

Outline

Types of Grief & Their Implications for Treatment

Disenfranchised grief
Persistent Complex Bereavement Disorder
Traumatic bereavement

Complicated Grief

Common trajectories for grief
Recognize complicated grief
Risk factors for complicated grief
Treatment interventions

Types of Loss & Their Impact on Grieving

Parental loss
Child loss
Widowhood
Non-death losses

Assessment: Intake Considerations for Grieving Clients

Current conceptualization models
Recognize different expressions of grief
Factors impacting the grief experience
Assess for depression and suicide ideation
Differentiate between depression, grief & PTSD
Use of Adjustment Disorder diagnosis with grief clients
Determine how the client understands their grief narrative
Persistent complex bereavement disorder
DSM-5® changes to Major Depressive Disorder
Take home assessment tools

Cultural Considerations for Grief Treatment

Cultural factors affecting expression of grief
Impact on mourning practices
Culture's impact on death anxiety & meaning of life
Determine where the identity emphasis lies
Cultural values regarding emotional expression and disclosure
The impact of society on grief

Grief Treatment: Interventions & Strategies to Improve Clinical Outcomes

Assist clients with expressing their pain
Integrate a new inner image of the deceased
Client self-assessment strategies for coping
Foster client relaxation skills
Let the client lead: Starting point, story & stopping point
Cultivate acceptance
Elicit emotional availability in clients
Give clients "permission" to not share stories
Focus on planning--not positivity
Develop healthy grief rituals
Target guilt due to stopping grief rituals

Build a bridge between memories, current behaviors, & underlying values
Help clients accept the finality of the death
Navigate the treatment of multiple losses

In-Session Activities: On-the-Spot Interventions to Facilitate Healing

The client "influence of loss" chart
Use loving kindness meditation to build self-compassion in clients
"Who am I?" exercise
Utilize client letters to self

Grief Across the Lifespan: Help Your Clients Heal at Any Developmental Stage

Developmental considerations & milestones related to loss reactions for:

- Children
- Adolescents
- Early adulthood
- Middle adulthood
- Later adulthood

Grief & the Family: Guide Families Through Healthy Grieving

Family systems theory: Family influences on individual grief
Variables that complicate family adaptation
Strategies to guide family adaptation to loss
Develop respect for different grieving styles
The role of gender norms
"Family coat of arms" activity

Professional Issues: Ethical Considerations for Working with Grieving Clients, Their Families & the Terminally Ill

Ethical dilemmas that confront the terminally ill
Ethical principles of end-of-life decisions
The clinician's role in addressing psychological suffering & needs of the terminally ill
Impact of cause of death on social isolation
Identify the core values and principles of professional ethical behavior
Boundaries of professional competence

Learning Objectives can be viewed at pesi.com/express/85889

Live Seminar & Webinar Schedule (Times listed in Pacific) Both Days

7:30 Registration/Morning Coffee & Tea
8:00 Program begins
11:50-1:00 Lunch (*on your own*)
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon). Actual lunch and break start times are at the discretion of the speaker. A more detailed schedule is available upon request.

Free Video



David Kessler on How Death Shapes Your Clients' Grief

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2 DAY GRIEF TREATMENT Certification Course

Evidence-Based Strategies for Helping Clients Make Meaning After Loss

Oakland, CA

Thursday & Friday
November 18 & 19, 2021

Live Interactive Webinar

Thursday & Friday
November 18 & 19, 2021



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pesi.com/express/85889



We Are Back! Join In Person or Online!

2 DAY GRIEF TREATMENT Certification Course

Evidence-Based Strategies for Helping Clients Make Meaning After Loss

BECOME CERTIFIED IN GRIEF COUNSELING!

This seminar meets ALL requirements to become a Certified Grief Counseling Specialist through Evergreen Certifications!

Professional standards apply, visit evergreencertifications.com/CGCS for full certification details.

