

Outline

Cultural Competencies in Mental Health

Client-centered approach to cultural competence
Trends in cultural identity development
Acknowledge cultural differences: terms of reference, racism and stereotypes
Improve client rapport
- Make cultural connections
- Acquire knowledge & skills
- View behavior within a cultural context
Exercise: Cultural Self-Assessment

Ethics & the DSM- 5®: New Guidelines for the Integration of Cultural Competencies

Cross-cultural variations in presentations
Cultural genograms
Assessments and diagnostic protocols
DSM-5® Cultural Formulation
Ethical standards for culturally competent practice
- Cultural perspectives on therapeutic authority
- Referring without abandoning
- Effective self-disclosure
- Advocacy and social justice
Exercise: Cultural Formulation Interview

Overcome Dilemmas in Practice

Working with limited English proficiency and bi/ multilingual clients
When to use an interpreter
Strategies for working with cultural transference and counter transference
Avoiding and addressing unintentional cultural offenses toward clients
Empathizing with victims as well as accused perpetrators of social injustice

Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info

Interventions & Strategies for Specific Populations

Understand client experiences of sexual identity and gender fluidity
Strategies for supporting clients when therapist’s and client’s religious beliefs conflict
Methods for building rapport with clients with various disabilities
Adapting therapeutic style to client’s cultural presentation
Case Examples: Cultural experiences therapists often misunderstand

Overcome Limitations of the Research & Potential Risks

Limited empirical models
Lack of professional awareness & confidence
Changing cultural values, needs & expressions
Incomplete scope: clients, counselors, supervisors, colleagues & community

Live Webinar Schedule

(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target Audience: Counselors • Social Workers
Psychologists • Case Managers • Addiction Counselors
Therapists • Marriage & Family Therapists • Psychiatrists
Other Mental Health Professionals • Nurses • Physicians

FREE WORKSHEETS!

Identifying Anxiety-Igniting Thoughts

Get yours today at pesi.com/ccatpworksheets

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available

www.pesi.com/inhouse

NON-PROFIT ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE, WI
PERMIT NO. 32729

PESI, Inc.
P.O. Box 1000
Eau Claire, WI 54702-1000

Multicultural AWARENESS & Diversity

POWERFUL STRATEGIES TO ADVANCE CLIENT RAPPORT & CULTURAL COMPETENCE

www.pesi.com

LIVE Interactive Webinar

Friday March 25, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.

3 CE Hours Cultural COMPETENCY AND 3.25 CE Hours Ethics

PESI®
www.pesi.com

REGISTER NOW:
pesi.com/webcast/86745

PESI®
www.pesi.com
A Non-Profit Organization Connecting Knowledge with Need Since 1979

REGISTER NOW:
pesi.com/webcast/86745

Join us online for this live training!

Multicultural AWARENESS & Diversity

POWERFUL STRATEGIES TO ADVANCE CLIENT RAPPORT & CULTURAL COMPETENCE

Featuring
Lambers Fisher, MS, LMFT, MDIV

- Strategies to improve rapport with diverse clients
- Case studies and experiential exercises
- Adapt treatment for specific groups

UP TO 3 CE Hours Cultural COMPETENCY AND 3.25 CE Hours Ethics

LIVE Interactive Webinar

Friday March 25, 2022

BONUS! – Registration includes FREE on-demand access for 3 months.

Multicultural AWARENESS & Diversity

Too often, therapists feel paralyzed by the fear that they don't know enough about other cultures to try to counsel clients different than themselves.

Attend this workshop and reduce those fears by increasing your understanding of cultural experiences with which you are not personally or professionally familiar.

Without learning multiple languages or becoming an expert on every possible culture, you can become more culturally competent and feel more confident in your ability to counsel any client from any culture. Beyond ethnicity, you will also explore issues of age, gender, sexuality, religion, acculturation, and social justice, as well as opportunities to strengthen the therapist's own cultural self-awareness.

