

Outline

DSM-5® and ICD-10 Updates

Social-Pragmatic Communication Disorder
Impact on service delivery (school/community)
Successfully link home, school and therapy
IEP/504/Do they qualify for school services?
Co-morbid disorders: Why the difference is important

Social Skills Interventions

Improve social skill deficits
“Kid Cop” behaviors and why other kids get angry
How to get peers to recognize them in positive ways
Group activities
Early intervention strategies that can deliver long-term success

Communication Interventions

Conflict resolutions that are effective in multiple settings
Help peers and family members relate
Verbal interventions that overload processing
Pragmatic language and other abstract issues

Sensory Interventions

Self-stimulation (appropriate & inappropriate)
Sensory strategies to avoid
Coping/calming techniques that reduce meltdowns
Sensory diet

Anxiety Interventions

Anxiety-reducing activities
How anxiety impacts rigidity
Help them “self-regulate”
Successful transitions

Depression Interventions

Impact on flexibility and change
Therapy that works for people with HFA
Emergence in adolescence
Solitude vs. loneliness

ADHD Interventions

ADHD vs. hyper-focus
Commonly prescribed medications and possible benefits and side effects
Specific triggers and what fuels the rage
Reduce aggressive and disruptive behaviors
Mistakes that escalate defiant behaviors
Overcome refusals to comply with even simple requests

Obsessive-Compulsive Disorder (OCD) Interventions

What to do when they become stuck on high interest areas
Specific medication interventions
Impact on socialization and behaviors

Interventions for Specific Difficult Behaviors

Reduce Internet and electronic addictions
Changes in technology, school systems and mental health delivery
Cognitive-Behavior Therapy (CBT) for mood and anxiety

Psychopharmacological Interventions

Differentiate among common medications
Medications that mimic difficult behaviors
Side effects and off label use

Case Studies, Demonstrations & Activities

Case studies that demonstrate specific interventions for aggressive and non-compliant behaviors
iPad® apps for social success, behavioral changes and speech and language
Staff training techniques to experience what an individual on the spectrum might

Research, Risks and Limitations

Live Webinar Schedule

(Times listed in Central)

8:00 Program begins

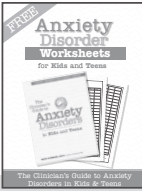
11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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Join us online for this live training!

High-Functioning AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

Presented by: **Cara Marker Daily, PhD, BCBA**

Intervention strategies for co-occurring deficits related to:

Social skills	Communication
Sensory	Anxiety/Rigidity
Depression	Meltdowns
ADHD	OCD
Psychotropic medications	Non-compliance

High-Functioning AUTISM

Proven & Practical Interventions for
Challenging Behaviors in Children,
Adolescents & Young Adults

LIVE Interactive Webinar
Friday, December 3, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.

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Friday, December 3, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.

Objectives

1. Employ interventions to teach children/adolescents diagnosed with High-Functioning Autism (HFA) the skills to independently manage their own regulation, anxiety and fears.
2. Design effective strategies to approach transitions and routine life challenges for children/adolescents diagnosed with HFA.
3. Utilize specific interventions to improve long-term social-emotional success for children/adolescents diagnosed with HFA.
4. Appraise specific sensory-based calming techniques to reduce anxiety for children/adolescents diagnosed with HFA.
5. Assess the potential side effects of psychotropic medication that can mimic or cause behavioral issues related to HFA.
6. Design specific behavioral interventions to reduce frequency, intensity and duration of difficult behaviors in children/adolescents with HFA.



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HIGH-FUNCTIONING AUTISM

Proven & Practical Interventions for Challenging Behaviors in Children, Adolescents & Young Adults


This intensive, full-day seminar provides proven intervention strategies, essential treatment tools, and behavioral techniques to help you analyze behaviors and actions, identify consequences for behaviors, and teach new skills to children, adolescents and young adults with high-functioning autism (HFA). Walk away with practical intervention techniques for social success, behavior changes and overcoming challenging co-occurring behaviors that deliver success through adulthood. The challenging co-occurring issues to be addressed are:

- **Social skills**
 - **Sensory**
 - **Depression**
 - **ADHD**
 - **Psychotropic medications**
- **Communication**
 - **Anxiety/Rigidity**
 - **Meltdowns**
 - **OCD**
 - **Non-compliance**

Gain valuable insight into common psychotropic medications, including both the helpful effects and potentially problematic side effects, that these individuals are prescribed. We will explore HFA and the new DSM-5® diagnosis of Social-Pragmatic Communication Disorder. You will receive the necessary tools to gain effective collaboration between clinicians, educators and parents. Through case studies, video clips and class participation you will leave this seminar with the confidence to identify actions that cause impediments in change, utilize more successful consequences for behaviors, and teach new skills to children, adolescents, and young adults with HFA. Don't just manage these individuals; provide interventions that can lead to successful independence into their adult years!