- Transformational interventions and strategies to help your clients heal from the impact of loss
- In-depth treatment methods that address grief with clients of all ages
- Strategies and tools to tailor interventions to each client's individual situation and grieving style

Oakland, CA

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Live Interactive Webinar

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REGISTER NOW:
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2 DAY **GRIEF TREATMENT Certification Course**

Evidence-Based Strategies for Helping Clients Make Meaning After Loss

Your client's world has been shattered following the loss of a loved one. Not only are they adjusting to these days and weeks without that person, but they are also struggling with changes to their sense of self. Who are they now as they navigate this new world? Your client is stuck in a place of paralyzing sorrow, and you're unsure of what else to do to help.

You can transform the way you treat grieving clients with the tools and strategies you'll learn in this 2-day Comprehensive Course!

Join Rev. Dr. Joy Samuels, LPC-MHSP, NCC, as she leads you through the process of working with bereaved individuals and aiding

them with making meaning after loss. You'll learn evidence-based counseling strategies appropriate for the treatment of multiple types of losses, and you'll acquire the skills you need to tailor clinical interventions to the uniqueness of each client's grief experiences.

Attend this advanced course, and you'll learn how to guide your clients through making meaning after loss—drastically increasing their well-being and reducing symptoms of complicated grief. You'll walk away with the tools you need to help your clients live fulfilling lives after loss.

Best of all, upon completion of this live training, you'll be eligible to become a Certified Grief Counseling Specialist (CGCS) through Evergreen Certifications. Certification lets colleagues, employers, and caregivers know that you've invested the extra time and effort necessary to understand the complexities of grief counseling. Professional standards apply. Visit evergreencertifications.com/CGCS for details.

Register today to revolutionize your work with grieving clients!

CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Grief Counseling Specialist through Evergreen Certifications is complete.*

Attendees will receive documentation of CGCS designation from Evergreen Certifications 4 to 6 weeks following the program.

*Professional standards apply. Visit www.evergreencertifications.com/cgcs for professional requirements.

Target Audience:

Psychologists • Psychiatrists • Counselors • Addiction Counselors • Case Manager
Social Workers • Pastoral Counselors • Chaplains/Clergy • Funeral Directors
Marriage & Family Therapists • Mental Health Nurses • Nursing Home Administrators
Thanatologists • Physicians • Other Mental Health Professionals



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Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Ryan Bartholomew** at rbartholomew@pesi.com or call 715-855-8225.

Meet Your Speaker

Joy R. Samuels, D.MIN., LPC-MHSP, NCC, has over 25 years' experience as a licensed professional counselor, Fellow in Thanatology, chaplain, and ordained minister. She teaches in the graduate clinical mental health psychology department at Lipscomb University and at Candler School of Theology at Emory University in the United Methodist Church Course of Studies. She maintains a private counseling practice and supervises those seeking licensure as a LPC-MHSP.

Dr. Samuels holds D. MIN. and MDIV. degrees from Wesley Theological Seminary, Washington, DC. Additionally, she holds an M.S. degree in counseling psychology from California State University, Northridge, CA, and a counseling certificate in substance abuse from the Northern Virginia Community College, Annadale, VA. Among her areas of expertise are individual, couples and family counseling, trauma and bereavement and post-masters supervision.

Speaker Disclosure:
Financial: Joy Samuels is in private practice. She is an adjunct faculty at Lipscomb University. Dr. Samuels receives a speaking honorarium from PESI, Inc.
Non-financial: Joy Samuels is a Fellow in Thanatology.

Recommended Reading:

Purchase this training for these exclusive savings!



Healing Grief Card Deck
55 Practices to Find Peace
~~\$16.99~~ **\$12.99**



Transforming Grief & Loss Workbook
Activities, Exercises & Skills to Coach Your Client Through Life Transitions
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Live Seminar Continuing Education Credit Information

