

Outline

Students with Mental Health Issues

- Characteristics of at-risk students' mental health problems
- Mental health issues vs. intentionally disruptive behaviors
- How skill deficits from mental health issues create behavioral difficulties

Strategies for ODD and Conduct Disorder Behaviors

- Choices everyone can live with
- What adults should never say, but usually do
- Arguments with defiant kids
- Getting to the core issues of ODD
- Kids who don't feel bad
- School-wide management program

Strategies for ADHD

- Decrease impulsive behaviors with what YOU do
- Drawing out the behaviors you want
- Decrease disruption to other students
- Know the accompanying behaviors
- Techniques to self-regulate

Strategies for ASD

- It's all about social skills growth
- Sensory solutions
- Self-regulation techniques for ASD
- Most misinterpreted behaviors
- Manage high interest areas
- Move them past "kid cop" behaviors

Strategies for Anxiety

- What to do about separation anxiety
- Help their panic attack pass quickly
- School phobia...not always a fear of school
- Compromises that work
- Deep breathing and relaxation techniques

Strategies for Depression

- School-wide program to promote compassions and a supportive culture
- Getting them past their sense of helplessness
- When they think they have nothing to live for
- Goal oriented plans for schoolwork and school day

Strategies for Other Challenging Behaviors

- Cutting and self-injury: What you really need to know to effectively intervene
- Electronic addiction: Which kids are most susceptible and why
- Psychotropic medication side-effects vs. behavioral issues
- Electronic bullying: What adults tell kids that fuels the problem

Pandemic Recovery Interventions

- Re-entering successfully
- Social issues...lost skills
- Dealing with electronics/gaming issues

Disciplining the Special Needs Child/ Adolescent

- How IDEA relates to discipline
- Rules for disciplining special education students
- Techniques for positive behavior support
- "Pro-social" punishments

Strategies for the IEP Team

- Facts and data to make tactical decisions
- What most administrators do that burn out their staff
- What to do about non cooperative/reluctant parents

Live Webinar Schedule (Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

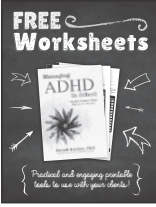
There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Articulate how behavioral-driven choices differ from mental health-driven behaviors and characterize how these differences inform your choice of intervention.
- Communicate the effective uses of medications and potential side effects that can appear as misbehaviors.
- Implement various school-based strategies, used in collaboration with community clinicians, to intervene when behavioral issues arise from mental health conditions.
- Determine effective positive behavior support strategies to successfully discipline the special needs child.
- Discriminate how IDEA relates to mental health issues and discipline.
- Apply communication techniques that create a climate for success inside and outside the classroom.

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MENTAL HEALTH ISSUES

in the Classroom

PRACTICAL STRATEGIES
FOR HELPING CHILDREN AND
ADOLESCENTS SUCCEED

LIVE Interactive Webinar Wednesday, November 3, 2021

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MENTAL HEALTH ISSUES

in the Classroom

PRACTICAL STRATEGIES
FOR HELPING CHILDREN AND
ADOLESCENTS SUCCEED

Join child and adolescent behavioral expert
JAY BERK, PhD

- Pandemic recovery interventions for successful re-entry
- Strategies for challenging behaviors related to ODD, ADHD, ASD, mood disorders, anxiety and depression
- Reduce the costs of out-of-district placements
- 30 second teacher strategies
- Don't mistake mental health issues for intentionally disruptive behaviors

"Dr. Berk is very ENGAGING! A lot of useful information was presented!"

— Sherri Matkovich, School Psychologist

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MENTAL HEALTH ISSUES IN THE CLASSROOM

PRACTICAL STRATEGIES FOR HELPING CHILDREN AND ADOLESCENTS SUCCEED

Join child/adolescent behavioral expert, Jay Berk, PhD, and learn how to best manage the students at your school diagnosed with Oppositional Defiant Disorder (ODD), Attention Deficit Hyperactivity Disorder (ADHD), Autism Spectrum Disorder (ASD), mood disorders, anxiety and depression. You will walk away with concrete, yet practical, strategies to successfully intervene with their serious behavioral issues, such as:

- Anger and outbursts
 - Cutting and self-injury
 - Defiance
 - Impulsivity
 - Sensory issues
- Meltdowns and tantrums
 - Obsessive compulsive
 - Truancy
 - Rigidity
 - Electronic addiction

- Through case studies, video clips and dynamic class discussion you will learn:
- Pandemic recovery interventions for successful re-entry
 - 30 second teacher strategies to manage challenging and disruptive behaviors
 - New ways to reduce the costs of out-of-district placements
 - How to engage students in class, increase productivity and reduce truancy
 - Behavioral assessments and strategies for the IEP team
 - Side-effects of common psychotropic medications
 - How skill deficits from mental health conditions create behavioral difficulties
 - Strategies to gain collaboration with clinicians

Leave the day with the “magic dust” you have been looking for to expedite rapid and effective changes in these children and adolescents!

Target Audience:

Speech-Language Pathologists • Speech-Language Pathology Assistants • Teachers & Paraprofessionals
School Counselors • School Psychologists • School Administrators • School Social Workers
Marriage & Family Therapists • Nurses • Occupational Therapists • Occupational Therapy Assistants
Addiction Professionals • Probation Officers
All professionals working in child care settings, therapy settings, treatment programs, hospitals,
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Meet Your Speaker

JAY BERK, PhD, is a licensed clinical psychologist and an internationally recognized expert in the child/adolescent behavioral field who brings both a clinical and education perspective to his work with children, adolescents and their families. For over 25 years, Dr. Berk has been treating clients with ODD, ADHD, autism, anxiety and stress, depression, learning disabilities, Tourette’s Syndrome and individuals who have multiple impairments. He conducts 15 social skills/mental health groups for children and adolescents and works daily with school and community professionals, families and parents. Dr. Berk continually consults for several school districts. In his private practice, in Beachwood, Ohio, he provides therapy for children, adolescents, families, testing and evaluation, school consultation as well as an alternative educational program.

Dr. Berk presents nationally on the topics of autism, disruptive behavior disorders, mental health issues in the classroom, ODD and social skills competency. In his workshops, he teaches professionals who work with children and adolescents, practical treatment and intervention strategies. He has been invited to present at hundreds of schools and conferences including being a repeated consultant to the Department of Education in Hawaii. As a past consultant to the United Nations, Dr. Berk authored a manual for UNICEF that was used by teachers working with children throughout Bosnia during the war. He has also worked in London, England with defiant teenagers; Kristiansand, Norway with traumatized youth; and the American Red Cross with trauma response.

Speaker Disclosure:
Financial: Dr. Jay Berk maintains a private practice. He receives a speaking honorarium from PESI, Inc.
Non-financial: Dr. Jay Berk is a member of the American Psychological Association.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Marriage and Family Therapists, Educators, Nurses, Occupational Therapists, Psychologists, Social Workers, and Speech-Language Pathologists.**

For specific credit approvals and details, visit pesikids.com/webcast/85815

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This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

*** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

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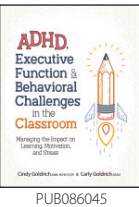
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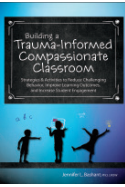


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