

Outline

Critical Concepts for Treating Grieving Children & Adolescents

Grief vs. mourning: A distinction
Primary and secondary losses
Parental and sibling loss
Non-death losses experienced by kids
Traditional grief models & kids
Cognitive components of understanding grief in childhood
Grief concepts & loss responses by developmental age and stage (using case examples)
Distinctions between adult and youth responses to loss
Explaining sensitive topics like suicide or homicide death to kids
Magical thinking, guilt, and regret in childhood loss

Assessment of Grief & Loss in Children & Adolescents

How children and adolescents understand and cope with death
Six common questions following a death
“Things we want adults to know about our grief”
“De-code” the meanings of behaviors
Factors that influence mourning and healing in kids
Red flag behaviors
Ethical considerations for working with kids

Normal vs. Abnormal Responses to Loss in Children and Adolescents

Depression vs. bereavement: A DSM-5® distinction
Differentiating between normal, complicated, prolonged, and traumatic grief in children

Traumatic Grief in Children & Adolescents

Trauma exposure and traumatic loss
Assessing traumatic grief
Differentiating from normal bereavement
Post-traumatic stress disorder
Evidence-based interventions for treating traumatic grief

The Role of Attachment in Childhood Grief

The role of the pre-death relationship
Factors that influence continuing bonds
Assessment and expression of child and adolescent continuing bonds after death
Adaptive vs. maladaptive continuing bonds
Grief Care Intervention

Anticipatory Grief Counseling

Talking to kids about terminal illness and death: Do’s and Don’ts
Anticipatory grief interventions
Explaining cancer to kids
Explaining the dying process to kids
Strategies to prepare kids for funerals & memorial services
Strategies to prepare children to return to school after a death

Individual Interventions to Help Children Reconcile Losses & Discover Hope

Bibliotherapy and journaling
Therapeutic games and play
Expressive arts interventions
Poetry, writing, and music interventions
Memorialization Rituals- Holidays and Significant Dates

School-Based and Group Interventions

Factors for assessing and counseling kids and teens at schools
Strategies for building rapport
6-week support group session outline
Grief Camps
Family Camps
“Pamper Days”

Learning Objectives can be viewed at pesi.com/webcast/86268

Live Webinar Schedule - both days
(Times listed in Eastern)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Free Video



David Kessler on
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Clients’ Grief

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2-Day Certification Course on
Grief Counseling for
Children & Adolescents

Developmentally-Appropriate Assessment and
Treatment Strategies for Processing Grief

LIVE Interactive Webinar
Tuesday & Wednesday, December 7 & 8, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



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Live Online Certification Training

2-Day Certification Course on
Grief Counseling
for Children
& Adolescents

Developmentally-Appropriate Assessment and
Treatment Strategies for Processing Grief



BECOME CERTIFIED!

This live training covers all educational requirements and fees to become a **Certified Child & Adolescent Grief Counseling Specialist** (CGCS-CA) through Evergreen Certifications at no additional cost to you! (see details inside)

Live Interactive Webinar

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2-Day Certification Course on Grief Counseling for Children & Adolescents

Developmentally-Appropriate Assessment and Treatment Strategies for Processing Grief

Grief looks different in a child.

When a child loses someone, it's a lifelong loss. Not only have they lost someone important, they often become isolated in their pain, confusion, and self-blame. Safety and security have been replaced by trauma and anxiety.

Their understanding of death, and responses to the grief that follows, are largely influenced by their developmental level, making their treatment much different from that of an adult.

Many clinicians are unprepared...a child's unique grief leaving them struggling in session.

Attend this live webcast featuring grief expert, author, and speaker Erica H. Sirrine, Ph.D., LCSW, FT as she provides you with the **assessment and treatment strategies you need to help your most vulnerable clients.**

Join Dr. Sirrine and discover how you can:

- Better evaluate for developmentally appropriate grief symptomology
- Provide anticipatory grief support to children facing the death of a parent
- Talk to kids about death and tough topics like suicide
- Match strategies and interventions to developmental level for improved outcomes
- Use therapeutic games, arts and activities to promote healing when talking is too difficult

Best of all, upon completion of this live training, you'll be eligible to become a **Certified Child & Adolescent Grief Counseling Specialist (CGCS-CA) through Evergreen Certifications at no additional cost to you!**

Don't miss this opportunity to get the skills you need to make a difference for your young clients.

