

## Outline

### Ethical and moral principles regarding boundary setting

- Levels of ethical practice
- Ethical decision making

### The need for boundaries in a clinical/private practice setting

- What is needed in a sound informed consent
- Boundary crossing and the necessity of dual relationships
- What healthy boundaries look like
- Boundary tips

### Technology and boundary setting

- Keeping clients safe as you prepare for the use of telemental health
- Social media myths and boundary setting
- Marketing and boundary setting
- Challenges business owners face in setting solid business enhancing boundaries
- Client retention: When to refer and to whom

### Ethical financial dilemmas and boundary setting

- Addressing money: Relationship with money and money beliefs
- The importance of ethical fee setting
- Knowing your WHY and business planning

### How counselor impairment impacts the therapeutic relationship

- Boundary setting in self-care
- Critical stress factors clinicians face
- Self-confidence and using the word NO to set boundaries
- How burnout, vicarious trauma and compassion fatigue impacts the therapeutic relationship

### Explore positive outcomes in private-practice/clinical work

- Benefits of boundary setting to the clinician, client, community and the profession

## Objectives

1. Determine how the ACA Code of Ethics applies to boundary setting in private practice/clinical practice.
2. Analyze ethical dilemmas clinicians face surrounding boundary setting with respect to utilizing technology with clients in clinical practice.
3. Articulate the financial burdens clinicians experience that could cause ethical dilemmas in clinical practice.
4. Utilize ethical practices to ensure client safety, maintain confidentiality and obtain informed consent when utilizing telemental health services.
5. Determine how counselor impairment influences the therapeutic relationship and identify ethical strategies to minimize the potential impact on the client.
6. Formulate clear ethical guidelines to address the potential for a dual relationship with a client in a clinical setting.

#### Live Webinar Schedule (Times listed in Central)

**8:00** Program begins

**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.



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# Boundary Setting in Clinical Practice

## The Best Ethical Practices

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# Boundary Setting in Clinical Practice

## The Best Ethical Practices

- Resolve boundary conflicts and ethical dilemmas in business and with clients
- The importance of utilizing the word NO
- Social Media myths and boundary setting
- Learn and develop skills for boundary setting around self-care

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# Boundary Setting in Clinical Practice

Are you having trouble saying “No” to clients?

Do you struggle with establishing and maintaining healthy boundaries?

Do you avoid setting boundaries for fear of losing a client?

As clinicians we come face to face with “gray areas” on a daily basis and skate around potential issues that could put our businesses, clinical work or clients in jeopardy. We struggle with setting boundaries personally and professionally and it ultimately has a negative impact on the clients we serve.

Talisa Beasley, MA, LPC, will use activities, vignettes and practical business experience to discuss the boundary issues and dilemmas that exist (and are often overlooked and swept aside) that could impact your business, your bottom line and your clients. Develop the confidence needed to address complex boundaries issues in clinical practice.

## Target Audience:

Counselors • Psychologists • Psychiatrists • Social Workers • Psychotherapists  
Addiction Counselors • Therapists • Marriage & Family Therapists  
Case Managers • Other Mental Health Professionals • Nurses • Physicians



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## Meet Your Speaker

**Talisa Beasley, MA, LPC,** is a Licensed Professional Counselor, Certified Marriage and Family Therapist, and a Gottman certified facilitator. With over 25 years of experience working in the area of crisis management in public health as well as extensive training in the area of family violence intervention, substance abuse, and suicide prevention, Talisa specializes on helping clients overcome their struggle with depression and anxiety. Talisa is the owner of a busy private practice in the Atlanta area and teaches as an adjunct professor in the human services department at Shorter College. She also consults for nationwide businesses in the area of Leadership.

Talisa Beasley, LPC received a Masters of Arts Degree in professional counseling & certificate in marriage & family from Argosy University as well as receiving her Bachelors of Administration with a business management specialty from Mercer University. Talisa is a standing member of *Chi-Sigma Iota* and is a well sought after speaker on women's issues. Talisa has co-authored two books in this area.

Speaker Disclosure:

Financial: Talisa Beasley maintains a private practice. She receives a speaking honorarium from PESI, Inc.  
Non-financial: Talisa Beasley is a member of the National Board of Certified Counselors; and the American Counselors Association.

## CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Physicians, Psychologists, and Social Workers.**

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**\*includes up to 6.25 hours of general ethics instruction.**



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## Recommended Reading:



PUB085340

### Anti-Burnout Card Deck

54 Mindfulness and Compassion Practices To Refresh Your Clinical Work

Laura Warren, MD, Mitch R. Abblett, Ph.D., & Christopher Willard, Psy.D.

~~\$19.99~~ **\$14.99\***



PUB086565

### Telemental Health

The Essential Guide to Providing Successful Online Therapy

Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH

~~\$24.99~~ **\$19.99\***

*\* Discount Included with purchase of the Webinar*

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