

Outline

Behaviors that Make Us Crazy

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Disorders

- Oppositional Defiant Disorder
- ADHD
- Mood disorders
- Anxiety disorders
- Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

- Fear-based (Fight, Flight, Freeze or Submit)
- Escape
- Attention
- Sensory
- Pain
- Control

Mental Health Disorder or Behavior Problem

- The power of skilled observations
- The interview
- Comparison to the group
- The FBA-Incredibly powerful assessment tool
- The art of choosing a diagnosis (if you have to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

- Proactive
 - Behavior plans
 - Motivational incentives
 - Set the stage for success
 - Remember the initial goal
 - Appropriately address the functions of the behavior

Objectives

1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
3. Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
4. Communicate how a skilled observation of behavior informs your treatment approach.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Reactive

- Corrective measures
- It's like playing chess in a tornado

Treatment Strategies Part II
Specific Strategies for the Following Behavioral Challenges:

- Tantrums
- Running out/away
- Noncompliance
- Nagging
- Refusing to work/help
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
- Lack of follow through
- Not following directions

Treatment Strategies Part III
Specific Strategies for the Following Disorders:

- ODD
- ADHD
- Mood disorders
- Anxiety disorders
- Working with unsafe behaviors

Treatment Strategies Part IV
Special Populations & Circumstances

- Asperger's disorder
- Divorce, separation
- Abuse and neglect
- Parent misbehavior
- Foster care

Live Webinar Schedule
(Times listed in Mountain)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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OPPOSITIONAL, DEFIANT
& DISRUPTIVE CHILDREN
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Non-medication Approaches to the
Most Challenging Behaviors

LIVE Interactive Webinar
Friday, March 18, 2022

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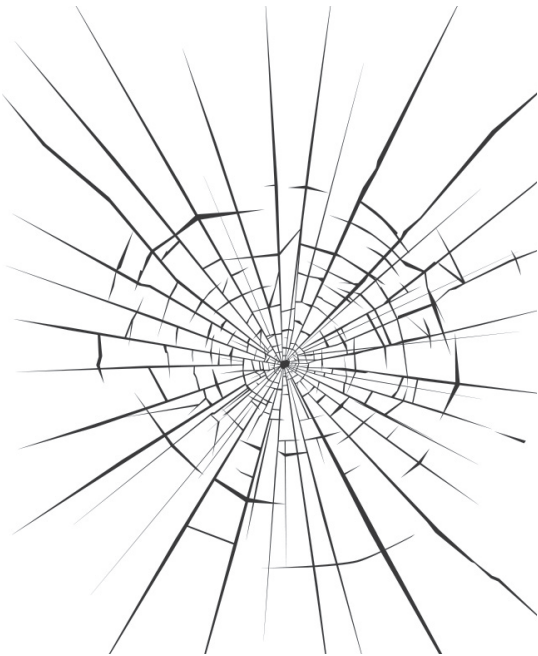
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OPPOSITIONAL, DEFIANT
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Non-medication Approaches to the
Most Challenging Behaviors

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques
- Improve treatment with better assessment of the look-alike disorders
- Positive alternatives for your most challenging kids



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OPPOSITIONAL, DEFIANT
& DISRUPTIVE CHILDREN
AND ADOLESCENTS

Non-medication Approaches to the
Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger’s, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your clients’ most challenging behaviors including:

- Tantrums

• Running out/away

• Noncompliance

• Nagging

• Refusing to work/help

• Yelling/screaming

• Bullying

• Panic/anxiety reactions

• Lack of follow through

• Not following directions

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Jennifer Wilke-Deaton is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers
Nurses • School Administrators • Physicians • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants
Other Helping Professionals who Work with Children

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Meet Your Speaker

Jennifer Wilke-Deaton, M.A., L.P.A., is a licensed behavioral health therapist in a private practice setting in Richmond, KY. Jen has more than 21 years of experience working with crisis management, psychological testing, inpatient/outpatient treatment, groups, families, and the court system. A tireless and passionate advocate for children and families, she developed a parent training program recognized by the Governor’s Commission for the Treatment of Families and Kentucky’s Child Protective Services. Jen helped create a regional children’s crisis stabilization unit, children’s advocacy center, and an intensive after-school program for behaviorally-challenged youth. She has published the *Creative Parenting Handbook*, *CD Awareness In Focus: Modern Guided Imagery Techniques for Immediate Practice*, *Awareness in Focus By Kids For Kids: Modern Guided Imagery Activities for Immediate Practice*, and *The Mandala Workbook: Activities Across the Lifespan*.

In addition to delivering her nationally recognized training programs for PESI and keynote presentations, Jen regularly speaks on mental health issues and child abuse for Morehead State University, Eastern Kentucky University, and National Public Radio; as well as psychological evaluations for the Department of Disability Determinations and the Office of Vocational Rehabilitation. Jennifer consults regularly for private/state foster care organizations, social services, schools, psychiatric hospitals, Head Start programs, in-home therapy programs, disability determinations, and case management services. Her specialties are in the areas of child abuse, PTSD, DBT, behavioral disorders, anxiety, autistic spectrum, and attachment. Jen shares time-tested, real approaches from the trenches, using humor, energy and passion for an engaging and effortless day of practical learning.

Speaker Disclosure:
Financial: Jennifer Wilke-Deaton has an employment relationship with Hundley Psychological Services. She has developed audio products for Media Integrated Applied Psychology, LLC. and receives royalties. She is an author for Premier Publishing and Media and receives royalties. She is a compensated speaker for Morehead State University, Eastern Kentucky University, and National Public Radio. She receives a speaking honorarium from PESI, Inc.
Non-financial: Jennifer Wilke-Deaton has no relevant non-financial relationship to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage and Family Therapists, Nurses, Occupational Therapists, Physicians, Psychologists, Social Workers, and Speech-Language Pathologists.**

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**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**



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Recommended Reading:



Beyond Behaviors
Using Brain Science and Compassion to Understand and Solve Children's Behavioral Challenges
Mona M. Delahooke, PhD
~~\$29.99~~ **\$22.99***
PUB085405



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