

OUTLINE

Beyond Welcoming: Creating Space for Gender Expansiveness

Accurate, affirming language – how, when, and why it’s used
Transphobia – it’s impact on sense of self
Tangible ways to create a welcoming clinical space
How heteronormality has influenced “Gender Dysphoria”
Gender identity versus gender expression

Judgement Free Zone: Clinical Assessment and Screening

Five keys to assessing gender identity
Interview strategies and questions for children and parents
Limitations of DSM-5™ Gender Dysphoria Diagnosis
Transphobia - impact of external and internalized
Increase protective factors to decrease vulnerability
Discern for comorbidities eating disorders, self-harm, suicidality

Essential Strategies for Support Through Transitions

Prepare for transitions – creating support across domains
Unique trajectory of prepubescent clients
Manage social transition at home, school and in the community
Discuss hormone blockers - the importance of psychoeducation for parents
Cross-sex hormones and surgery – informed consent & letter writing
Support name changes and gender markers

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Developing Child-Specific Gender Support Plans for All Settings

Evidence-based techniques to alleviate gender dysphoria
Implement a child-specific gender support plan
Tools to reduce dysphoria and improve wellness
Step-by-step suicide assessment with youth
Holistic consultation with a diverse care team
Structing an effective group session

In-depth Collaboration with Parents: Do’s, Don’t, & Nuance

Build rapport with challenging parental qualities or viewpoints
Manage parental grief over child’s transitions
How and when to refer parents for mental health support
Address religious concerns and barriers
Identify harmful and helpful parent behaviors
Provide coaching and psychoeducation with ease

Ethical Considerations when Providing Clinical Services

How to reconcile parental disagreements related to child’s transition
Center the child’s voice in the process
Help parents create a “Safe Folder”
Expand and staying within scope of practice
Conversion Therapy – unsafe and unethical aspects
Critically challenging personal biases

Live Webinar Schedule
(Times listed in Pacific)
8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.


OBJECTIVES

1. Practice essential vocabulary and articulate language that is nonjudgmental and affirming while avoiding hurtful and/or outdated terminology and expressions.
2. Analyze and understand increased risk of mental health difficulties including suicidality, negative impact of transphobic comments, and adverse impact of gender dysphoria on daily functioning facing transgender children and adolescents at home, school, and in the community.
3. Support the need for protective factors such as supportive family, school environment and community and access to programs to connect with other trans youth to reduce feelings of isolation, access to gender affirming health care.
4. Appraise risk factors such as peer rejection, lack of access to gender affirming mental and medical care, being subjected to conversion therapy, rejecting family members, being misgendered, and “dead named” all adversely impact health, educational, and mental health outcomes for transgender young clients.
5. Employ safe individual and family counseling to address potentially hurtful, sensitive and/or nuanced behaviors by parents and other adult caregivers to increase support their children in the gender transition process.
6. Implement evidence-based strategies to work with parents and families, including helping parents build a Safe Folder to protect against accusations of child abuse with regard to gender transition and how to reconcile parental disagreements related to child’s transition.

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Transgender and Non-Binary Youth

Advanced Practice Gender-Affirming Interventions to Help Clients Live an Authentic Life

LIVE INTERACTIVE WEBINAR
Thursday, January 13, 2022
BONUS! – Registration includes FREE on-demand access for 3 months.

 **REGISTER NOW:** pesikids.com/express/86427

Join us online for this live training!

Transgender and Non-Binary Youth

Advanced Practice Gender-Affirming Interventions to Help Clients Live an Authentic Life

Susan Radzilowski, MSW, LMSW, ACSW
Gender-Affirming Therapist, Author and Speaker

Your ability to provide gender-affirming mental health care could be lifesaving!

- Accurately assess for comorbidities, including eating disorders, self-harm, and suicidality
- Implement essential strategies to support the transition process, including guidance for struggling parents
- Develop child-specific gender support plans for home, school, and community

REGISTER TODAY!

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Thursday, January 13, 2022
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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Transgender and Non-Binary Youth:

Advanced Practice Gender-Affirming Interventions to Help Clients Live an Authentic Life

Our transgender and non-binary youth are being hurt by **overt discrimination**, **microaggressions**, and **health disparities**. It's a heartbreaking reality—**society attacks them for just trying to be themselves**.

