Outline

Behaviors that Make Us Crazy

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Disorders

Oppositional Defiant Disorder

ADHD

Mood disorders

Anxiety disorders

Attachment issues/disorder, conduct disorder, autism spectrum disorders

Assessment

The Functions of Behavior

Fear-based (Fight, Flight, Freeze or Submit)

Escape

Attention

Sensory

Pain Control

Mental Health Disorder or Behavior Problem

The power of skilled observations

The interview

Comparison to the group

The FBA-Incredibly powerful

assessment tool

The art of choosing a diagnosis (if

you have to at all!)

Limitations of the Research and Potential Risks

Treatment Strategies Part I

Proactive Behavior plans

Motivational incentives Set the stage for success

Remember the initial goal Appropriately address the functions of the behavior

Reactive

Corrective measures

It's like playing chess in a tornado

Treatment Strategies Part II

Specific Strategies for the

Following Behavioral Challenges:

Tantrums

Running out/away

Noncompliance

Nagging

Refusing to work/help

Yelling/screaming

Bullying

Panic/anxiety reactions

Lack of follow through

Not following directions

Treatment Strategies Part III

Specific Strategies for the Following Disorders:

> ODD **ADHD**

Mood disorders

Anxiety disorders

Working with unsafe behaviors

Treatment Strategies Part IV

Special Populations & Circumstances

> Asperger's disorder Divorce, separation

Abuse and neglect

Parent misbehavior

Foster care

Live Webinar Schedule (Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon) Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the **Most Challenging Behaviors**

Live Interactive Webinar

Friday, October 15, 2021

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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the **Most Challenging Behaviors**

- Effective strategies for ODD, ADHD, anxiety, autism, attachment and mood disorders
- Strategies for tantrums, noncompliance, bullying and other challenging behaviors
- Take away specific, strategy-driven techniques

• Improve treatment with better assessment of the look-alike disorders

 Positive alternatives for your most challenging kids



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OPPOSITIONAL, DEFIANT & DISRUPTIVE CHILDREN AND ADOLESCENTS

Non-medication Approaches for the Most Challenging Behaviors

Children and adolescents with ODD, ADHD, Asperger's, anxiety, mood and disruptive disorders provide constant clinical and parenting challenges. Attend this seminar and learn new, effective non-medication strategies for your client's most challenging behaviors including:

Tantrums

- Refusing to work/help
- Running out/away
- Noncompliance
- Yelling/screaming
- Bullying
- Panic/anxiety reactions
 - Lack of follow through
 - Not following directions

Nagging

You will walk away with immediate strategies for out-of-control behaviors and techniques for emotional regulation along with long-term treatment strategies to help kids at home and school. Scott Walls is a clinical expert and has worked with the most challenging kids both in clinical and school settings. Through the use of case studies and action-oriented handouts, you will leave this seminar with solutions to turn your most challenging kids around.

Objectives

- 1. Utilize clinical strategies to reduce the frequency, duration and severity of behavioral episodes that challenge therapists, educators, professionals and parents.
- 2. Implement both proactive and reactive strategies for oppositional, defiant and disruptive behavior in children and youth.
- **3.** Discriminate between the clinical presentation of behavioral episodes and psychiatric symptoms to inform treatment.
- **4.** Communicate how a skilled observation of behavior informs your treatment approach.
- **5.** Develop clinical skills for establishing a therapeutic rapport to overcome treatment resistance in children and adolescents.
- **6.** Effectively develop a behavior intervention plan and safety plan across all settings including home and school.

Target Audience:

Counselors • Social Workers • Psychologists • Marriage and Family Therapists • Speech-Language Pathologists Teachers • School Guidance Counselors • Case Managers • Nurses • School Administrators Educational Paraprofessionals • Occupational Therapists & Occupational Therapy Assistants Other Helping Professionals who Work with Children



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Speaker.

Scott D. Walls, MA, LIPC, CCMHC, is a mental health counselor in private practice in Lincoln, NE, and has previously spent 15 years with the Lincoln Public Schools as a behavior specialist and psychotherapist. Scott has provided therapy and consultation services for hundreds of children, teens and families in the Lincoln area. In addition, Scott has provided numerous trainings for teachers, administrators and case management staff for various agencies.

Scott co-founded a domestic violence group for female offenders and was a practicing therapist and case manager supervisor for a special project in Lincoln that offered treatment for torture and trauma survivors for refugees and immigrants. In addition to his duties as a therapist and consultant, Scott is the founder and owner of the Lincoln Karate Clinic, Inc. This karate school offers specialized karate lessons for children ages 4-7 and youth ages 8 and up. The karate school is well known for providing unique classes that incorporate Stranger Danger lessons, and Scott's personally developed antibullying program entitled: "The 4 C's of Bullying."

Scott enjoys providing information to students and participants in a relaxed, learning environment and makes every attempt to give participants practical and down to earth, educational information.

Speaker Disclosures:

Financial: Scott Walls maintains a private practice. He receives a speaking honorarium from PESI, Inc. Non-financial: Scott Walls is a member of the National Board for Certified Counselors.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: Counselors, Social Workers, Psychologists, Marriage and Family Therapists, Speech-Language Pathologists, Teachers, Nurses, and, Occupational Therapists & **Occupational Therapy Assistants.**

For specific credit approvals and details, visit pesikids.com/webcast/85929

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Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.



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PESI, Inc. is approved by the Continuing Education Board of the American

A S H A S H

under the Handouts section of the online program.

Professional area).

This course is offered for .6 ASHA CEUs (Intermediate level,

** Please note that Speech-Language Pathologists must complete

the post-test and evaluation within two weeks of attendina the live

event if they would like their participation submitted to the ASHA CE

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to determine whether an individual course may be accepted for

continuing education credits. Course Level: Intermediate. Full

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this course. ACE provider approval period: January 27, 2020 - January

27, 2023. Social Workers completing this course receive 6.25 Clinical

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Registry. Detailed instructions will be provided the day of the program

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\$219.99 tuition

8am Eastern time

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Recommended Reading:



Behavior Management Skills Guide: Practical Activities & *Interventions for Ages 3-18* By Scott Walls, MA, LIPC, CCMHC & Deb

\$24.99 \$19.99*

Rauner, M.Ed.



Oppositional, Defiant & Disruptive Children and **Adolescents:** Non-Medication Approaches for the Most Challenging **ODD Behaviors** By Scott D. Walls, MA, LIPC, CCMHC

\$24.99 \$19.99*

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Phone: 800-726-3888

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Eau Claire, WI 54702-1000

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