Credits listed below are for full attendance at the live event only. After attendance has been verified, pre-registered attendees will receive an email from PESI Customer Service with the subject line, "Evaluation and Certificate" within one week. This email will contain a link to complete the seminar evaluation and allow attendees to print, email or download a certificate of completion if in full attendance. For those in partial attendance (arrived late or left early), a letter of attendance is available through that link and an adjusted certificate of completion reflecting partial credit will be issued within 30 days (if your board allows). Please see "live seminar schedule" for full attendance start and end times. The CE certificate for the live, webinar can be downloaded after completing the webinar and passing the online post-test evaluation (80% passing score). NOTE: Boards do not allow credit for breaks or lunch. If your profession is not listed, please contact your licensing board to determine your continuing education requirements and check for reciprocal approval. For other credit inquiries not specified below, or questions on home study credit availability, please contact cepesi@pesi.com or 800-726-3888 before the event. Materials that are included in this course may include interventions and modalities that are beyond the authorized practice of mental health professionals. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your professions standards. The planning committee and staff who controlled the content of this activity have no relevant financial relationships to disclose. For speaker disclosures, please see speaker bios. PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Rehab, PESI Kids, and Psychotherapy Networker.

Addiction Counselors: This activity consists of 12.0 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

California Alcoholism & Drug Abuse Counselors (CCAPP): PESI, Inc. is an approved provider by the CCAPP-EI, Provider #: 05-03-036-1021. This activity meets the qualifications for 12.0 CEH's (continuing education hours).

California Alcoholism & Drug Abuse Counselors (CADTP): PESI, Inc. is an approved provider by the CADTP, Provider #: 201. This Category C activity meets the qualifications for 12.0 CEU's (continuing education hours).

Chaplains/Clergy: This activity is designed to qualify for 12.5 continuing education hours.

Certification in Thanatology: This educational offering is recognized by the Association for Death Education and Counseling to meet the thanatology-related educational contact hour requirements to be Certified in Thanatology: Death, Dying and Bereavement. This course will award 12.5 contact hours to participants.

Counselors: This intermediate activity consists of 12.5 clock hours of continuing education instruction. Credit requirements and approvals vary per state board regulations. Please save the course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

California Counselors: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licenses/cont_ed.html under "Where to find CE Courses." This intermediate level activity consists of 12.0 clock hours of continuing education instruction.

Marriage & Family Therapists: This activity consists of 760 minutes of continuing education instruction. Credit requirements and approvals vary per state board regulations. You should save this course outline, the certificate of completion you receive from the activity and contact your state board or organization to determine specific filing requirements.

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Nurses, Nurse Practitioners, and Clinical Nurse Specialists: PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 12.5 contact hours. Partial contact hours will be awarded for partial attendance.

Nursing Home Administrators: This educational offering has been reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administrator Boards (NAB) and approved for 12.5 clock hours and 12.5 participant hours. Full attendance is required; no partial credits will be offered for partial attendance.

Psychologists & Physicians:

Physicians
PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. PESI, Inc. designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Psychologists
The following state psychologist boards recognize activities sponsored by PESI, Inc. as an approved ACCME provider: Alaska, Arkansas, California, Colorado, Georgia, Illinois, Indiana, Kentucky, Maine, Maryland, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, Oklahoma, Pennsylvania, South Carolina and Wisconsin. This activity consists of 12.0 clock hours of continuing education instruction. Certificates of attendance will be issued for you to submit to your state licensing board to recognize for continuing education credit.

California Psychologists: CE credit is available. This course consists of 12.0 continuing education credit hours for California Psychologists. The California Board of Psychology recognizes and accepts for continuing education credit courses that are specifically applicable and pertinent to the practice of psychology and by entities approved by the ACCME (Accreditation Council for Continuing Medical Education). This live activity is certified for a maximum of 12.0 AMA PRA Category 1 Credits™ by PESI as an accredited ACCME provider authorized to award credit by the AMA. PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

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California Social Workers: The California Board of Behavioral Sciences accepts CE programs that are approved by other approval agencies, including several that approve PESI and its programs. A full list of approval agencies accepted by the BBS can be found at www.bbs.ca.gov/licenses/cont_ed.html under "Where to find CE Courses." This intermediate level activity consists of 12.0 clock hours of continuing education instruction.

Other Professions: This activity qualifies for 760 minutes of instructional content as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific requirements.

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 - \$29.99 \$22.99** Transforming Grief & Loss Workbook** [PUB084395]

**Discount included with purchase of this training. Attendees add applicable state and local taxes except in AK, DE, MT, NH, OR and \$6.95 shipping

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