Outline

The Personality Mystique
- DSM-5® criteria
- Treatment errors and misdiagnoses
- Core and/or surface structure and the role of the clinical disorders
- Differential diagnoses
- Five central components to accurate diagnosis
- Insulate your clients against risk factors

Antisocial Spectrum
- Oppositional defiance to psychopath
- Attachment
- Manage and avoid in-session violence and threats
- Secondary gains, suicide attempts and threats
- Overcome blockades – manipulation, threats, power struggles and more
- Symptom presentation and risk analysis to self and other
- Interpersonal theory techniques for compliance
- Balance transference and countertransference
- Lessen destructive behaviors
- Cognitive-behavioral experiential techniques to lessen pathology
- Psychotropic medications
- Case studies and treatment exercises

Narcissistic Spectrum
- Narcissistic presentation and the environmental context
- Attachment and pathological narcissism
- Tackle the veneer of perfectionism
- Overcome blockades – power struggle, absent empathy, excessive criticism
- The narcissistic/borderline client
- Interpersonal strategies for empathy engagement
- CBT techniques to clarify behaviors, values and goals
- Tactics to avoid arguing
- Motivational Interviewing to overcome resistance
- Prevent sabotage
- Build a sense of true self
- Case studies and treatment exercises

Histrionic Spectrum
- Moody to excited to histrionic: the erratic client
- Attachment
- Coquettish behavior, avoidance drama, inauthenticity
- Dangers of the histrionic client
- Link between emotions and behavior
- Interpersonal strategies to encourage expression of true self
- Enhance sense of self and lessen the "spotlight"
- Motivational Interviewing techniques
- DBT techniques
- Interpersonal strategies to build positive relationships
- Strengthen self-initiative and independent action
- Psychotropic medications
- Case studies and treatment exercises

Borderline Spectrum
- Symptom presentation along the spectrum
- Attachment
- Feeling identification and behavioral control
- Manage self-harm and suicidality
- Rage-ful outbursts, self-mutilation, boundary violations
- Create stability and build therapeutic collaboration
- Develop true sense of self and lessen maladaptive need for attention
- Facilitate pattern recognition
- Lessen the impact of maladaptive patterns
- Underlying wishes and fears
- Build DBT core mindfulness skills
- DBT techniques to dissolve the distraction and focus on the "genuine relationship"
- Calm interpersonal upheavals with DBT
- DBT emotion regulation skills
- Psychopharmacology and applicability
- Case studies and treatment exercises

Limitations of the Research and Potential Risks

Live Webinar Schedule
(Times listed in Eastern)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Determine how the changes with the DSM-5® impacts diagnosis and treatment of the Cluster B Personality Disorders.
2. Analyze and diagnose clients with antisocial, narcissistic, histrionic and borderline Personality Disorders to effectively inform your choice of treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment and emotional management of each Cluster B Personality Disorders client type.
4. Manage the manipulative and potentially violent behaviors with your clients diagnosed with Antisocial Personality Disorder in session to make therapeutic progress.
5. Employ CBT techniques to clarify behaviors, values and goals with clients diagnosed with Narcissistic Personality Disorder.
6. Integrate techniques to decrease explosive emotions, self-harm tendencies and cravings for chaos for clients diagnosed with Borderline Personality Disorder.
7. Utilize MI and DBT techniques with clients diagnosed with Histrionic Personality Disorder to help manage cognition and improve emotional regulation.

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- **Make a clinical breakthrough with effective, evidence-based treatment methods for each disorder**
- **Gain the knowledge, skills, and abilities to accurately identify and treat your most difficult personality disordered clients!**

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Antisocial, Borderline, Narcissistic and Histrionic

Effective Treatment for Cluster B Personality Disorders

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- Manage the manipulative and possibly violent Antisocial Personality Disorder in-session.
- Overcome the Narcissistic Personality Disorder trait of perfectionism and combat their need to overpower you as the therapist.
- Better understand your clients diagnosed with Histrionic Personality Disorder whose intense emotions and need for attention will test your patience and compassion.
- Help the Borderline Personality Disorder client deal with their explosive emotions, self-harm tendencies and cravings for chaos.

Case studies and video examples will be used to illustrate client symptom presentation, treatment, and management of each Cluster B client type. You will explore various modalities that are effective with antisocial, narcissistic, histrionic, and borderline personality disorders, such as Motivational Interviewing, Cognitive-Behavioral, Interpersonal, and Dialectical therapies. Each of these theories will be explored to provide you with solid and useable skills to include in your daily practice.

Stop being stuck and frustrated with your Cluster B Personality Disorder clients! Sign up for this seminar today!

Target Audience:

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Physicians • Other Mental Health Professionals

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Meet Your Speaker

DANIEL J. FOX, Ph.D., has been treating and specializing in the treatment and assessment of individuals with personality disorders for the last 14 years in the state and federal prison system, universities, and in private practice. He is a licensed psychologist in the state of Texas and has published several articles on personality, ethics, and neurofeedback. He is the author of The Clinician's Guide to Diagnosis and Treatment of Personality Disorders. His specialty areas include personality disorders, ethics and emotional intelligence. Dr. Fox has been teaching and supervising students for the last 13 years at various universities across the country, some of which include West Virginia University, Texas A&M University, University of Houston, Sam Houston State University, and Florida State University. He is a staff psychologist at the Federal Detention Center in Houston, Texas, adjunct assistant professor at University of Houston, as well as maintaining a private practice that specializes in working with difficult clients. Dr. Fox has given numerous workshops and seminars on ethics and personality disorders, personality disorders and crime, emotional intelligence, managing mental health within the prison system and others.

Speaker Disclosure:
Financial: Daniel Fox is in private practice. He receives royalties as an author for PESI Publishing & Media. Dr. Fox receives a speaking honorarium from PESI, Inc.
Non-financial: Daniel Fox has no relevant non-financial relationship to disclose.

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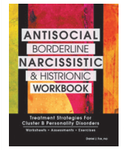
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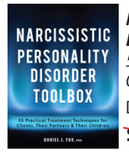
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Recommended Reading:



Antisocial, Borderline, Narcissistic & Histrionic Workbook
Treatment Strategies for Cluster B Personality Disorders
Daniel J. Fox, PhD
~~$29.99~~ **$22.99***
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