

## Outline

### SETTING THE STAGE FOR BEST PRACTICES

- Having a Code of Ethics to Follow
- Boundary Contexts and Why They Matter
- Setting up a Peer Group to Seek Counsel for Ethical Dilemmas
- The "Always Do No Harm to Your Clients" Rule

### TOP BOUNDARY CHALLENGES AND ETHICAL TRAPS

- Self-Disclosure – A Slippery Slope
- Giving & Receiving Gifts
- Physical Contact & Proximity in Session
- Language Usage in Session
- Contact Outside of Sessions
- Minors & Parents
- Handling Clients Who Lack Boundary Skills

### TECHNOLOGY AND BOUNDARIES

- Social Media – How to Avoid Ethical Issues
- Email, Texting & Phone Call Boundary Challenges
- Telehealth and the Impact on Boundaries

### PRIVATE PRACTICE ETHICAL IMPLICATIONS & GRAY AREAS

- Impact of Isolation on Boundaries
- Why Private Practice Heightens All Boundary Concerns
- Policies & Procedures that Can Reduce Ethical Boundary Issues

### DUAL RELATIONSHIPS (FRIENDS, FAMILY, STUDENTS, EMPLOYEES, BUSINESS, ACQUAINTANCE)

- Developing a Strategy for Dual Relationships
- Evaluate Your Ability to Handle the Dual Relationship at Hand
- Creating a Proper Treatment Plan that Assists with Boundary Concerns
- Top Mistakes Clinicians Make Regarding Dual Relationships

### FINANCIAL & BUSINESS – NAVIGATING BOUNDARY ISSUES

- Self-Referral Policies & Procedures
- Collection Process for Nonpayment of Fees
- Fee Establishing & Transparency Guidelines
- Sliding Scales & Bartering
- Confidentiality & Privacy Concerns

## Objectives

- Determine how the ACA Code of Ethics applies to boundary setting in private practice/clinical practice.
- Analyze ethical dilemmas clinicians face surrounding boundary setting with respect to utilizing technology with clients in clinical practice.
- Employ best practices for avoiding boundary issues related to self-referral policies and procedures.
- Utilize ethical practices to ensure client safety, maintain confidentiality and obtain informed consent when utilizing telemental health services.
- Assess the ethical challenges that technology poses in a clinical setting.
- Formulate clear ethical guidelines to address the potential for a dual relationship with a client in a clinical setting.

#### Live Webinar Schedule (Times listed in Mountain)

**8:00** Program begins

**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.



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# Boundaries in Clinical Practice

## Top Ethical Challenges



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# Boundaries in Clinical Practice

## Top Ethical Challenges

### Answers to the Biggest Boundary Challenges Clinicians Face

- Top Social Media & Technology Boundary Mistakes to Avoid
- When is a Dual Relationship OK? Is a Dual Relationship Ever OK?
- In-Session & Out-of-Session Do's and Don'ts
- Private Practice Boundary Setting Concerns
- Specific Tips and Strategies for Clinicians Regarding Fees and Referrals



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# Boundaries in Clinical Practice

## --- Top Ethical Challenges ---

Boundary issues present some of the largest challenges you'll face as a clinician. How you communicate and interact can be interpreted differently by each client. Your professional liability is at risk by not following clear guidelines and best practices when it comes to boundaries.

This seminar will provide you with answers to the top challenges you face. You'll get guidance on the following ethical boundary pitfalls:

- Social Media
- Email & Text
- Self-Disclosure
- Gifts & Receiving Gifts
- Contact Outside of Session
- Dual Relationships
- Financial & Business Boundaries

Sign up today and avoid ethical entanglements that risk your professional liability!

### Target Audience:

Counselors • Psychologists • Social Workers • Psychotherapists  
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Case Managers • Nurses • Physicians • Other Mental Health Professionals



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# Meet Your Speaker

**Latasha Matthews, MA, LPC, CPCS, CPLC**, specializes in private practice development and counselor development. She is the author of *The Dumping Ground: A Guide to Gaining Powerful Skills to Set Life-Changing Boundaries*. In addition, Ms. Matthews is an adjunct professor at Shorter University, Atlanta and the owner of Illumination Counseling and Coaching, LLC. She is the co-founder of Pieces that Fit, Inc., a 501(3)(c) organization that provides support for cultural diversity, mental health, academic success and life skills.

With over 20 years of experience in the human services field, Ms. Matthews has a wealth of knowledge, experience and passion that she loves to share with the world. She develops and conducts several workshops and educates counselors across the nation. She provides consultation, mentorship and internships to clinicians as often as she can. She serves as a committee member on the board for certified professional counselor supervisors from the State of Georgia.

Ms. Matthews earned her Bachelor of Science degree from the University of Akron, in Human Resources and her MA in Professional Counseling and Certificate in Marriage and Family Therapy from Argosy University. Her professional memberships include the American Counseling Association, Association for Counselor Education and Supervision, Southern Association for Counselor Education and Supervision, Licensed Professional Counselors Association of Georgia, *Chi Sigma Iota*.

#### Speaker Disclosures:

Financial: Latasha Matthews is in private practice. She receives a speaking honorarium from PESI, Inc.  
Non-financial: Latasha Matthews is a member of the American Counseling Association; and Licensed Professional Counselors Association of Georgia.

### CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Psychologists, Social Workers, Addiction Counselors, Marriage & Family Therapists, Nurses, and Physicians.**

For specific credit approvals and details, visit [www.pesi.com/webcast/86197](http://www.pesi.com/webcast/86197)

#### National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

**\*includes up to 6.25 hours of general ethics instruction.**



This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.



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### DVD (Option 3)

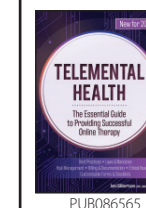
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### Recommended Reading:



**Telemetal Health**  
*The Essential Guide to Providing Successful Online Therapy*  
Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH  
~~\$24.99~~ **\$19.99\***



**The DBT Deck for Clients and Therapists**  
*101 Mindful Practices to Manage Distress, Regulate Emotions & Build Better Relationships & Parents*  
Lane Pederson, PSY.D, LP  
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