#### 2-DAY: 2022 GERIATRIC CONFERENCE

#### Are you keeping up with the current recommendations and guidelines?

No matter your specialty, you MUST know how to address the unique concerns of the older adults under your care. Geriatrics is a field in and of itself, but many of us haven't had extensive training on the nuances and complexities that make treatment challenging. In this comprehensive program, geriatric expert, Steven Atkinson, PA-C, MS, will guide you through the normal and abnormal changes of the aging mind and body, providing you with the knowledge that will improve the care you provide. Steven is passionate about his work and looks forward to sharing his expertise with you. Leave with practical and insightful tips and tools you can use the next day!

- Identify complications and respond more appropriately
- Confidently and effectively communicate with patients and their families
- Provide safer and more effective care

#### **Get Management Strategies and More for:**

Alzheimer's Disease & Dementias

Pain Management

Geriatric Pharmacology

**Geriatric Emergencies** 

Managing Challenging Behaviors Caregiver Stress & Burnout

And Much More

You will be able to demonstrate your expertise caring for this patient population as you earn your certification as an Evergreen Certified Dementia Care Specialist (ECDCS) through Evergreen Certifications. In just two days, you will meet the educational hours to qualify for this respected certification.

Sign up today....before this training is at capacity!

#### **Target Audience:**

Nurses, Nurse Practitioners, Clinical Nurse Specialists, Physician Assistants, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Occupational Therapy Assistants, Speech-Language Pathologists, Social Workers, Physicians





### **CONFERENCE SPEAKER**

Steven Atkinson, PA-C, MS, is a Board Certified Physician Assistant specializing in Geriatric Internal Medicine. He practices medicine in the greater Minneapolis area. In addition to his private practice, he has been on the

faculty at the University of Utah since 1994 and has been involved in medicine for over 30 years.

Steven is the co-founder of Twin Cities Physicians, which serves older adults in nearly all levels of their care. He has

presented nationally for over 15 years, primarily speaking about geriatricrelated syndromes. Steven is the author of *Geriatric Pharmacology: The* Principles of Practice & Clinical Recommendations, Second Edition (PESI, 2016) and also sits on several boards whose purpose is to elevate the level of care in medicine for the patients they serve. Steven has been described as a "dynamic" educator and one of the most engaging presenters around. Don't miss him!

#### Disclosures:

Financial: Steven Atkinson is the founder and co-owner of Twin Cities Physicians and Midwest Geriatrics Services, and he is the owner of Mindful Geriatrics, LLC. He provides legal counseling services to medical professionals and receives compensation. Mr. Atkinson receives a fee for course development from Executive Links. He is adjunct faulty at the University of Utah. Mr. Atkinson receives a speaking honorarium and recording royalties from PESI, Inc. He owns stocks/shares in Moderna, Inc. All relevant financial relationships with ineligible organizations have been mitigated. Non-financial: Steven Atkinson is a member of the board for MDMA. He is a member of AMDA/PALTC, GMPA. and others. For a complete list, please contact info@pesi.com.

#### Live Seminar & Webinar Schedule (Time listed in Eastern) For both days

7:30 Registration/Morning Coffee & Tea

**8:00** Program begins

**11:50-1:00** Lunch (on your own)

5:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.



If you are not satisfied, please contact our customer service team at www.pesihc.com/info or 800-726-3888 and we will make it right.

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#### Can't attend in person? You can still join us!

Watch live webinar from your home or office – Participate live in real-time while connecting and collaborating with peers, ask the presenter questions, earn a live CE certificate, free bonus – replay on demand access for 90 days (live CE is only available when viewed live) OR Watch on-Demand – learn at your own pace, lifetime access online to content and materials, earn a self-study certificate (CE hours, approvals and cost of CE Certificates may vary from live event, visit pesihc.com for availability).

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Missy Cork at mcork@pesi.com or call 715-855-8194.



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2-DAY

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Alzheimer's Disease & Dementias

**Pain Management Geriatric Pharmacology** 

**Geriatric Emergencies** 

**Managing Challenging Behaviors Caregiver Stress & Burnout** And Much More!

Up To 14.5 CE Hours, including 6.3 CE Hours of Pharmacology Credit

We Are Back! Join In Person or Online!

2-DAY

2022 GERIATRIC

CONFERENCE

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Professional standards apply, visit www.evergreencertifications.com/ECDCS for full certification details.

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### OUTLINE

#### DAY ONE

#### **SESSION 1: Differentiating Dementias**

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, along with discussion of the most effective interventions to improve the care vou provide.