Target Audience:

Speech-Language Pathologists • Speech-Language Pathology Assistants
School Administrators • Special Education Teachers • Physicians
General Education Teachers • School-based Personnel • Social Workers
Counselors • Occupational Therapists • Occupational Therapy Assistants
Behavioral Intervention Specialists • Psychologists
Marriage & Family Therapists • Educational Paraprofessionals • Nurses
Youth Leaders • Probation Officers • Other helping professionals who work with children/adolescents/young adults



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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Cyndi Cathey** at ccathey@pesi.com or call **715-855-5253**.

Meet Your Speaker

Cara Marker Daily, PhD, BCBA, is a licensed psychologist and a Board Certified Behavior Analyst with over 20 years of experience providing assessment and treatment for children, adolescents and young adults with autism in the home, school, hospital and community settings. She works directly with educators, speech/language pathologists, occupational therapists, BCBAs and other professionals. Dr. Daily is the president and training director of Daily Behavioral Health, a leading behavioral health provider in northeast Ohio specializing in assessment, consultation, and treatment of autism, anxiety and disruptive behavior disorders. She is the founder and executive director of the Building Behaviors Autism Center, which has received numerous grants to provide free and reduced cost applied behavioral analysis services to individuals with autism.

Dr. Daily has written several cognitive-behavioral and behavioral-based curriculums focusing on teaching daily living skills to children with autism and published a peer-reviewed journal article supporting evidence for success of these programs. She has presented nationally on topics of autism, disruptive behaviors disorders, anxiety and chronic health conditions in the pediatric population. Dr. Daily has been featured in radio, television, and other media platforms in northeast Ohio. She is the author of *The Key to Autism: An Evidence-Based Workbook for Assessing and Treating Children and Adolescents* (April 2016, Publishing & Media).

Dr. Daily received her Ph.D. in School Psychology at the University of South Carolina, and completed an internship in Pediatric Psychology at the Children's Hospital of Philadelphia and a postdoctoral fellowship in Pediatric Psychology at The Children's Hospital at The Cleveland Clinic. Dr. Daily is a member of the Department of Pediatrics at Fairview Hospital at the Cleveland Clinic, the American Psychological Association, the Ohio Psychological Association, and the Christian Association of Psychological Studies.

Speaker Disclosure:

Financial: Cara Marker Daily is the president/training director for Daily Behavioral Health, Inc. She is the founder/executive director of the Building Behaviors Autism Center. She is an author for PESI Publishing & Media and receives royalties. Dr. Daily receives a speaking honorarium from PESI, Inc.


Non-financial: Cara Marker Daily is a community advisory board member of the Fairview Hospital. She is a board member for Building Behaviors Autism Center. She is a member of the American Psychological Association; and the Ohio Psychological Association.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals:
Speech-Language Pathologists, Physicians, Social Workers, Counselors, Occupational Therapists, Psychologists, Marriage & Family Therapists, and Nurses.

For specific credit approvals and details, visit pesikids.com/webcast/86207

National CE Credit Approvals For Live Webinar
Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.





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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.


This course is offered for 6 ASHA CEUs (Intermediate level, Professional area).

*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

 PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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 PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

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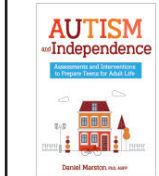
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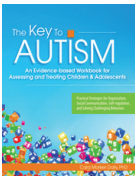
- Self-study CE certificate available

CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-726-3888 to check for availability and pricing

Recommended Reading:



Autism and Independence
Assessments and Interventions to Prepare Teens for Adult Life
Daniel C. Marston, Ph.D., ABPP
~~\$26.99~~ **\$19.99***
PUB085945



The Key to Autism
An Evidence-based Workbook for Assessing and Treating Children & Adolescents
Cara Marker Daily, PhD
~~\$24.99~~ **\$19.99***
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*** Discount Included with purchase of the Webinar**

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