

Outline

Behavioral Overview

Etiology

Nature v. nurture
Hormones, neuropsychology, behaviorism
Gender differences
“Eye of the beholder”

DSM-5® Updates

ADHD
Oppositional defiant disorder
Conduct disorder
Autism spectrum disorders
Bipolar disorder
Childhood anxiety and depression

Medication Interventions

Psycho-stimulants
Mood stabilizers
Anti-depressants/anti-anxiety
Atypical anti-psychotics
Illegal/illicit substances and treatment effects

Tools for Helping Behavior Problems

Quick Techniques to Manage Anger

Time in!
Restitution
The peace table & empathy building
Actor/observer
Standing 8 count
Art of compromise
...And many more!

Quick Techniques to Manage Depression

Cut-n-paste
The mirror effect
Inside movie
Types of journaling
...And many more!

Quick Techniques to Manage Anxiety

Ceiling fan breathing
Set the clock
Progressive relaxation
Top dog/underdog
...And many more!

Objectives

1. Utilize effective, clinical techniques for the treatment of behavior disorders in children.
2. Develop specific behavioral interventions that address the developmental stage of the child and adolescent.
3. Appraise the efficacy of biologically-based interventions to address behavioral and emotional disorders in children.
4. Analyze clinical manifestations among anxiety disorders, ADHD, mood disorders, ODD and Conduct Disorder as it relates to diagnosis.
5. Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
6. Analyze the diagnostic symptoms of behavioral/emotional disorders in children and adolescents and establish how this informs your choice of intervention strategies.

Quick Techniques to Manage Autism/Asperger’s

Facial expressions and social cues
Building a broader structure
The burrito
Island of Solace
...And many more!

Quick Techniques to Manage ADHD

Noise to the system
Anticipation
Therapeutic games
...And many more!

Techniques to Help the Client’s World Parents/Caregivers and Teachers/Schools

Intentional dialogue
The listening jar
Time out/quiet time
Token economies/response cost (and avoiding pitfalls)
The good behavior game

Manage Therapist Frustration

Limitations of Research and Potential Risks

Live Seminar & Webinar Schedule
(Time listed in Eastern)

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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OVER 75 QUICK, “ON-THE-SPOT” TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

Over 2/3 of seminar contains teachable and proven behavior-changing techniques



Buffalo, NY
Friday, February 4, 2022

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Featuring
Steven T. Olivas, Ph.D., HSP
Nationally-renowned speaker, behavior consultant & author



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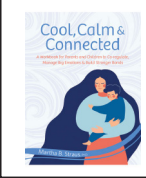
OVER 75 QUICK, “ON-THE-SPOT” TECHNIQUES FOR CHILDREN AND ADOLESCENTS WITH EMOTIONAL AND BEHAVIORAL PROBLEMS

Leaving nothing to the abstract, “75 Quick, ‘On-the-Spot’ Techniques for Children and Adolescents with Emotional and Behavioral Problems” will guide you through focused, clear and successful methods for treating children. Every professional who seeks to fill their toolbox with tested methods will leave this seminar with a wealth of fresh ideas and rejuvenated spirits.

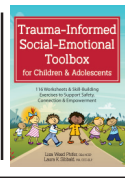
If you do not have a lot of experience working with children and teens, you will leave with a defined strategy for success. If you are a seasoned professional, you will learn new tricks and techniques to re-energize and revitalize your practice!

With nearly 25 years of clinical experience and a background in improvisational comedy, Dr. Steve is a strong proponent of “Edu-tainment.” Namely, he uses charm, wit and humor to enhance your seminar experience, thus improving the retention and utilization of the specific skills covered. We change the world when we touch a child’s life!


Recommended Reading:



Cool, Calm & Connected: A Workbook for Parents and Children to Co-regulate, Manage Big Emotions & Build Stronger Bonds
Martha Straus, Ph.D.
\$24.99 \$19.99



Trauma-Informed Social-Emotional Toolbox for Children & Adolescents
Lisa Weed Phifer, DED, NCSP & Laura Sibbald, MA, CCC-SLP
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Have a seminar idea? A manuscript to publish? The nation’s top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Cyndi Cathey** at ccathey@pesi.com or call **715-855-5253**.

Meet Your Speaker

Steven T. Olivas, Ph.D., HSP,, nationally renowned speaker, author and behavior consultant, is a licensed psychologist in private practice in Middle Tennessee. He began his practice career in 1991 when ADHD was exploding onto the scene and has enjoyed working with the energy and spontaneous creativity of children ever since. Throughout his career, he has taught courses at nine colleges and universities, been a national public speaker, a regular columnist for a local newspaper and co-host of a popular radio show. He is the author of the book When Good Kids Go Bad: Effective Solutions for Problem Behaviors and the acclaimed book Bad Kids...or Bad Behavior?

For nearly 25 years, he has been helping clinicians, school systems and parents around the country understand and manage the kids and teens most likely to act out in impulsive and aggressive manners.

Speaker Disclosure:
Financial: Steven T. Olivas is an author for Premier Publishing & Media and receives royalty payments. He is an author for Author’s Corner Publishing and receives royalty payments. He is a speaker who receives an honorarium for PESI, Inc.
Non-financial: Steven T. Olivas has no relevant non-financial relationship to disclose.

Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists
Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers
Nurses • School Administrators • Educational Paraprofessionals
Occupational Therapists & Occupational Therapy Assistants
Other Helping Professionals who Work with Children

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, webinar can be downloaded after completing the webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact ce@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

Counselors: This intermediate activity consists of 6.25 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

New York Counselors: CE credit is available. PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Mental Health Counselors. #MHC-0033. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

Educators/Teachers: This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

New York Educators: PESI, Inc. is an approved sponsor of CTLE with the New York State Education Department's (NYSED) Office of Teaching Initiatives. Provider #23567. This activity will qualify for 6.25 Approved Continuing Teacher and Leader Education (CTLE) Hour(s), in the area of Pedagogy. Hours are based on full attendance. Board required certificates will be sent after the program.

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New York Marriage & Family Therapists: PESI, Inc. is recognized by the New York State Education Department's (NYSED) State Board for Mental Health Practitioners as an approved provider of continuing education for Licensed Marriage and Family Therapists. #MFT-0024. This activity will qualify for 7.5 contact hours. Full attendance is required; no partial credits will be offered for partial attendance.

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For all credit approvals and details, visit: www.pesikids.com/express/86504

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☐ **\$29.99 \$22.99** Trauma-Informed Social-Emotional Toolbox for Children & Adolescents** book

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

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All registrations must be prepaid.

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