- Normal vs. Abnormal Aging
- Types of Dementias

- · Parkinson's Disease Dementia
- Substance-Induced Neurocognitive Disorder
- Alzheimer's Disease · Pharmacological Management

#### **OBJECTIVES**

- 1. Appraise the signs and symptoms of Alzheimer's disease and other dementias.
- 2. Determine appropriate diagnostic tests to achieve accurate diagnosis
- 3. Devise interventions that are effective and promote positive communication between staff, family & the older adult.

#### SESSION 2: Geriatric Pharmacology: Tools for the Healthcare Professional

For geriatric patients taking more than five medications, the statistical chance of a drug-drug interaction or adverse event is 100%! For those experiencing an adverse drug event, one third will require additional treatment. This session will provide straightforward tools that will help you care for older adults receiving multiple

- Drug Utilization Amongst the Elderly
- Billing Codes That You MUST Know
- Clinical Pharmacological Issues in the Elderly

#### **OBJECTIVES**

- 1. Apply techniques and identify strategies to avoid adverse drug events and drug disease interactions.
- 2. Develop individualized monitoring plans for geriatric patients through the evaluation of high risk
- 3. Appraise at least three new guideline recommendations related to geriatric pharmacology.

#### **SESSION 3: Pain Management in the Elderly**

This presentation will review the different categories of controlled substances and their appropriate use in the geriatric patient. Explore special considerations and tools to aid in prescribing and managing pain in the geriatric

- The Challenges Associated with Controlled Substances
- Pain Control... Is every patient's RIGHT

#### **OBJECTIVES**

- 1. Implement controlled substance/pain management contracts into practice.
- 2. Prepare to manage symptoms of controlled substance and alcohol misuse and abuse in geriatric
- 3. Develop best practice methods for prescribing in the geriatric population.

#### DAY TWO

#### SESSION 1: Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition and More

Behaviors such as wandering, aggression and anxiety can pose significant barriers to the delivery of essential care. Geriatric syndromes such as malnutrition, dehydration and insomnia can diminish quality of life and threaten independence. This session will explore the most frequent problematic behaviors and discuss strategies to improve the care you provide to your geriatric patients.

- Wandering • Eating Issues & Nutrition in Elders with Dementia
- Physical Aggression Sleepless Nights & Sundowning
- Inappropriate Sexual Behaviors Professional Issues

#### **OBJECTIVES**

- 1. Determine strategies to diminish the occurrence of behavioral problems in individuals with dementia.
- 2. Apply behavioral and environmental techniques to diminish challenging behavioral problems.
- 3. Analyze how cognitive impairment in older individuals is affected by environment, caregiver schedules, and responses to the behaviors.

#### **SESSION 2: Geriatric Emergencies**

A high-energy, dynamic session filled with interesting case studies, insightful discussions and interactive learning. You will leave with practical techniques that you can apply right away – if you work with geriatric patients, you don't want to miss this!

- Physiological Changes with Aging
- Cerebrovascular Emergencies
- Common Underlying Chronic Illness
- Orthopedic Emergencies Abdominal Emergencies
- Cardiovascular Emergencies
- Pulmonary Emergencies

#### **OBJECTIVES**

- 1. Develop strategies to identify abuse and neglect
- 2. Distinguish etiologic and pathologic factors associated with neurological, orthopedic, abdominal, cardiovascular & pulmonary emergencies.
- 3. Differentiate between typical aging and complex management of co-morbidities in the elderly.

#### **SESSION 3: Top Ten Medications to Avoid in the Geriatric Patient**

Explore medication dosing guidelines and polypharmacy management principles to ensure safe prescribing in the geriatric patient. Review the top ten medications to avoid and alternatives that can be equally effective.

- The BEERS List
- The TOP TEN
- Risks Associated with Anticholinergic Drugs
- 5 Things Patients & Physicians Should Question

- 1. Develop age-sensitive principles for medication dosing and management to clinical scenarios.
- 2. Propose key questions useful for identifying and managing polypharmacy in older adults.

#### **CERTIFICATION MADE SIMPLE!**



- No hidden fees PESI pays for your application fee (a \$99 value)\*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be an Evergreen Certified Dementia Care Specialist (ECDCS) through Evergreen Certifications is complete.\*

Attendees will receive documentation of ECDCS designation from Evergreen Certifications 4 to 6 weeks following the program.

\* Professional standards apply. Visit evergreencertifications.com/ecdcs for professional requirements.

