

Outline

Perspective-Taking and Meaning to Improve Behavior

The intersection of sensory, cognitive, affect and motor systems

The "Set-up": Child's expectation + delayed development = failure

Develop appropriate expectations: Pitfalls and strengths of developmental models

Strategies for triggering triggers: Reinforcing desired behavior

De-escalation strategies and precursors to problem-solving

Sensory Deficits

Interdependence between sensory processing and perception

Strategies to reduce sensory triggers

Desensitize strategies to reset the "panic switch"

Manage the environment to reduce sensory overload

Experience your own dysregulation to sensory challenges

Language/Learning Deficits

Incorporate language processing into our understanding of behavior

Your emotional response to their language challenges

Recognize, validate and problem-solve common language deficit triggers

Social Pragmatics insight and behavior

Suggestions for accommodations and modifications for the classroom

Executive Functioning Deficits

Effective supports to overcoming EF roadblocks

Problem-solving strategies to improve organization, working memory and meta-cognitive deficits

Environments that manage fidgeting, restlessness and inattention and provide positive social-emotional regulation

Experience how we might set kids up to fail without realizing it

Behavioral Strategies

Empower children to make positive choices and take responsibility for their behavior

Create realistic expectations through better understanding of the child's process

Successful "resetting" through behavior modification and skills coaching

Environmental structures and nurturing words that regulate

Reduce tantrums and emotional dysregulation through cognitive restructuring

Problem-Solving Strategies

Teach flexibility, tolerance and decision-making

End power struggles and the blame game

Improve child's acceptance and personal responsibility for behavior

Create realistic expectations

Use language as a self-regulation tool

Brain Training

Increase task completion, social success and emotional control

Music and rhythm

Cerebellum Stimulation Training

Brain Gym®

Yoga & mindfulness

Neurotherapy models

Limitations of research and potential risks

Neuro-Biological Considerations

Diet/food

Supplements/vitamins

Sensitivities/toxins

Movement and exercise to regulate the brain

FREE BONUS OFFER!

Self-Regulation & Mindfulness Worksheets



Access these practical and engaging printable tools at pesirehab.com/mindfulnessworksheets

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



www.pesikids.com/inhouse

NON-PROFIT ORGANIZATION U.S. POSTAGE PAID EAU CLAIRE WI PERMIT NO. 32729

PESI Kids P.O. Box 1000 Eau Claire, WI 54702-1000 A division of PESI, Inc

Self-Regulation Interventions for Children & Adolescents

Reduce Frustration, Emotional Outbursts & Oppositional Behaviors

LIVE Interactive Webinar Wednesday, June 8, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesikids.com/webcast/87130

Join us online for this live training!

Self-Regulation Interventions for Children & Adolescents

Reduce Frustration, Emotional Outbursts & Oppositional Behaviors

- Strategies to meet kids with ADHD, High-Functioning Autism, Learning disabilities or Sensory disorders "where they are at"
- Emotional and behavioral techniques to address the sensory, language and executive function processing deficits
- Brain training exercises that increase self-control, social success, emotional control and task completion

Live Interactive Webinar Wednesday, June 8, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.



A Non-Profit Organization Connecting Knowledge with Need Since 1979

REGISTER NOW: pesikids.com/webcast/87130

Self-Regulation Interventions for Children & Adolescents

Reduce Frustration, Emotional Outbursts & Oppositional Behaviors

This seminar will help you to better intervene with the challenging child—the one who won’t sit still; doesn’t follow directions; often throws tantrums; or has difficulty waiting for their turn. They may “hit first and ask questions later”. They react impulsively and have difficulty expressing what they need or what is frustrating them. We know this child is intelligent, caring and kind, but their behavior doesn’t reflect these positive qualities. These are the children who confuse and frustrate parents and who overwhelm teachers and peers. They struggle to meet basic expectations and are unable to succeed in school, with peers and at home.

Join clinical psychologist Dr. Ehler and learn to effectively intervene with the emotional and behavioral dysregulation of children with High-Functioning Autism, ADHD, Learning Disabilities and Sensory Processing Disorders. Through hands-on activities and dynamic discussion, you will learn techniques, behavioral strategies, problem-solving strategies and brain training exercises to:

- Address the sensory, language and executive functioning processing deficits that trigger them
- Increase their self-control, social success, emotional control and task completion
- Teach flexibility, tolerance, thinking it through and decision-making
- Reduce the frequency and duration of their tantrums and emotional outbursts

Walk away with proven emotional, behavioral and processing strategies that lead to social and academic success!