If you're not already seeing trans and non-binary young clients facing mental health issues, you will. Statistics show this is a growing population with increasing cases of **trauma, shame, fear, depression**, and **suicidal ideation**. Your ability to provide **gender-affirming mental health care could be lifesaving**.

It's critical that you're prepared. An LGBTQ-friendly practice is **not** the same as one that is **LGBTQ-informed. It's time to become an ally**.

This one-day training is your chance to de-pathologize treatment and reduce the vulnerabilities that can lead to significant negative outcomes for kids and teens. Susan Radzilowski, MSW, LMSW, ACSW, is a therapist, advocate, and ally whose decades of experience as a practicing clinician, along with her personal experience as a mother of a transgender child, make her uniquely qualified to teach you about working with trans and non-binary young clients.

From learning **safe language**, knowing the **fine-points of assessment**, gaining **knowledge about hormones, navigating transitions, managing stigma**, and beyond – Susan will cover all the bases so you not only understand these young people, but can truly **advocate for them!**

Register for this seminar and you'll learn:

- Tangible ways to create a welcoming clinical space
- Interview strategies and questions for youth and parents
- Essential strategies for support through transitions
- Child-specific gender support plans for all settings
- The most effective guidance and planning recommendations for parents
- How to reconcile parental disagreements related to youth's transition

It's time to strengthen your practice with a modern skill set for helping transgender and non-binary youth. **Don't miss your opportunity to transform the lives of young clients, register now!**

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • School Counselors • School Social Workers • School Psychologists • School Guidance Counselors • School Administrators • Educators • Speech-Language Pathologists • Occupational Therapists • Occupational Therapy Assistants • Case Managers • Marriage & Family Therapists • Addiction Counselors • Nurses • Other Mental Health and Helping Professionals Who Work with Children



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MEET YOUR SPEAKER

Susan Radzilowski, MSW, ACSW, LMSW, has practiced in mental health and educational environments for over 30 years and holds a certificate in gender identity and clinical concerns. She has a private practice in Michigan and is a part time faculty in the school of social work at The University of Michigan and at Wayne State University. Susan consults and trains on issues related to working with transgender youth for the Michigan Dept. of Health and Human Services, NASW, Michigan State University, Michigan Medicine, Wayne State University, The University of Michigan, local school districts, and PESI, Inc. She facilitates a free monthly pediatric gender consult group online for mental health providers.

Susan has published several articles on clinical and ethical issues of providing social work services to the transgender youth and is a contributing author to *One Teacher in Ten in The New Millennium* (Beacon Press). She was the founding Co-Chair of GLSEN SE Michigan Chapter (pronounced glisten; formerly the Gay, Lesbian & Straight Education Network); is a past member of the GLSEN National Advisory Committee; and has been a member of the NASW-Michigan Chapter Ethics Committee since 2010.

Susan is the parent of a transgender adult who came out in 2005, at age 15. Her experience as a parent of a trans youth inspired her to shift her professional focus to working with transgender youth and facilities and training professionals to improve access to competent, compassionate care.

Speaker Disclosure:

Financial: Susan Radzilowski has an employment relationship with Detroit Institute for Children. She is a faculty member at the University of Michigan; and Wayne State University. Ms. Radzilowski receives a speaking honorarium from PESI, Inc.

Non-financial: Susan Radzilowski is a member of NASW – Michigan chapter; National Association of Social Workers; Michigan Association for Infant Mental Health; and World Professional Association for Transgender Health. Speaker is the parent of an adult who identifies as transgender.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Educators, Marriage & Family Therapists, and Addiction Counselors**.

For specific credit approvals and details, visit pesikids.com/webcast/86427

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Recommended Reading:



PUB085455

LGBTQ+ Youth

A Guided Workbook to Support Sexual Orientation and Gender Identity

Lee-Anne Gray, PsyD.

~~\$29.99~~ **\$22.99***



PUB086925

Diversity in Clinical Practice

A Practical & Shame-Free Guide to Reducing Cultural Offenses & Repairing Cross-Cultural Relationships

Lambers Fisher, MS, LMFT, MDIV

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