#### Recommended Reading:



Reference, Second Edition

<del>\$36.99</del> \$26.99

## Memories Fade

#### Keeping Love Alive as

The 5 Love Languages and the Alzheimer's Journey

<del>\$15.99</del> \$12.99\*

Purchase this training for these exclusive savings!

#### **Live Seminar Continuing Education Credit Information**

Credits listed below are for full attendance at the live event only. After attendance has een verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line. "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email o download a certificate of completion if in full attendance. For those in partial attendanc arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (i your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, webinar can be downloaded after completing the webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact for reciprocal approval. For other credit inquiries not specified below, or questions or home study credit availability, please contact cepesi@pesi.com or 800-726-3888 bei the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a ensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. The planning committee ar staff who controlled the content of this activity have no relevant financial relationshi to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continui Rehab, PESI Kids, and Psychotherapy Networker.

Indiana Counselors: CE credit is available. This course consists of 14.5 continuing education clock hours for Indiana Counselors. The Rules of the Indiana Behavioral Health and Human Services Licensing Board (839 IAC 1.6.2) confirm acceptance of continuing education programs relevant to counseling that are approved by another state's mental health counselor board. PESI, Inc. is an approved provider with the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board. Provider approval #:RCST071001. Full attendance at this course meets the qualifications for 14.5 clock hours of continuing education credit.

Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentiali Center's Commission on Accreditation. Nurses in full attendance will earn 14.5 contact hours. Partial contact hours will be awarded for partial attendance

Pharmacology Nurse Practitioners: This program offers 380 instructional minutes of pharmacology content which is designed to qualify for 6.3 contact hours toward your pharmacology requiremen to receive credit. It is your responsibility to submit your certificate of successful completion and a copy of the seminar brochure to your

**Occupational Therapists & Occupational** Therapy Assistants: PESI, Inc. is an AOTA

Approved Provider of professional development Course approval ID# 0000002557. This Live is offered at 1.45 CEUs Intermediate, OT Service Delivery. The assignmen of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

ndiana Physical Therapists & Physical Therapist Assistants: This Therapy Association for review. Please contact our customer service department for the most current information

#### Physicians and Physician Assistants

Physicians: PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 14.5 AMA PRA Category 1 Credits™. Physicians should only laim credit commensurate with the extent of their participation in the Physician Assistants: AAPA accepts certificates of participation for

educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME such as PESI. Physician assistants nay receive a maximum of 14.5 hours for completing this program.

#### Speech-Language Pathologists:



Intermediate Level 1.45 ASHA CEUs

\* Please note that Speech-Language Pathologists and/or Audiologists must if they would like their participation submitted to the ASHA CE Registry. Detailed structions will be provided the day of the program under the Handouts section o

Social Workers: PESI, Inc., #1062, is approved to offer social vork continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program Organizations, not individual courses, are approved as ACE providers State and provincial regulatory boards have the final authority to letermine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this live course receive 14.5 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Social Workers (NASW): This live program is approved by the National Association of Social Workers (Approval #886759332-4636 ) for 14.5 Social Work continuing education contact hours.

Other Professions: This activity qualifies for 880 minutes of instructional ontent as required by many national, state and local licensing board and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific

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## 2-Day 2022 Geriatric Conference

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\* plus applicable sales tax, visit www.pesihc.com/faq for more information

4. Recommended Reading

□ \$36.99 \$26.99\*\* Wound Care Pocket Guide: Clinical Reference, Second Edition reference cards PUB084775

□ \$15.99 \$12.99\*\* Keeping Love Alive as Memories Fade book SAM086220

\*\*Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

IN-PERSON SAFETY

As you prepare to make face-to-face learning a part of your professional development, we want you to know that your safety is ALWAYS our top iority. We are fully co and implementing all best practices outlined in state and local regulations

ADA NEEDS

We would be happy to accommodate your ADA needs: Please notify us at time of registration

SAME DAY REGISTRATION Walk-ins are welcome but admission cannot be

guaranteed. Contact us for space availability if registering within one week of seminar

**TUITION OPTIONS** 

**Advance registration required.** Cannot be combined with other discounts.

- Get a Group Discount! Contact us at FREE Military Tuition: Free live seminars for
- veterans and active duty military, limited seats available, advanced registration online required \$100 Tuition (for both days): If you are interested
- in being our registration coordinator for the day go to: www.pesihc.com/coord for availability and ob description, first come, first serve. Discounted Student Rate: 50% off standard

tuition on live events for students. Current student schedule with registration form require or visit www.pesihc.com/students for details.

QUESTIONS

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