Outline

Key Concepts

Epidemiology of SUDs

The differences between harm reduction and abstinence models

The interplay of substance use and mental disorders

Co-occurring disorders and the DSM-5® and ICD-10

High-Risk Areas for Misdiagnoses and Missed Diagnoses

Prognostic implications of co-occurring

The co-occurring matrix - SUD/mental health combinations to look for

Medical co-morbidities

Assessment and Screening Tools:

Uncover Mental Health Conditions and Their Relation to Substance Use

The intake and pitfalls in obtaining the history How to assess for dangerousness to self or

Specific instruments to assess for mood, trauma, anxiety, ADHD

Substance use screening tools

Physical signs and symptoms of intoxication or withdrawal states

How to Create Fully Integrated Treatment Plans for Clients with Co-Occurring Disorders

Establishing the problem/need list

Writing specific, realistic and measurable goals and objectives

Identify and address emergent issues

Wellness – nutrition, exercise, sleep

How to approach level of care decisions

How and when to access prescription monitoring databases

Case studies

Evidence-Based Therapies and Strategies for Improved Outcomes

Mindfulness for emotional regulation in

CBT techniques to establish new perspectives and behaviors

DBT and dialectical abstinence interventions for non-judgmental problem solving

Match motivational enhancement strategies to your clients' stage of change

Trauma-based therapies that target substance

The Seeking Safety Model in dual diagnosis

Harm reduction and abstinence in the midst of the opioid overdose epidemic

Research limitations and risks of psychotherapeutic approaches

Medication for Opioid Use Disorders/ Medication Assisted Treatment (MOUD/MAT)

Medication for opioid withdrawal MAT for alcohol withdrawal When MAT is not advised

Other Substance Specific Issues

Sedative hypnotics

Assessing readiness for change and motivation Cocaine and other stimulants, including "Bath

How cannabis impacts clients mental and physical health

Live Webinar Schedule

(Times listed in Pacific)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker A more detailed schedule is available upon request

Objectives

- 1. Evaluate the clinical implications of intoxication and withdrawal syndromes that can mimic mental
- 2. Assess the differences and relative merits and limitations of abstinence and harm-reduction models.
- 3. Utilize specific instruments to assess for mood, trauma, anxiety, ADHD, and substance use disorders.
- 4. Formulate treatment goals and objectives for patients with co-occurring disorders that are behavioral, measurable, meaningful and client specific.
- 5. Determine how high-risk situations influence level-of-care decision making in work with patients with co-occurring disorders.
- 6. Analyze strategies and current best practices to work people who have opioid use disorders and co-occurring mental health diagnoses.



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Co-Occurring Disorders in Substance Use Treatment

Integrated Assessment and Treatment Strategies for Dual Diagnosis Clients

LIVE Interactive Webinar

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Co-Occurring Disorders in Substance Use **Treatment**

Integrated Assessment and Treatment Strategies for Dual Diagnosis Clients

- High-risk areas for misdiagnoses and missed diagnoses
- Reduce risk of relapse with individualized whole-person approaches
- Integrate substance use disorder treatment with interventions for diagnoses including PTSD, depression, anxiety disorders, and more!

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CO-OCCURRING DISORDERS IN SUBSTANCE USE TREATMENT

Integrated Assessment and Treatment Strategies for Dual Diagnosis Clients

Co-occurring disorders are more the rule than the exception with clients who have substance use issues.

But the unique interplay of psychiatric disorders and substance use makes co-occurring disorders difficult to diagnose and complex to treat. In many cases, clients receive treatment for one disorder while the other remains undiagnosed and unaddressed until it's too late.

How can you ensure that you're seeing the whole picture and are properly prepared to provide the very best treatment for clients with multiple co-morbidities?

In this comprehensive one-day training, Hayden Center, PhD, LPC, will share the skills, interventions and clinical insights he's cultivated over three decades of work with these clients.

Join him and discover how you can:

- Cut through the complexities to complete a thorough assessment of treatment needs
- · Confidently address high-risk issues like ongoing use of fentanyl-adulterated street drugs, and dangerousness to self and others.
- Skillfully tackle stage of change and level of motivation challenges
- Write observable and measurable goals and objectives for treatment plans
- Reduce risk of relapse with individualized and whole person approaches
- Integrate substance use disorder treatment with interventions for specific diagnosis such as PTSD, depression, bipolar disorder, anxiety disorders, ADHD, and more

Best of all, Hayden will cover it all with detailed examples and real-world case studies that make the strategies he shares accessible and applicable to clinicians at every level.

These patients are already in your practice. Don't miss this chance to enhance your skills so you can help them move with confidence into recovery and the lives they want.

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Target Audience:

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Meet Your Speaker

Hayden Center, PhD, LPC, has been treating individuals and families who suffer from substance abuse disorders, including opioid use disorder, for over 25 years in a private practice setting. Dr. Center most recently served as the evaluator for the Center for Substance Abuse Prevention's (CSAP) Southeast Center for the Application of Prevention Technologies (SECAPT) and the Border Center for the Application of Prevention Technologies (BCAPT).

Dr. Center served as a consultant to the Alabama Governor's Office of Drug Abuse Policy for 10 years and has worked with numerous state and local agencies in the state of Alabama.

He has provided over 200 trainings on the topics of science-based prevention, evaluation, risk and protective factors, co-occurring disorders, and other mental health and substance abuse issues. His current interests are providing training and technical assistance to increase the usage and effectiveness of evidence-based treatments and approaches.

Speaker Disclosures:

Financial: Hayden Center maintains a private practice. He receives a speaking honorarium from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Hayden Center has no relevant non-financial relationship to disclose

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction** Counselors, Counselors, Nurses, Physicians, Psychologists, and Social Workers.

For specific credit approvals and details, visit pesi.com/webcast/87066

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Recommended Reading:



Co-Occurring Disorders

A Whole-Person Approach to the Assessment and Treatment of Substance Use and Mental Disorders, 2nd Edition

By Charles Atkins, MD

\$34.99 \$26.99*



Setting Lane Pederson, Psy.D., LP

Dialectical Behavior Therapy

Skills Training for Integrated

Dual Disorder Treatment

\$29.99 \$22.99*

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