Outline

Executive Skills

Underlying theory

Executive skills in the context of brain function and child development

Assessment of Executive Skills

Parent/teacher/student interviews Behavior rating scales

Observations

Informal assessment

Formal assessment

Intervention Strategies

Environmental modifications to reduce the impact of weak executive skills

Teaching strategies to help children develop/improve executive functioning

Using incentives to help practice or use skills that are difficult

Keys to Effective Intervention Design

Match the child's developmental

Use the child's innate drive for mastery and control

Begin with environmental modifications

Effortful tasks and ways to make them less difficult

Use incentives to augment instruction

Provide the minimum support necessary

Apply supports and interventions until the child achieves mastery or success

Gradually fade supports, supervision and incentives

Coaching: An Effective Strategy for Building Executive Skills

Description of 2-stage process Coaching with younger children Clinical case examples

Research studies supporting the efficacy of coaching

Limitations of the Research and Potential Risks

Limited empirical evidence for the approach

Approach integrates evidence-based practices such as ABA and RTI

No "one size fits all" for any treatment modality

Live Seminar & Webinar Schedule

8:00 Program begins

4:00 Program ends

A more detailed schedule is available upon request.

(Time listed in Eastern)

7:30 Registration/Morning Coffee & Tea

11:50-1:00 Lunch (*on your own*)

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker.

Objectives

- 1 Assess the relationship between the executive skills and brain development/ function in relation to assessment and treatment planning.
- 2 Propose strategies to accommodate and strengthen weak planning and organizational skill, to improve client level of functioning.
- 3 Appraise assessment tools used to identify deficits in executive functioning to better inform your choice of treatment interventions.
- 4 Determine how executive skills impact performance and activities of daily living at home and school for the purpose of client psychoeducation.
- 5 Utilize environmental modification strategies to support deficits in executive skills thus improving treatment outcomes.
- 6 Implement strategies that transition children from being externally prompted to internally regulated.

The Parts of a Task Game

Video and Worksheet

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Bowie, MD Monday, December 13, 2021 Fairfax. VA

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EXECUTIVE DYSFUNCTION AT HOME AND AT SCHOOL

Effective Strategies to Boost Any Child's Ability to...

- Get organized
- Resist impulses
- Stay focused
- Use time wisely
- Plan ahead
- Manage emotions
- Persist with tasks
- Improve memory

Featuring Peg Dawson, Ed.D., NCSP

- A leading expert in executive dysfunction assessment and intervention strategies
- Co-author of the best-selling books, Executive Skills in Children and Adolescents 3rd Ed., Smart but Scattered and Smart but Scattered Teens



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hildren who have deficient executive skills often have trouble getting started on tasks, get distracted easily, lose papers or assignments and forget to hand in homework. They make careless mistakes, put off work until the last minute and have no sense of time urgency. Workspaces are disorganized and teachers often refer to their backpacks or lockers as "black holes." Often considered chronic underachievers, these

children are at risk for academic failure as well as emotional and behavioral difficulties.

Dr. Dawson, co-author of the best-selling books Executive Skills in Children and Adolescents, 2nd Ed. (Guilford, 2010), Smart but Scattered (Guilford, 2009) and Smart but Scattered Teens (Guilford, 2013), uses case examples along with interactive discussion to demonstrate how the executive skills manifest in daily home and school activities. Learn how to assess these skills and take home evidence-based strategies to help children and adolescents overcome executive skills

Dr. Dawson developed a widely used assessment and intervention strategies for executive skill deficits in children and adolescents.

EXECUTIVE DYSFUNCTION

AT HOME AND AT SCHOOL

Leave this seminar with a set of tools that includes strategies for task/environmental modifications, skill development through cognitive/behavioral techniques and creation of incentive systems. You will be able to give teachers and parents a means for developing and improving the following:

- Organization
- Time management
- Impulse control
- Goal-directed persistence
- · Executive skills critical for independent functioning

Recommended Reading:



ADHD, Executive Function & Behavioral Challenges in the Classroom

Cindy Goldrich, M.ED., ACAC & Carly Goldrich, BS, ED

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Meet Your Speaker

Peg Dawson, Ed.D., NCSP, is a school psychologist and for over 20 years has worked at the Center for Learning and Attention Disorders in Portsmouth, New Hampshire, where she specializes in the assessment of children and adults with learning and attention disorders. She is co-author of the best-selling books on executive dysfunction, Executive Skills in Children and Adolescents: 2nd Edition (Guilford, 2010), Smart but Scattered (Guilford, 2009) and Smart but Scattered Teens (Guilford, 2013).

Peg is a past editor of Communiqué, the newsletter of the National Association of School Psychologists, and has published numerous articles and book chapters on a variety of topics, including retention, ability grouping, reading disorders, attention disorders, the sleep problems of adolescents, the use of interviews in the assessment process and homework.

Peg has many years of organizational experience at the state, national and international levels and served in many capacities, including president of the New Hampshire Association of School Psychologists, the National Association of School Psychologists (NASP) and the International School Psychology Association. She has also participated in many of NASP's leadership initiatives, including the Futures Conference and the development of both the second and third Blueprint for the Training and Practice of School Psychology. She is the 2006 recipient of NASP's Lifetime Achievement Award. Peg received her doctorate in school/child clinical psychology from the University of Virginia.

Financial: Margaret (Peg) Dawson is an author for Guilford Press and receives royalties. She is an author for Amacon publishers and receives royalties. She receives a speaking honorarium from PESI, Inc Non-financial: Margaret (Peg) Dawson has no relevant non-financial relationship to disclose.

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Therapists • Marriage and Family Therapists Speech-Language Pathologists • Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators Educational Paraprofessionals • Occupational Therapists • Occupational Therapy Assistants Other Helping Professionals Who Work with Children

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, nre-registered attendees will receive an email Count in such a construction of an intercention of an intervention in the state of late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be ssued within 30 days (if your hoard allows). Please see "live seminar schedule" for full attendance start and end times. The CF certificate for th asser within 30 days in you broul aways, research we seemind sureout in it in attentiones and an earl within 15. The cell entated with like weblinar can be downloaded after completing the weblinar and passing the earlings post seem belongs (2016) seems, source). NIDTE Boards do not allow credit for breaks or lands. Il your profession is not listed, please contact your licensing board to determine your continuing education requirements and breaks for reciprocal approach. For after recell inquiries not specified below, or questions on home study credit omitability, please contact expeciligation or 800-726-3880 before the event. Materials that are included in this cours may include interventions and modalities. that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of ractice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your prof separations for planning committee unit in recommendation in committee and account in account in advantage and a products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI (kds, and Psychotherapy Networker.

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Educators/Teachers: This activity qualifies for 380 minutes of instructional content as required by many national and state licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

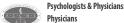
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hours or .6 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.



Physicians

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Speech-Language Pathologists: This course is offered for .6 ASHA CEUs (Intermediate level,

** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the

Social Workers: PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program, Organizations, not individual courses

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