

Outline

The Many Faces of Grief:
Types, Presentations and Clinical Implications

Kübler Ross' Stages of Grief
Normal grief and acute reactions
Complicated or prolonged grief
Persistent Complex Bereavement Disorder – chronic, masked, distorted
Ambiguous grief in the face of changes in the living
Traumatic grief following sudden or violent loss
Anticipatory and disenfranchised grief
Delayed, inhibited, abbreviated other types of commonly overlooked grief

Assessment Tools for Grieving Clients:
Identify Grief Intensity, Suicidality, Depression and Other Co-Occurring Disorders

Grief intensity scale
Hogan grief reaction checklist
Uncover trauma, depression, and anxiety
How to assess for suicidal thoughts or ideation
Isolation, sleep, and nutrition concerns for grieving clients
The caregiver grief inventory

Culture, Spirituality and Mourning:
The Clinicians' Quick Guide to Grief Work with Clients of Diverse Cultures and Beliefs

Continuing relationships with the deceased
How culture impacts length of mourning
Spiritual impacts of grief
Cultural expectations of grief to be aware of

Grief Counseling and Treatment Approaches:
Promote Healthy Grieving for Clients Across the Lifespan

Grief counseling vs. grief treatment – what's the difference?
Working with grief in kids, adults, and the elderly
Dual Process Model – loss and restoration
Companioning Model – being present for the mourner
Task Based Model - accommodating a new life
The ATTEND Model for increased attunement
Complicated Grief Treatment Model
Ethical and professional boundary issues

The Grief and Bereavement Toolbox:
Enhance Emotional Regulation, Build Connection and Support Adaptation to Loss

How to use narrative interventions in complicated grief counseling
CBT techniques for guilt, blame and other maladaptive cognitions following loss
Family sculpting techniques for grief
Creative tools to support emotional regulation and expression
Ways to build social support
Research and treatment risks
Case studies

Live Webinar Schedule
(Times listed in Eastern)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Analyze how types of grief and grief reactions inform clinicians' choice of counseling or treatment.
2. Investigate appropriate grief symptomology and employ assessment tools to uncover clinical concerns like trauma, depression, and suicidality.
3. Utilize best practices to enhance grief counseling and treatment with clients from diverse cultures and with diverse beliefs.
4. Investigate the needs of bereaved children, families, and the elderly to individualize treatment and promote healthy adaptation following loss.
5. Apply CBT techniques to help clients manage guilt, blame, and other maladaptive cognitions following loss.
6. Apply narrative approaches to help clients cope and empower them to construct meaning following loss.

Free Video



David Kessler on
How Death
Shapes Your
Clients' Grief

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Grief Counseling and Treatment Certification Training

- Confidently handle the most intimidating elements of grief work
- Assessments to identify grief intensity and uncover suicidality
- Specific interventions to manage guilt, blame and other maladaptive cognitions following loss
- Creative tools to support emotional regulation and expression

LIVE Interactive Webinar Friday, February 11, 2022

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Live Online Certification Training

Grief Counseling and Treatment Certification Training

Assessments and Interventions to Support Healthy
Grieving and Adaptation to Death and Loss



Featuring **Tiffani Dilworth, LCPC**,
psychotherapist, author, and sought-after speaker

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Grief Counseling and Treatment Certification Training:

Assessments and Interventions to Support Healthy Grieving and Adaptation to Death and Loss

It has always been your calling to help the suffering.

And today a growing wave of grieving clients is looking to professionals like you for assistance as dramatic rises in death and loss have left millions in anguish.

You're eager to lead those in pain out of their dark places and give them a glimmer of hope, but working with death and loss can be intimidating. One wrong step can break the therapeutic alliance and some forms of grief are easy to overlook, preventing you from pursuing the most beneficial treatment path.

How can you ensure you're prepared?

This one-day certification training will give you step-by-step guidance on identifying specific manifestations of grief and individualizing counseling and treatment so you can normalize clients' pain, listen in a way their family and friends cannot, and help them rebuild fulfilling lives!

Full of ready to use assessment tools, therapeutic approaches and specific clinical interventions, you'll finish this training feeling ready and capable to improve grieving clients' ability to express their emotions, build support, and process their grief in a healthy way.

Best of all, you can add a valuable certification to your resume and become a **Certified Grief Counseling Specialist (CGCS) through Evergreen Certifications upon completion of this training at no additional cost to you!**

Sign up today!

Target Audience:

Counselors • Social Workers • Marriage and Family Therapists • Psychologists
Psychiatrists • Addiction Counselors • Nurse Practitioners • Mental Health Nurses
Physicians • Pastoral Counselors • Chaplains/Clergy • Thanatologists • Nurses



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CERTIFICATION MADE SIMPLE!

EVERGREEN
CERTIFICATIONS

- No hidden fees – PESI pays for your application fee (a \$99 value)*!

- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Grief Counseling Specialist through Evergreen Certifications is complete.*

Attendees will receive documentation of CGCS designation from Evergreen Certifications 4 to 6 weeks following the program.

**Professional standards apply. Visit www.evergreencertifications.com/cgcs for professional requirements.*

Meet Your Speaker

Tiffani Dilworth, MA, LCPC, is a successful psychotherapist, author, and sought-after speaker on topics related to grief, PTSD, and sexual assault. She has worked across the US with various organizations, schools, universities, and corporations to bring awareness to the grieving process and to teach countless people how to live alongside their grief. In addition to maintaining a private practice, Ms. Dilworth is an affiliate of PsychExperts & Associates Inc, located in Baltimore, MD.

Drawing on her rich clinical experience, Ms. Dilworth incorporates the most current information on the process of grieving with evidence-based and innovative treatment techniques that clinicians can immediately use in their practice. The author of the books *11 Tools to Help Manage the Aftermath of Trauma* and *Types of Grief* she is also the founder and executive director of the non-profit organization, Inspirational Hope Inc. Ms. Dilworth also hosts the Managing My Grief Podcast, to provide support to individuals who want to learn more about ways to manage their own grief.

Speaker Disclosure:

Financial: Tiffani Dilworth maintains a private practice. She is an affiliate of PsychExperts & Associates, Inc. Ms. Dilworth is the founder and executive director of Inspirational Hope, Inc. She is an author and receives royalties. Ms. Dilworth receives a speaking honorarium from PESI, Inc.

Non-financial: Tiffani Dilworth has no relevant non-financial relationship to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Marriage and Family Therapists, Psychologists, Addiction Counselors, Physicians, Nurses, Chaplains/Clergy, Thanatologists**

For specific credit approvals and details, visit pesi.com/webcast/86586

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



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February 11, 2022 [PWZ86585]

\$219.99 tuition

8am Eastern time

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Recommended Reading:



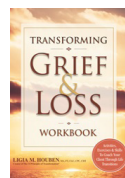
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Healing Grief Card Deck

55 Practices to Find Peace

Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

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Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

~~\$29.99~~ **\$22.99***

* Discount Included with purchase of the Webinar

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Mail: PESI, Inc.
PO Box 1000
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*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

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QUESTIONS

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