

# Outline

## Grounding Self Reflection Exercise

### The Therapist and Parent Relationship: Building Alliance

- Parent coaching and support
- Intro to Nurtured Heart Approach®  
How to implement with treatment team  
Greatness interventions to use with clients and families

### Intake for Telehealth – Family and Child Assessment

- Explaining Telehealth to parents
- Pros and cons of tele-play therapy
- Four-part Intake process
- Demonstration and experiential of family intake session
- Family play assessments: Group activity

### Play Therapy for Healthy Attachments, Attunement and Regulation

- Neuroscience of attachment
- Attachment-based family interventions
- Play-based interventions to help children regulate mind and bodies

## Helping Kids Creatively Navigate Current Events

- Bibliotherapy: Suggested books to use therapeutically
- Story-telling, music, and videos as a tool to teach current events
- Helping parents and therapists when children ask hard questions

### Creative Tele-Play Therapy Interventions -Therapeutic powers of play

- Sensory play
- Mindfulness play therapy
- Theraplay
- Nature-based play therapy
- CBT play therapy
- Greatness activities
- A toolbox full of resources for play-based virtual activities

### Final Activity

- Self-care mindmap

### Benefits/Challenges/Scope of Practice

# Objectives

1. Compose ways to explain telehealth to parents and how to prepare for play therapy sessions.
2. Determine how the therapeutic powers of play attribute to effectiveness of play therapy interventions.
3. Design ways play therapy techniques, such as hide and seek, can be used to form healthy attachments with the family in a tele-play therapy setting.
4. Develop the skills needed to teach parents and caregivers how to play with their child and how to make it a part of their daily play therapy routine.
5. Demonstrate the three stands of the Nurtured Heart Approach® and the power of resetting for clinicians and clients.
6. Apply bibliotherapy and storytelling to offer a safe psychological distance from problems and to how it can be used as a teaching tool to explain current events.

Join other hard-working professionals who are already putting this knowledge into practice:

*“Loved Tammi’s energy and passion.”*

*“Thank you Tammi. Your approachable and humble demeanor, as well as your experience, made me feel so fortunate to take part in your class.”*

*“Great course. A lot of cool new play therapy techniques.”*

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# Tele-Play Therapy

Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience



King of Prussia, PA  
Friday, December 10, 2021

Live Interactive Webinar  
Friday, December 10, 2021



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We Are Back! Join In Person or Online!

# Tele-Play Therapy

Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Featuring  
Tammi Van Hollander, LCSW, RPT-S

- See how play therapy translates on the screen
- A toolbox full of resources for play-based virtual activities
- Playfully reset and deepen attachments to decrease power struggles
- Help kids creatively navigate current events



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Tele-Play Therapy: Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Tele-health with kids...impossible? Actually, the kids I’ve been providing telehealth for have been the most engaged, creative, and enthusiastic clients that I work with... Kids delight in the excitement of play, and not even a screen can stop their vivid imaginations!


The screen acts as a safe container to connect with children and families in a way that “zooms” into their lives and homes, to deepen our understanding of their world and creates a platform to elevate and sustain engagement. I’ll show you how through the screen, you can help kids form healthy attachments, attunement and regulation.

Join me, Tammi Van Hollander, LCSW, RPT-S, to see how seamlessly play therapy translates on the screen, in a webinar filled with developmentally appropriate, fun, play-based interventions to rewire the brain and create a sense of trust and safety in the child’s world. Through tele-play therapy, children learn how to interact with the world around them, communicate with others, problem solve, discover emotions and empathy, ignite their imagination and much, much more! It has opened us to a new virtual platform where our therapeutic play space can continue to live on.

This program will offer a fresh outlook leaving you and your clients hopeful, encouraged and inspired! Register Today!

Things to have on hand: playdough or clay, journal, blank paper, colored pencils or markers

Recommended Reading:



70 Play Activities

For Better Thinking, Self-Regulation, Learning & Behavior

70 Play Activities

For Better Thinking, Self-Regulation, Learning & Behavior

Lynne Kenney, Psy.D. & Rebecca Comizio, MA,MA-Ed, NCSP

\$26.99

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Play Therapy

Engaging & Powerful Techniques for the Treatment of Childhood Disorders

Play Therapy

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Meet Your Speaker

Tammi Van Hollander, LCSW, RPT-S, is a licensed clinical social worker, registered play therapist supervisor and owner of Main Line Play Therapy in Bryn Mawr, PA. She is an international speaker and play advocate. Her work and creative interventions in the field of play therapy have been published and internationally recognized. She is an Advanced Certified Trainer for the Nurtured Heart Approach®, a certified FirstPlay® practitioner. Tammi is a founding board member of The World Association for Sand Therapy Professionals. She specializes in sand tray play therapy, sensory integration and attachment, working with children, families, and adults of all ages. She’s the author of Casey’s Greatness Wings and creator of Greatness Sticks® & Greatness Cards. Tammi is a sought-after expert for speaking engagements, podcasts and webinars.

Speaker Disclosure:  
Financial: Tammi Van Hollander is the owner of Main Line Therapy, LLC. She receives a speaking honorarium from PESI, Inc.  
Non-financial: Tammi Van Hollander is a member of the Association for Play Therapy.

Live Seminar & Webinar Schedule

(Time listed in Eastern)

7:30

Registration/Morning Coffee & Tea

8:00

Program begins

11:50-1:00

Lunch (on your own)

4:00

Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

Target Audience:

Play Therapists • School Psychologists  
Marriage and Family Therapists  
Counselors • Social Workers • Educators  
Occupational Therapists  
Occupational Therapy Assistants  
Speech-Language Pathologists  
Psychologists • Physicians

Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "the seminar schedule" for full attendance start and end times. The CE certificate for the live, webinar can be downloaded after completing the webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact [ces@pesi.com](mailto:ces@pesi.com) or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professional standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

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CE credit is available. This course consists of 6.0 continuing education credit hours for Pennsylvania Psychologist. The Pennsylvania Board of Psychology, 41.59(d)(3) confirms acceptance of continuing education programs relevant to psychology from providers approved by the American Medical Association (AMA). This live activity is certified for a maximum of 6.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACCME provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

Speech-Language Pathologists:

This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).  
\*\* Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.

Social Workers (NASW):

This program is approved by the National Association of Social Workers (Approval #886759332-8704) for 6.0 Social Work continuing education contact hours.

Pennsylvania Social Workers:

The Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors accepts many national association CE approvals, several of which PESI offers. For a full list, please see your State Board regulations at <https://www.dos.pa.gov/ProfessionalLicensing/Boards/Commissions/>. This Intermediate activity consists of 6.25 clock hours of continuing education instruction.

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70 Play Activities for Better Thinking, Self-Regulation, Learning & Behavior book

PUB084495

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Play Therapy book

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