Sign up today!

CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$149 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Child & Adolescent Grief Counseling Specialist through Evergreen Certifications is complete.*

*Attendees will receive documentation of CGCS-CA designation from Evergreen Certifications 4 to 6 weeks following the program.
*Professional standards apply. Visit www.evergreencertifications.com/cgcsca for professional requirements.



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Meet Your Speaker

Erica H. Sirrine, Ph.D., LCSW, FT., is a licensed clinical social worker with over 20 years of experience in the field of death, dying, and bereavement. She earned a Ph.D. in social work and has been awarded the distinction of Fellow in Thanatology by the Association for Death Education and Counseling. Dr. Sirrine has conducted and published research on grief and bereavement, including a recent study on college student experiences of loss amid the COVID-19 pandemic. She maintains a blog on grief and is the author of *Sammy's Story*, an anticipatory grief counseling book for young children experiencing the serious illness of a parent.

Dr. Sirrine has extensive expertise providing individual and group therapy to children, adolescents, adults, and families experiencing illness and loss. She has implemented numerous interventions and programs aimed at improving the emotional health of clients and serves as the director of social work at St. Jude Children's Research Hospital. Dr. Sirrine frequently presents seminars on bereavement and loss throughout the United States and is known for her interactive and engaging workshops. A former university dean and professor, she has been distinguished as "Professor of the Year" and the National Association of Social Workers Heartland, Florida Unit's "Social Worker of the Year."

Speaker Disclosure:

Financial: Erica Sirrine is dean and professor at Southeastern University. She receives a speaking honorarium from PESI, Inc.

Non-financial: Erica Sirrine is a member of the Association for Death Education and Counseling; the Council on Social Work Education; the National Alliance for Grieving Children; and the National Association of Social Workers.

Target Audience:

Counselors • Social Workers • Psychologists • Case Managers • Marriage & Family Therapists
Teachers • Nurses • Chaplains/Clergy • Thanatologists • Bereavement Counselors
Physicians • Hospice Professionals • Other Mental Health Professionals

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Psychologists, Physicians, Marriage & Family Therapists, Nurses, Chaplains/Clergy, Thanatologists, and Educators.**

For specific credit approvals and details, visit pesi.com/webcast/86268

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webinar and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



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PESI, Inc., #1062, is approved to offer social work continuing education by the Association

of Social Work Boards (ASWB) Approved Continuing Education (ACE) program.

Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This program is Approved by the National Association of Social Workers (Approval # 886759332-7949) for 12.5 Social Work continuing education contact hours.

Self-study credit: To check availability for your profession, go to www.pesi.com or call 800-726-3888 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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December 7 & 8, 2021 [PWZ86267]

\$439.99 tuition

8am Eastern time

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- Ask the presenter your questions
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*Live CE is only available when viewed live

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Digital Seminar Experience:

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 - Access to the program materials
 - Enjoy lifetime on-demand access
 - Earn a self-study CE certificate
- CE hours and approvals may vary from live event. Visit www.pesi.com or call 800-726-3888 to check for availability.

DVD (*Option 3*)

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DVD Experience:

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Recommended Reading:



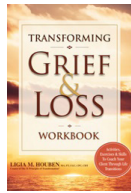
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Healing Grief Card Deck

55 Practices to Find Peace

By David Kessler

~~\$16.99~~ **\$12.99***



PUB084395

Transforming Grief & Loss Workbook

Activities, Exercises & Skills to Coach Your Client Through Life Transitions

By Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

~~\$29.99~~ **\$22.99***

* Discount Included with purchase of the Webinar

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Fax: 800-554-9775

Mail: PESI, Inc.
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*If mailing/faxing registration, find form at www.pesi.com/form or call 800-726-3888

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