### Outline

#### **Types of Grief & Their Implications** for Treatment

Disenfranchised grief Persistent Complex Bereavement Disorder Traumatic bereavement

Complicated Grief Common trajectories for grief Recognize complicated grief Risk factors for complicated grief Treatment interventions

Types of Loss & Their Impact on Grieving

Parental loss

Child loss

Widowhood

Non-death losses

#### **Assessment: Intake Considerations for Grieving Clients**

Current conceptualization models Recognize different expressions of grief Factors impacting the grief experience Assess for depression and suicide ideation Differentiate between depression, grief & PTSD Use of Adjustment Disorder diagnosis with grief

Determine how the client understands their grief

Persistent complex bereavement disorder DSM-5® changes to Major Depressive Disorder Take home assessment tools

#### **Cultural Considerations for Grief Treatment**

Cultural factors affecting expression of grief Impact on mourning practices Culture's impact on death anxiety & meaning of life Determine where the identity emphasis lies Cultural values regarding emotional expression and disclosure

The impact of society on grief

#### **Grief Treatment: Interventions & Strategies** to Improve Clinical Outcomes

Assist clients with expressing their pain Integrate a new inner image of the deceased Client self-assessment strategies for coping Foster client relaxation skills Let the client lead: Starting point, story & stopping point Cultivate acceptance Elicit emotional availability in clients Give clients "permission" to not share stories Focus on planning--not positivity Develop healthy grief rituals

#### Live Webinar Schedule - both days (Times listed in Eastern)

**8:00** Program begins

11:50-1:00 Lunch Break

**4:00** Program ends

here will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target guilt due to stopping grief rituals

Build a bridge between memories, current behaviors, & underlying values

Help clients accept the finality of the death Navigate the treatment of multiple losses

#### In-Session Activities: On-the-Spot Interventions to Facilitate Healing

The client "influence of loss" chart Use loving kindness meditation to build selfcompassion in clients "Who am I?" exercise Utilize client letters to self

#### Grief Across the Lifespan: Help Your Clients Heal at Any Developmental Stage

Developmental considerations & milestones related to loss reactions for:

- Children
- Adolescents
- Early adulthood
- Middle adulthood
- Later adulthood

#### Grief & the Family: Guide Families Through **Healthy Grieving**

Family systems theory: Family influences on individual grief

Variables that complicate family adaptation Strategies to guide family adaptation to loss Develop respect for different grieving styles The role of gender norms

"Family coat of arms" activity

#### **Professional Issues: Ethical Considerations for** Working with Grieving Clients, Their Families & the Terminally III

Ethical dilemmas that confront the terminally ill Ethical principles of end-of-life decisions The clinician's role in addressing psychological suffering & needs of the terminally ill Impact of cause of death on social isolation Identify the core values and principles of professional ethical behavior

Boundaries of professional competence

#### Learning Objectives can be viewed at pesi.com/webcast/86445



David Kessler on I How Death **Shapes Your** Clients' Grief

Get yours today at pesi.com/1343video

## **Group Training Solutions Made Easy!**

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000

CE hours available



www.pesi.com/inhouse

PESI, Inc. P.O. Box 1000 Eau Claire, WI 54702-1000



# **LIVE Interactive Webinar**

Thursday & Friday, January 6 & 7, 2022

**BONUS!** – Registration includes FREE on-demand access for 3 months.



**REGISTER NOW:** pesi.com/webcast/86445

# **Live Online Certification Training**

# DAY GRIEF TREATMENT **Certification Course**

**Evidence-Based Strategies for Helping Clients Make Meaning After Loss** 

# **BECOME CERTIFIED** IN GRIEF COUNSELING!

This seminar meets ALL requirements to become a Certified Grief Counseling Specialist through Evergreen Certifications!

Professional standards apply, visit evergreencertifications.com/CGCS for full certification

- Transformational interventions and strategies to help your clients heal from the impact of loss
- In-depth treatment methods that address grief with clients of all
- Strategies and tools to tailor interventions to each client's individual situation and grieving style

# LIVE Interactive Webinar Thursday & Friday, January 6 & 7, 2022

**BONUS!** – Registration includes FREE on-demand access for 3 months.



**REGISTER NOW:** pesi.com/webcast/86445

Earn your

A Non-Profit Organization Connecting Knowledge with Need Since 1979



**Evidence-Based Strategies** for Helping Clients Make Meaning After Loss

Your client's world has been shattered following the loss

of a loved one. Not only are they adjusting to these days and weeks without that person, but they are also struggling with changes to their sense of self. Who are they now as they navigate this new world? Your client is stuck in a place of paralyzing sorrow, and you're unsure of what else to do to help.

