Outline

Types of Grief & Their Implications for Treatment

Disenfranchised grief Persistent Complex Bereavement Disorder Traumatic bereavement Complicated Grief

Common trajectories for grief Recognize complicated grief Risk factors for complicated grief Treatment interventions

Types of Loss & Their Impact on Grieving

Parental loss

Child loss

Widowhood

Non-death losses

Assessment: Intake Considerations for Grieving Clients

Current conceptualization models Recognize different expressions of grief Factors impacting the grief experience Assess for depression and suicide ideation Differentiate between depression, grief & PTSD Use of Adjustment Disorder diagnosis with grief

Determine how the client understands their grief

Persistent complex bereavement disorder DSM-5® changes to Major Depressive Disorder Take home assessment tools

Cultural Considerations for Grief Treatment

Cultural factors affecting expression of grief Impact on mourning practices Culture's impact on death anxiety & meaning of life Determine where the identity emphasis lies Cultural values regarding emotional expression and disclosure

The impact of society on grief

Grief Treatment: Interventions & Strategies to Improve Clinical Outcomes

Assist clients with expressing their pain Integrate a new inner image of the deceased Client self-assessment strategies for coping Foster client relaxation skills Let the client lead: Starting point, story & stopping point Cultivate acceptance Elicit emotional availability in clients Give clients "permission" to not share stories Focus on planning--not positivity Develop healthy grief rituals

Live Webinar Schedule - both days (Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

here will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Target guilt due to stopping grief rituals

Build a bridge between memories, current behaviors, & underlying values

Help clients accept the finality of the death Navigate the treatment of multiple losses

In-Session Activities: On-the-Spot Interventions to Facilitate Healing

The client "influence of loss" chart Use loving kindness meditation to build selfcompassion in clients "Who am I?" exercise Utilize client letters to self

Grief Across the Lifespan: Help Your Clients Heal at Any Developmental Stage

Developmental considerations & milestones related to loss reactions for:

- Children
- Adolescents
- Early adulthood
- · Middle adulthood
- Later adulthood

Grief & the Family: Guide Families Through **Healthy Grieving**

Family systems theory: Family influences on individual grief

Variables that complicate family adaptation Strategies to guide family adaptation to loss Develop respect for different grieving styles The role of gender norms

"Family coat of arms" activity

Professional Issues: Ethical Considerations for Working with Grieving Clients, Their Families & the Terminally III

Ethical dilemmas that confront the terminally ill Ethical principles of end-of-life decisions The clinician's role in addressing psychological suffering & needs of the terminally ill Impact of cause of death on social isolation Identify the core values and principles of professional ethical behavior

Boundaries of professional competence

Learning Objectives can be viewed at pesi.com/webcast/86258

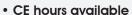


David Kessler on I How Death **Shapes Your** Clients' Grief

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- Transformational interventions and strategies to help your clients heal from the impact of loss
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- Strategies and tools to tailor interventions to each client's individual situation and grieving style

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Evidence-Based Strategies for Helping Clients Make Meaning After Loss

Your client's world has been shattered following the loss

of a loved one. Not only are they adjusting to these days and weeks without that person, but they are also struggling with changes to their sense of self. Who are they now as they navigate this new world? Your client is stuck in a place of paralyzing sorrow, and you're unsure of what else to do to help.

You can transform the way you treat grieving clients with the tools and strategies you'll learn in this 2-day Comprehensive Course!

Join Rev. Dr. Joy Samuels, LPC-MHSP, NCC, as she leads you through the process of working with bereaved individuals and aiding them with making meaning after loss. You'll learn evidence-based counseling strategies appropriate for the treatment of multiple types of losses, and you'll acquire the skills you need to tailor clinical interventions to the uniqueness of each client's grief experiences.

Attend this advanced course, and you'll learn how to guide your clients through making meaning after loss—drastically increasing their well-being and reducing symptoms of complicated grief. You'll walk away with the tools you need to help your clients live fulfilling lives after loss.

Best of all, upon completion of this live training, you'll be eligible to become a Certified Grief Counseling Specialist (CGCS) through Evergreen Certifications. Certification lets colleagues. employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of grief counseling. Professional standards apply. Visit evergreencertifications.com/CGCS for details.

Register today to revolutionize your work with grieving clients!

Target Audience:

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- No hidden fees PESI pays for your application fee (a \$99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Grief Counseling Specialist through Evergreen Certifications is complete.*

Attendees will receive documentation of CGCS designation from Evergreen Certifications 4 to 6 weeks following the program.

*Professional standards apply. Visit www.evergreencertifications.com/grief for professional requirements.

Meet Your Speaker

Joy R. Samuels, D.MIN., LPC-MHSP, NCC, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

Speaker Disclosure:

Financial: Joy Samuels is in private practice. She is an adjunct faculty at Lipscomb University. Dr. Samuels receives a speaking honorarium from PESI, Inc.

Non-financial: Joy Samuels is a Fellow in Thanatology.

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*includes up to 1.0 hours of general ethics instruction.



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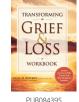
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Recommended Reading:



Healing Grief Card Deck 55 Practices to Find Peace David Kessler

\$16.99 \$12.99*



Transforming Grief & Loss Workbook Activities, Exercises & Skills to Coach

Your Client Through Life Transitions Ligia M. Houben, MA, FT, FAAGC, CPC, CHT

\$29:99 \$22.99*

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