

Outline

Cultural Competencies in Mental Health

Client-centered approach to cultural competence  
Trends in cultural identity development  
Acknowledge cultural differences: terms of reference, racism and stereotypes  
Improve client rapport  
- Make cultural connections  
- Acquire knowledge & skills  
- View behavior within a cultural context  
Exercise: Cultural Self-Assessment

Ethics & the DSM- 5®: New Guidelines for the Integration of Cultural Competencies

Cross-cultural variations in presentations  
Cultural genograms  
Assessments and diagnostic protocols  
DSM-5® Cultural Formulation  
Ethical standards for culturally competent practice  
- Cultural perspectives on therapeutic authority  
- Referring without abandoning  
- Effective self-disclosure  
- Advocacy and social justice  
Exercise: Cultural Formulation Interview

Overcome Dilemmas in Practice

Working with limited English proficiency and bi/ multilingual clients  
When to use an interpreter  
Strategies for working with cultural transference and counter transference  
Avoiding and addressing unintentional cultural offenses toward clients  
Empathizing with victims as well as accused perpetrators of social injustice

Visit our FAQ page at [www.pesi.com/faq](http://www.pesi.com/faq) or contact us at [www.pesi.com/info](http://www.pesi.com/info)

Interventions & Strategies for Specific Populations

Understand client experiences of sexual identity and gender fluidity  
Strategies for supporting clients when therapist’s and client’s religious beliefs conflict  
Methods for building rapport with clients with various disabilities  
Adapting therapeutic style to client’s cultural presentation  
Case Examples: Cultural experiences therapists often misunderstand

Overcome Limitations of the Research & Potential Risks

Limited empirical models  
Lack of professional awareness & confidence  
Changing cultural values, needs & expressions  
Incomplete scope: clients, counselors, supervisors, colleagues & community

Live Webinar Schedule

(Times listed in Mountain)

8:00 Program begins

11:50-1:00 Lunch Break

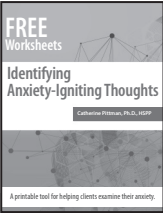
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

**Target Audience:** Counselors • Social Workers  
Psychologists • Case Managers • Addiction Counselors  
Therapists • Marriage & Family Therapists • Psychiatrists  
Other Mental Health Professionals • Nurses • Physicians

FREE WORKSHEETS!

Identifying Anxiety-Igniting Thoughts



Get yours today at [pesi.com/ccatpworksheets](http://pesi.com/ccatpworksheets)

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



[www.pesi.com/inhouse](http://www.pesi.com/inhouse)

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE PAID  
EAU CLAIRE, WI  
PERMIT NO. 32729

PESI, Inc.  
P.O. Box 1000  
Eau Claire, WI 54702-1000

Join us online for this live training!

# Multicultural AWARENESS & Diversity

POWERFUL STRATEGIES TO ADVANCE  
CLIENT RAPPORT & CULTURAL  
COMPETENCE

Featuring  
**Lambers Fisher, MS, LMFT, MDIV**

- Strategies to improve rapport with diverse clients
- Case studies and experiential exercises
- Adapt treatment for specific groups

UP TO  
**3 CE Hours**  
Cultural  
COMPETENCY  
AND  
**3.25 CE Hours**  
Ethics

**LIVE**  
**Interactive Webinar**

**Friday**  
**May 13, 2022**

**BONUS!** – Registration includes FREE on-demand access for 3 months.



[www.pesi.com](http://www.pesi.com)

**LIVE Interactive Webinar**  
**Friday**  
**May 13, 2022**

**BONUS!** – Registration includes FREE on-demand access for 3 months.

**3 CE Hours**  
Cultural  
COMPETENCY  
AND  
**3.25 CE Hours**  
Ethics

**REGISTER NOW:**  
[pesi.com/webcast/86976](http://pesi.com/webcast/86976)



A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

**REGISTER NOW:**  
[pesi.com/webcast/86976](http://pesi.com/webcast/86976)

Objectives

1. Implement the DSM-5® criteria and cultural formulation interview to accurately assess for cultural influences as it relates to diagnosis.
2. Analyze biases to improve clinical strategies, rapport, and engagement with a variety of clients.
3. Develop a deep understanding of the impact of varying cultural group experiences to enhance empathy in session.
4. Devise ethical standards for a culturally competent practice related therapeutic authority and self-disclosure.
5. Utilize clinical strategies to address unintentional cultural offenses towards clients to increase treatment effectiveness.
6. Apply skills to overcome cultural barriers such as language, religion and different belief systems to improve session outcomes.



# Multicultural AWARENESS & Diversity

Too often, therapists feel paralyzed by the fear that they don't know enough about other cultures to try to counsel clients different than themselves.

Attend this workshop and reduce those fears by increasing your understanding of cultural experiences with which you are not personally or professionally familiar.

Without learning multiple languages or becoming an expert on every possible culture, you can become more culturally competent and feel more confident in your ability to counsel any client from any culture. Beyond ethnicity, you will also explore issues of age, gender, sexuality, religion, acculturation, and social justice, as well as opportunities to strengthen the therapist's own cultural self-awareness.