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Psychiatrists • Therapists
Marriage and Family Therapists • Speech-Language Pathologists • Teachers • Physicians
School Guidance Counselors • Case Managers • Nurses • School Administrators
Educational Paraprofessionals • Occupational Therapists • Occupational Therapy Assistants
Other Helping Professionals who Work with Children



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesikids.com/info or 800-726-3888 and we will make it right.

PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at pesikids.com/info!

Questions? Visit our FAQ page at www.pesikids.com/faq or contact us at www.pesikids.com/info.

Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Josh Becker** at jbecker@pesi.com or call **715-855-6363**.

Meet Your Speaker

Laura Ehler, PsyD, is a child clinical psychologist who has worked with children and adolescents with severe emotional/behavioral issues for over 25 years. She maintains a private practice in Burnsville, Minnesota, where she specializes in working with clients who struggle with information and sensory processing deficits and associated emotional, behavioral and mental health issues. Over the years, Dr. Ehler has worked with thousands of youth in a variety of settings including hospitals, residential treatment centers, partial hospital programs, school day treatment and outpatient mental health settings. She holds a doctorate degree in Clinical Psychology where her training focused on developmental issues of childhood, and child psychopathology issues. Professionals who have worked with Dr. Ehler in the past have often commented that interventions she offers succeeded where others have failed.

Speaker Disclosure:
Financial: Laura Ehler maintains a private practice. She receives a speaking honorarium from PESI, Inc. Laura has no relevant financial relationships with ineligible organizations.
Non-financial: Laura Ehler has no relevant non-financial relationship to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Marriage and Family Therapists, Speech-Language Pathologists, Educators, Physicians, Nurses, Addiction Counselors, and Occupational Therapists.**

For specific credit approvals and details, visit pesikids.com/webcast/87130

National CE Credit Approvals For Live Webinar
Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



PESI, Inc.

Intermediate level
.6 ASHA CEUs
*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Counseling Services skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

ACE
PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

AOTA
PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 6.0 contact hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.

Self-study credit: To check availability for your profession, go to www.pesikids.com or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession’s standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.



For all credit approvals and details, visit: www.pesikids.com/webcast/87130

SIGN UP-TODAY!

Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

Register Online at: pesikids.com/webcast/87130

Live Interactive Webinar (Option 1)

June 8, 2022 [PWZ87129]
\$219.99 tuition
8am Eastern time
Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar
**Live CE is only available when viewed live*

Get a Group Discount! Contact us at www.pesikids.com/info to save for groups of 5 or more

On-Demand Digital Seminar (Option 2)

\$219.99 [POS053740]
Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- Enjoy lifetime on-demand access
- Earn a self-study CE certificate

CE hours and approvals may vary from live event. Visit www.pesikids.com or call 800-726-3888 to check for availability.

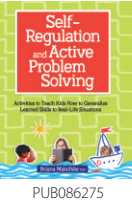
DVD (Option 3)

\$219.99 [RNV053740]
DVD Experience:

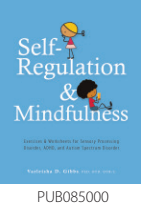
- Self-study CE certificate available

CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-726-3888 to check for availability and pricing

Recommended Reading:



Self-Regulation and Active Problem Solving
Activities to Teach Kids How to Generalize Learned Skills to Real-Life Situations
Briana Makofske, PhD
~~\$29.99~~ **\$22.99***



Self-Regulation and Mindfulness
Over 82 Exercises & Worksheets for Sensory Processing Disorder, ADHD, & Autism Spectrum Disorder
Varleisha Gibbs, PhD, OTD, OTR/L
~~\$26.99~~ **\$19.99***

** Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

Phone: 800-726-3888
Fax: 800-554-9775
Mail: PESI Kids
PO Box 1000
Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesikids.com/form or call 800-726-3888

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit pesikids.com/faq or contact us at pesikids.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

