OUTLINE

MEDS 101
Case study
Reasons to be knowledgeable about psychiatric medications
Lessons from other disciplines
Pharmacy
Nursing
Ethics guidelines
The common questions clients have about their medications
Handling differences of opinion between yourself and a prescribing professional

GENERAL OVERVIEW OF THE NERVOUS SYSTEM
Organization of the nervous system
Structure of the neuron
Communication between neurons
How medicines interact with the nervous system

DEPRESSION MEDICATIONS
Neurobiology
SSRIs and SNRIs
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

ANXIETY DISORDER MEDICATIONS
DSM-5® anxiety categories
Deconstructionist approach taken by prescribers
Neurobiology
SSRIs and Benzodiazepines
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

BIPOLAR MEDICATIONS
Monotherapy
Lithium, anticonvulsants, and 2nd generation antipsychotics
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

ADHD MEDICATIONS
Neurobiology
Methylphenidate and amphetamine
Mechanism of action
Delivery systems
Benefits and adverse reactions
Medications in these categories
Case study

ANTIPSYCHOTIC MEDICATIONS
Psychosis symptoms
Neurobiology
1st and 2nd generation
Antipsychotics
Mechanism of action
Benefits and adverse reactions
Medications in these categories
Case study

INSOMNIA MEDICATIONS
Causes and treatments for insomnia
Medications for insomnia
Half-life
Benefits and adverse reactions
Case study

LIMITATIONS OF THE RESEARCH & POTENTIAL RISKS

Learning Objectives can be viewed at pesi.com/webcast/85989

Live Webinar Schedule
(Times listed in Pacific)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

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Essential Information for Mental Health Professionals

LIVE Interactive Webinar
Friday, November 5, 2021

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Featuring **Dr. Kenneth Carter,** board certified clinical psychologist and professor of Psychology at Oxford College of Emory University

- **Why (and what) you should know about psychopharmacology**
- **Questions you can expect from clients and prescribers, and how to answer them**
- **Latest ethical guidelines from APA, NASW, ACA and others**
- **Latest information and newest medications for depression, anxiety, bipolar, ADHD, psychosis and insomnia**

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PSYCHOPHARMACOLOGY

Essential Information for Mental Health Professionals

Dr. Kenneth Carter, a board certified clinical psychologist with a Master's degree in clinical psychopharmacology, shares his clinical experience and training to provide detailed information about the range of common medications prescribed for mental health conditions. You will get the latest information on antidepressants, anxiolytics, and common medications for insomnia and Attention deficit/Hyperactivity Disorder among others. Through lecture, the examination of multi-disciplinary ethics codes and real case examples, you will take a close look at the ethical decisions that accompany medication use and the non-prescribers role and limits with regards to medication discussions with your patients.

Dr. Carter answers questions from providers in the field and walks through examples of practical clinical discussions that come up every day in practice, including how to discuss scope of practice with your patients in order to optimize their care when working with multiple providers. The goal is for you to leave better prepared to communicate with your clients as well as the prescribers, as Dr. Carter instructs you on how the medications work, their benefits, and the side effects and dangerous reactions associated with them.

Target Audience:

Counselors • Social Workers • Psychologists • Psychotherapists • Case Managers
Marriage & Family Therapists • Nurses • Nurse Practitioners • Clinical Nurse Specialists
Substance Use Disorders Counselors • Occupational Therapists • Physicians
Occupational Therapy Assistants • Other Mental Health & Health Care Professionals

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MEET YOUR SPEAKER

Kenneth Carter, PhD, ABPP, is a board-certified clinical psychologist and professor of psychology at Oxford College of Emory University in Atlanta, Georgia. Dr. Carter received his M.A. and PhD in clinical psychology from the University of Michigan in Ann Arbor and a postdoctoral master's degree in clinical psychopharmacology from Fairleigh Dickerson University. Dr Carter has taught clinical psychopharmacology classes at Emory University since 2005 and has presented highly rated psychopharmacology workshops to clinicians throughout the United States since 2010. Dr. Carter has served as a senior assistant research scientist in the Epidemic Intelligence Service of the Centers for Disease Control and Prevention. He has been a psychotherapist and researcher for more than 20 years, during which time he has garnered awards from the National Institutes of Health, the National Heart, Lung and Blood Institute, and the University of Michigan. Dr. Carter has presented at numerous conferences and written several books and articles on introductory psychology, neuropsychology and psychopharmacology.

Speaker Disclosures:
Financial: Kenneth Carter is a professor at Oxford College of Emory University. He receives a speaking honorarium from PESI, Inc.
Non-financial: Kenneth Carter is a member of the American Psychological Association; the Association for Psychological Science; and the American Board of Professional Psychology.

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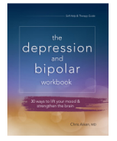
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Recommended Reading:



The Depression and Bipolar Workbook
30 Ways to Lift Your Mood & Strengthen the Brain
Chris Aiken, MD
~~$29.99~~ **$22.99***
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Psychopharmacology
Straight Talk on Mental Health Medications, 4th Edition
By Joe Wegmann, RPh, LCSW
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