; no partial credits will be offered for partial attendance. Course Level: Intermediate.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.

Earn up to  
**6.25 CE**  
Hours for one  
low price!

## SIGN UP-TODAY!

Register Online at: [www.pesi.com/CPT](http://www.pesi.com/CPT)

### PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at [pesi.com/info](http://pesi.com/info)!

## Live Interactive Webinar

**June 27, 2022** PWZ87230

8am Central time

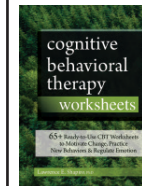
**\$249.99** tuition

**Live Webinar Experience:**

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

CE hours, approvals and cost of CE Certificates may vary from live event.  
Visit [www.pesi.com](http://www.pesi.com) or call 800-726-3888 to check for availability and pricing

## Recommended Reading:

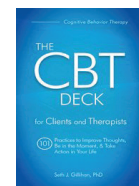


PUB086040

**Cognitive Behavioral Therapy Worksheets**  
65+ Ready-to-Use CBT Worksheets to Motivate Change, Practice New Behaviors & Regulate Emotion

Lawrence E. Shapiro, Ph.D.

~~\$26.99~~ **\$19.99\***



PUB086105

**The CBT Deck**  
101 Practices to Improve Thoughts, Be in the Moment, & Take Action in Your Life

Seth Gillihan, Ph.D.

~~\$22.99~~ **\$17.99\***

**\* Discount Included with purchase of the Webinar**

### OTHER WAYS TO REGISTER

**Phone: 800-726-3888**

Fax: 800-554-9775

Mail: PESI, Inc.

PO Box 1000

Eau Claire, WI 54702-1000

\*If mailing/faxing registration, find form at [www.pesi.com/form](http://www.pesi.com/form) or call 800-726-3888

### ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

### QUESTIONS

Visit [pesi.com/faq](http://pesi.com/faq) or contact us at [pesi.com/info](http://pesi.com/info)

### TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details



©2022

For all credit approvals and details, visit: [www.pesi.com/webcast/87231](http://www.pesi.com/webcast/87231)