Join **Lambers Fisher, MS, LMFT, MDIV**, for this adventure into the world of cultural competency. Take away immediately applicable and practical strategies to:

- Improve assessment
- Avoid ethical dilemmas
- Overcome fears
- Reduce unintentional cultural offense
- Build significant therapeutic rapport
- Help clients of any cultural background make meaningful change in their lives

You may just want to attend this seminar to receive 3 hours of cultural competency and 3 hours of ethics. You will leave with so much more! This highly engaging and encouraging seminar will challenge you to learn more about other cultures, accept what you do not yet know in the process, and utilize therapeutic strategies that can help you be effective along the journey toward becoming an increasingly culturally competent therapist.

**Gain a reputation for being the premier therapist in your community for working with diverse clients!**



**Risk Free Purchase!** PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at [www.pesi.com/info](http://www.pesi.com/info) or 800-726-3888 and we will make it right.

## PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at [pesi.com/info](http://pesi.com/info)!

**Have a seminar idea? A manuscript to publish?** The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Spencer Jahnke** at [sjahnke@pesi.com](mailto:sjahnke@pesi.com) or call **715-855-8206**.

## Speaker



**Lambers Fisher, MS, LMFT, MDIV**, is a marriage and family therapist who has counseled individuals, couples, and families from a variety of cultural backgrounds, in private practice, non-profit organization, as well as ministry environments. He has a strong desire to help counseling professionals in various fields feel more comfortable, competent and confident in their ability meet the needs of whomever they have the opportunity to serve. Lambers' training experience includes facilitating workshops, guest lecturing, as well as being an adjunct instructor at Crown College on various aspects of

diversity in counseling. Lambers supervises aspiring therapists as a board approved supervisor for the Minnesota Board of Marriage & Family Therapists as well as the Minnesota Board of Behavioral Health.

Currently, Lambers is a therapist in private practice where he effectively balances personal and professional experiences to provide unique and practical perspectives on a variety of culturally sensitive topics. He obtained a Master of Science in Marriage & Family Therapy as well as a Master of Divinity from Fuller Theological Seminary in Pasadena, CA.

### Speaker Disclosure:

Financial: Lambers Fisher has employment relationships with Christina Heart Counseling and Faithful & True. He is an adjunct instructor at Crown College. Mr. Fisher receives a speaking honorarium, book royalties, recording royalties, and a consulting fee from PESI, Inc. He has no relevant financial relationships with ineligible organizations.

Non-financial: Lambers Fisher is a member of the American Association of Marriage & Family Therapy and the Minnesota Association for Marriage & Family Therapy.

## CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Physicians, Psychologists, and Social Workers.**

For specific credit approvals and details, visit [pesi.com/webcast/86976](http://pesi.com/webcast/86976)

### National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

**\* includes 3.25 hours of general ethics and 3.0 hours of cultural competency instruction.**



This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.



ACE

ASWB approved continuing education

PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 3.0 Cultural Competency and 3.25 Ethics continuing education credits. No more than 6.25 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This program is Approved by the National Association of Social Workers (Approval #886759332-1025) for 6.0 Social Work continuing education contact hours.

This course has been awarded 6.25 clock hours by the Commission for Case Manager Certification. Full attendance is required.

**Self-study credit:** To check availability for your profession, go to [www.pesi.com](http://www.pesi.com) or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids and Psychotherapy Networker.

Earn up to  
**6.25 CE**  
Hours for one  
low price!

For all credit approvals and details, visit: [www.pesi.com/webcast/86976](http://www.pesi.com/webcast/86976)

# SIGN UP-TODAY!

## Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

**Register Online at: [pesi.com/webcast/86976](http://pesi.com/webcast/86976)**

## Live Interactive Webinar (Option 1)

**May 13, 2022** [PWZ86975]

**\$219.99** tuition

8 am Mountain time

### Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

**FREE BONUS:** Replay on-demand access for 90-days after webinar

*\*Live CE is only available when viewed live*

**Get a Group Discount!** Contact us at [pesi.com/info](http://pesi.com/info) to save for groups of 5 or more

## On-Demand Digital Seminar (Option 2)

**\$219.99** [POS048760]

### Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
  - Access to the program materials
  - Enjoy lifetime on-demand access
  - Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit [www.pesi.com](http://www.pesi.com) or call 800-726-3888 to check for availability.

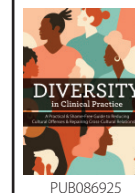
## DVD (Option 3)

**\$219.99** [RNV048760]

### DVD Experience:

- Self-study CE certificate available
- CE hours, approvals and cost of CE Certificates may vary from live event. Visit [www.pesi.com](http://www.pesi.com) or call 800-726-3888 to check for availability and pricing

## Recommended Reading:



**Diversity in Clinical Practice**  
*A Practical & Shame-Free Guide to Reducing Cultural Offenses & Repairing Cross-Cultural Relationships*  
By Lambers Fisher, MS, LMFT, MDIV

~~\$29.99~~ **\$22.99\***



**The Self-Compassion Deck**  
*50 Mindfulness-Based Practices*  
By Tim Desmond, LMFT, Mitch R. Abblett, Ph.D., & Christopher Willard, Psy.D.

~~\$17.99~~ **\$13.99\***

*\* Discount Included with purchase of the Webinar*

## OTHER WAYS TO REGISTER

**Phone: 800-726-3888**

**Fax:** 800-554-9775

**Mail:** PESI, Inc.  
PO Box 1000  
Eau Claire, WI 54702-1000

\*If mailing/faxing registration, find form at [www.pesi.com/form](http://www.pesi.com/form) or call 800-726-3888

## ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

## QUESTIONS

Visit [pesi.com/faq](http://pesi.com/faq) or contact us at [pesi.com/info](http://pesi.com/info)

## TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details

