

# Outline

## Quick Review of Using the DSM-5 and ICD-10

- Diagnosis of Mental Disorders in the U.S.A. Use of Two Models, DSM-5 and ICD-10 DSM-5 and ICD-10 Coding and Recording
- Web-based DSM-5 Resources Digital Updates DSM-5 Cross-Cutting Symptom Measures and Screening Tools

## Four Step Diagnostic Method

- Case 1: Client with Multiple Problems
- Steps to a DSM-5 Diagnosis
  - Step 1: Gathering Client Information and Behavior Sample
  - Step 2: Identifying Key DSM-5 Symptom Clusters
  - Step 3: Differential Diagnosis List
  - Step 4: Initial DSM-5 Diagnosis
- Comorbidity considerations

## Differential DSM-5 Diagnosis Challenges

- Clients with Experiences of Trauma or Psychosocial Stress
  - Case 6: A Brave Firefighter
  - Essential Information about the Client's Trauma History
  - Differential Diagnosis: Trauma-Related
  - Differential Diagnosis: Does Not Meet Diagnostic Criteria Set for PTSD
  - Frequent Comorbid Disorders
- Clients with Disruptive Behaviors
  - Disruptive Behavior Symptoms
  - Diagnostic Challenge: Case 5: Natalia is a Problem
  - Substance-Related and Medical conditions associated with Disruptive Behaviors
  - Differential Diagnosis by Patterns of Disruptive Behavior
  - Defiant, Angry and Vindictive Impulsive and/or Antisocial

## Differential DSM-5 Diagnosis for Common Presenting Symptoms

- Clients with Symptoms of Depression
  - Key Symptoms of Depression and Dysphoria
  - Substance-Related and Medical conditions with Depressive Symptoms
  - Mental Disorders with Symptoms of Depression
  - Diagnosis Challenge Case 2: A Sad, Overwhelmed Client
  - Differentiating Disorders with Symptoms of Depression
  - Frequent Comorbid Disorders
- Clients with Fear and Anxiety
  - Key Symptom Patterns of Anxiety
  - Substance-Related and Medical Conditions with Anxiety Symptoms
  - Mental Disorders with Symptoms of Anxiety
  - Diagnosis Challenge Case 3: Fearful and Worried Client
  - Specific Differential Diagnoses
  - Frequent Comorbid Disorders
- Clients with Abnormal or Impaired Cognition
  - Diagnostic Challenge: Case 4: Is She Crazy or Clairvoyant?
  - Sorting Patterns of Psychosis
  - DSM-5 Mental Disorders with Psychosis Symptoms
  - Substance-Related and Medical Conditions that Produce Cognitive Deficits
  - Differential Diagnosis when Cognitive Deficits as a Key Symptom

## Live Webinar Schedule

- (Times listed in Pacific)*
- 8:00** Program begins
  - 11:50-1:00** Lunch Break
  - 4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

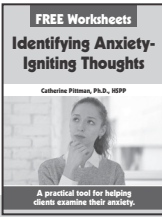
# Objectives

1. Conduct a four-step diagnostic process to accurately identify and code a client's diagnosis.
2. Investigate common differential DSM-5 diagnoses for clients with anxiety, depressive, or abnormal cognitive symptoms.
3. Differentiate between overlapping symptoms and comorbid conditions in order to provide the correct diagnosis.
4. Analyze differential diagnoses for clients who present with disruptive behavior.
5. Collect the specific information required for an accurate differential DSM-5 diagnosis of clients with a history of trauma.
6. Utilize the DSM-5® severity tables, assessment tools, and coding notes to improve the accuracy of diagnosis and ICD-10 coding.

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# Mastering Differential Diagnosis

with the **DSM-5®**

*A Symptom-Based Approach*

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- Accurate selection of ICD-10 codes for DSM-5® mental disorders
- Apply a Four-Step Diagnostic Method
- Frequent comorbid mental disorders
- Intake interview strategies
- Using assessment tools to improve diagnosis

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# Mastering Differential Diagnosis with the DSM-5®

## A Symptom-Based Approach

Take your DSM-5® diagnostic skills to the next level! This advanced seminar is designed specifically for mental health professionals seeking to master clinical diagnosis and differential diagnosis using the DSM-5®, ICD-10 and online assessment tools. The focus of this workshop is on the key symptoms for each diagnosis, common differential diagnoses and frequent comorbid disorders of anxiety, depressive, trauma-related, substance-related, psychotic and neurodevelopmental disorders. Case examples and studies are provided throughout - giving you the opportunity to learn and apply a four-step symptoms-based diagnostic method. Topics include the clinical intake interview, differential diagnoses, online assessment tools to narrow diagnosis and potential comorbidities.

Don't forget to have your DSM-5® manual handy!

### Target Audience:

Counselors • Social Workers • Psychologists • Physicians  
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Nurses • Nurse Practitioners • Other Mental Health Professionals



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## Meet Your Speaker

**Margaret (Peggy) L. Bloom, Ph.D.,** Professor Emerita, Counselor Education and Counseling Psychology, Marquette University, Milwaukee, Wisconsin is a licensed psychologist and NCC certified counselor. Dr. Bloom is nationally recognized for her knowledge and expertise in assessment, DSM diagnosis and counselor education. She is past chair and member of the board of directors of the Center for Credentialing & Education (NBCC), an elected fellow of the American Psychological Association (APA) and past-president of the Association for Counselor Education and Supervision (ACES). Beginning her career as a psychiatric nurse and earning graduate degrees in nursing, counseling, and a Ph.D. in counseling psychology, Peggy brings a unique interdisciplinary perspective to each seminar. She has published numerous journal articles and presented professional education seminars across the world on assessment, diagnosis and counselor education. In addition to her university positions, she maintained a private therapy practice for many years.

### Speaker Disclosure:

Financial: Margaret Bloom is a Professor of Counselor Education and Counseling Psychology at Marquette University. She receives a speaking honorarium from PESI, Inc. She has no relevant financial relationships with ineligible organizations.

Non-financial: Margaret Bloom has no relevant non-financial relationship to disclose.

### CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Physicians, Case Managers, Addiction Counselors, Therapists, Marriage & Family Therapists, Nurses, and Nurse Practitioners.**

For specific credit approvals and details, visit [www.pesi.com/webcast/86986](http://www.pesi.com/webcast/86986)

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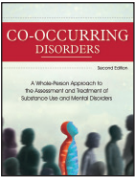
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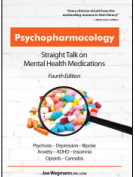
## Recommended Reading:



PUB086780

**Co-Occurring Disorders**  
*A Whole-Person Approach to the Assessment and Treatment of Substance Use and Mental Disorders, 2nd Edition*  
By Charles Atkins, MD

~~\$34.99~~ **\$24.99\***



PUB086420

**Psychopharmacology**  
*Straight Talk on Mental Health Medications, 4th Edition*  
By Joe Wegmann, RPh, LCSW

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