You can transform the way you treat grieving clients with the tools and strategies you'll learn in this 2-day Comprehensive Course!

Join Rev. Dr. Joy Samuels, LPC-MHSP, NCC, as she leads you through the process of working with bereaved individuals and aiding them with making meaning after loss. You'll learn evidence-based counseling strategies appropriate for the treatment of multiple types of losses, and you'll acquire the skills you need to tailor clinical interventions to the uniqueness of each client's grief experiences.

Attend this advanced course, and you'll learn how to guide your clients through making meaning after loss—drastically increasing their well-being and reducing symptoms of complicated grief. You'll walk away with the tools you need to help your clients live fulfilling lives after loss.

Best of all, upon completion of this live training, you'll be eligible to become a Certified Grief Counseling Specialist (CGCS) through Evergreen Certifications. Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of grief counseling. Professional standards apply. Visit evergreencertifications.com/CGCS for details.

Register today to revolutionize your work with grieving clients!

#### **Target Audience:**

Psychologists • Psychiatrists • Counselors • Addiction Counselors • Case Managers Social Workers • Pastoral Counselors • Chaplains/Clergy • Funeral Directors Marriage & Family Therapists • Mental Health Nurses • Nursing Home Administrators Thanatologists • Physicians • Other Mental Health Professionals



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesi.com/info or 800-726-3888 and we will make it right.

#### **PESI Offers Group Discounts!**

To save on groups of 5 or more, contact us at pesi.com/info!

Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact Ryan Bartholomew at rbartholomew@pesi.com or call 715-855-8225.

### **CERTIFICATION MADE SIMPLE!**



- No hidden fees PESI pays for your application fee (a \$99 value)\*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Grief Counseling Specialist through Evergreen Certifications is complete.\*

Attendees will receive documentation of CGCS designation from Evergreen Certifications 4 to 6 weeks following the program.

\*Professional standards apply. Visit www.evergreencertifications.com/cgcs for professional requirements.

# Meet Your Speaker

Joy R. Samuels, D.MIN., LPC-MHSP, NCC, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

Speaker Disclosure:

Financial: Joy Samuels is in private practice. She is an adjunct faculty at Lipscomb University. Dr. Samuels receives a speaking honorarium from PESI, Inc.

Non-financial: Joy Samuels is a Fellow in Thanatology.

#### **CE CREDITS AVAILABLE FOR LIVE WEBINAR**

This continuing education activity is designed to meet state board requirements for the following professionals: Psychologists, Counselors, Addiction **Counselors, Social Workers, Marriage & Family** Therapists, Nurses, Chaplains/Clergy, Physicians, **Thanatologists, Nursing Home Administrators** 

For specific credit approvals and details, visit pesi.com/webcast/86445

**National CE Credit Approvals For Live Webinar** 

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.5 contact hours.

PESI, Inc., #1062, is approved to offer social work continuing

education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program, Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Earn up to

12.5 CE

Hours for one

low price!

Self-study credit: To check availability for your profession, go to www.pesi.com or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with you

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.

For all credit approvals and details, visit: www.pesi.com/webcast/86445

# **SIGN UP-TODAY! Choose your Learning Experience!**

PESI offers multiple formats to fit your CE needs

Register Online at: pesi.com/webcast/86445

### **Live Interactive Webinar (Option 1)**

**January 6 & 7, 2022** PWZ86444

\$439.99 tuition

8am Eastern time

**Live Webinar Experience:** 

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- · Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar

**Get a Group Discount!** Contact us at pesi.com/info to save for groups of 5 or more

### On-Demand Digital Seminar (Option 2)

**\$439.99** POS054640

#### **Digital Seminar Experience:**

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- · Enjoy lifetime on-demand access
- Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability

### **DVD** (Option 3)

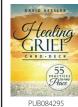
**\$439.99** RNV054640

**DVD Experience:** 

· Self-study CE certificate available

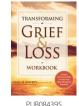
CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability and pricing

### **Recommended Reading:**



Healing Grief Card Deck 55 Practices to Find Peace David Kessler

\$1<del>6.9</del>9 \$12.99\*



**Transforming Grief & Loss** Workbook Activities, Exercises & Skills to Coach

Your Client Through Life Transitions Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

\$<del>29:9</del>9 \$22.99\*

\* Discount Included with purchase of the Webinar

#### **OTHER WAYS TO REGISTER**

Phone: 800-726-3888

800-554-9775 Fax: Mail: PESI, Inc.

PO Box 1000 Eau Claire, WI 54702-1000

\*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

#### **ADA NEEDS**

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

#### **QUESTIONS**

Visit pesi.com/faq or contact us at pesi.com/info

#### TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website