Join **Lambers Fisher, MS, LMFT, MDIV**, for this adventure into the world of cultural competency. Take away immediately applicable and practical strategies to:

- Improve assessment
- Avoid ethical dilemmas
- Overcome fears
- Reduce unintentional cultural offense
- Build significant therapeutic rapport
- Help clients of any cultural background make meaningful change in their lives

You may just want to attend this seminar to receive 3 hours of cultural competency and 3 hours of ethics. You will leave with so much more! This highly engaging and encouraging seminar will challenge you to learn more about other cultures, accept what you do not yet know in the process, and utilize therapeutic strategies that can help you be effective along the journey toward becoming an increasingly culturally competent therapist.

Gain a reputation for being the premier therapist in your community for working with diverse clients!



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesi.com/info or 800-726-3888 and we will make it right.

PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at pesi.com/info!

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Spencer Jahnke** at sjahnke@pesi.com or call **715-855-8206**.

Speaker



Lambers Fisher, MS, LMFT, MDIV, is a marriage and family therapist who has counseled individuals, couples, and families from a variety of cultural backgrounds, in private practice, non-profit organization, as well as ministry environments. He has a strong desire to help counseling professionals in various fields feel more comfortable, competent and confident in their ability meet the needs of whomever they have the opportunity to serve. Lambers' training experience includes facilitating workshops, guest lecturing, as well as being an adjunct instructor at Crown College on various aspects of

diversity in counseling. Lambers supervises aspiring therapists as a board approved supervisor for the Minnesota Board of Marriage & Family Therapists as well as the Minnesota Board of Behavioral Health.

Currently, Lambers is a therapist in private practice where he effectively balances personal and professional experiences to provide unique and practical perspectives on a variety of culturally sensitive topics. He obtained a Master of Science in Marriage & Family Therapy as well as a Master of Divinity from Fuller Theological Seminary in Pasadena, CA.

Speaker Disclosure:

Financial: Lambers Fisher has an employment relationship with Restorations for Life Counseling. He receives a speaking honorarium from PESI, Inc.

Non-financial: Lambers Fisher is a member of the American Association of Marriage and Family Therapists.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Addiction Counselors, Case managers, Marriage & Family Therapists, Physicians, and Nurses.**

For specific credit approvals and details, visit pesi.com/webcast/86745

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

***includes up to 3.25 hours of general ethics instruction and 3.0 hours of cultural competency.**



This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical, and Professional Development skill group. NAADAC Provider #77553. PESI, Inc.

is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.



approved continuing education

PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 3.25 Ethics and 3.0 Cultural Competency continuing education credits. No more than 6.25 total CE hours may be awarded for this activity. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This program is Approved by the National Association of Social Workers (Approval # 886759332-1025) for 6.0 Social Work continuing education contact hours.

Case Managers: This course has been awarded 6.25 clock hours by the Commission for Case Manager Certification. Full attendance is required.

Self-study credit: To check availability for your profession, go to www.pesi.com or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids and Psychotherapy Networker.

Earn up to
6.25 CE
Hours for one
low price!

For all credit approvals and details, visit: www.pesi.com/webcast/86745

SIGN UP-TODAY! Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

Register Online at: pesi.com/webcast/86745

Live Interactive Webinar (Option 1)

March 25, 2022 [PWZ86744]

\$219.99 tuition

8 am Eastern time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar

**Live CE is only available when viewed live*

Get a Group Discount! Contact us at pesi.com/info to save for groups of 5 or more

On-Demand Digital Seminar (Option 2)

\$219.99 [POS048760]

Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
 - Access to the program materials
 - Enjoy lifetime on-demand access
 - Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability.

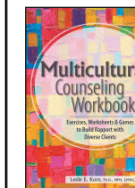
DVD (Option 3)

\$219.99 [RNV048760]

DVD Experience:

- Self-study CE certificate available
- CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability and pricing

Recommended Reading:



PUB084065

Multicultural Counseling Workbook

By Leslie Korn, Ph.D., MPH, LMHC

~~\$29.99~~ **\$22.99***



PUB084780

The Self-Compassion Deck

50 Mindfulness-Based Practices

By Tim Desmond, LMFT, Mitch R. Abblett, Ph.D., & Christopher Willard, Psy.D.

~~\$16.99~~ **\$12.99***

** Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

Phone: 800-726-3888

Fax: 800-554-9775

Mail: PESI, Inc.
PO Box 1000

Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details



©2021