

## Outline

### Foundational Strategies for Long-term Change

#### The Myth of Being Untreatable

Making and breaking personality disorders  
Genetics, culture, or both?  
Using differential diagnosis to unravel  
comorbidities and symptom overlap  
DSM-5® hallmarks to fast-track diagnosis  
and treatment planning  
Ethical risks, limitations, and  
contraindications clinicians need to know

### Treatment Rejecting Types: Narcissistic and Antisocial Personality Disorders

**Antisocial Spectrum**  
Like, love, and hate – find relief from  
countertransference and fear  
How to overcome the rejecting affect  
Know the treatable prodromal syndrome –  
spot the developmental pivot points  
Subthreshold antisocial conditions and  
prognosis  
Safety plan blueprint for clinicians, in-  
person and online  
Pros and cons of medications for behavioral  
management

#### Narcissistic Spectrum

Shatter the veneer of perfectionism and  
disarm the narcissist  
Motivational strategies for each narcissistic  
subtype  
Cultivate new perspectives of your  
narcissistic clients  
Distinguish entitled teen from burgeoning  
narcissist and thwart development  
When opposites merge: The narcissistic-  
borderline client  
Potentials of medication for increased  
treatment management

### Treating the Partner of a Narcissist

How to help your client gain insight into  
their relationship  
7 relationship hopes and realities revealed  
“I’m here to change him/her, not me!” –  
Dialogue cues to direct care toward the  
client  
Narcissism and chocolate cake  
Transforming co-dependency into  
independence

### Treatment Accepting Type: Borderline Personality Disorder Spectrum

**Histrionic to Borderline**  
Resolve attachment dysfunctions to  
improve your client’s relationships  
I am BPD or I have BPD? – Reduce stigma &  
use identification that empowers  
Keep treatment on track by regulating  
lability and instability  
Create treatment plans targeted at  
resolving intra-psychic conflicts  
Reduce duration of treatment – curtail  
therapy interfering behaviors fast  
5 DBT stages and goals that decrease self-  
mutilation, online & in-person  
Manage treatment seeking behaviors  
to prevent burnout and maintain  
boundaries  
Efficacy of medication in symptom  
containment

#### Live Webinar Schedule

(Times listed in Mountain)

**8:00** Program begins

**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

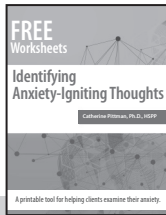
## Objectives

1. Build conceptualization of the two models of personality disorders in the DSM-5® and how each relates to diagnosis and treatment.
2. Differentiate the nuances between personality disorder diagnoses to inform treatment interventions.
3. Utilize case studies to differentiate symptom overlap, effective treatment, and emotional management.
4. Extrapolate aspects of various treatment modalities to navigate therapy interfering behaviors.
5. Integrate treatment techniques to decrease explosive emotions, self-harm tendencies, and cravings for chaos.
6. Create MI and DBT techniques with clients diagnosed with personality disorders to help manage cognition and improve emotional regulation.

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# The Clinician’s Guide to Personality Disorders

## Interventions for Successful Narcissistic, Borderline, and Antisocial Treatment

Now with telehealth updates

Step-by-step disorder specific interventions

Treat the Partners of Narcissists!

## LIVE Interactive Webinar

Friday, September 24, 2021

**BONUS!** – Registration includes FREE on-demand access for 3 months.



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# The Clinician’s Guide to Personality Disorders

## Interventions for Successful Narcissistic, Borderline, and Antisocial Treatment

- Overcome Narcissistic treatment challenges and learn strategies to treat their partners!
- Formulate interventions to promote more positive prognoses
- Telehealth Updates:  
Set boundaries, manage therapy interfering behaviors, and prevent burnout



## LIVE Interactive Webinar

Friday, September 24, 2021

**BONUS!** – Registration includes FREE on-demand access for 3 months.

# The Clinician's Guide to Personality Disorders

## Interventions for Successful Narcissistic, Borderline, and Antisocial Treatment

Ego battles, fits of rage, self-harm, and perpetual crises encompass working with personality disorder clients and requires a strong and refined clinical skill set.

If you've found yourself feeling frustrated or *even wanting to give up*, **you're not alone...** Clients diagnosed with personality disorders are among the highest sources of burnout for clinicians.

It's time to learn to **curb the intensity of managing personality disorders in your office.**

Reach for new treatment potentials and make breakthroughs in treating borderline, narcissistic, and antisocial personality types by joining Dan Fox, PhD, author and personality disorder expert, for this transformative webinar. **You'll learn to:**

- Overcome narcissistic traits of perfectionism and combat their need to overpower you
- Harness confidence to manage manipulative and possibly violent antisocial traits in-session
- Craft interventions to help the borderline personality disorder client deal with their explosive emotions, self-harm tendencies, and comfort in chaos
- Maintain patience and composure with intense emotional expressions and strong pleas for attention

Dr. Fox will present case studies to illustrate client symptomatology, conceptualization, complex comorbidity, and treatment of each personality disorder diagnosis. He'll guide you through building upon and synthesizing aspects of the most efficacious evidence-based modalities, such as schema, transference-focused, cognitive-behavioral, interpersonal, and dialectical behavioral therapies to construct interventions that transform clients' personality structures.

Take from this training the courage and confidence to direct treatment with the most complex clients that come to your office.

### Target Audience:

Counselors • Social Workers • Psychologists • Psychiatrists • Psychotherapists • Therapists  
Addiction Counselors • Marriage and Family Therapists • Case Managers • Nurses  
Other Mental Health Providers



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## Meet Your Speaker



**Daniel J. Fox, Ph.D.,** is a licensed psychologist in Texas, international speaker, and multiple-award winning author. He has been specializing in the treatment and assessment of individuals with personality disorders for over 20 years in the state and federal prison system, universities, and in private practice. His specialty areas include personality disorders, ethics, burnout prevention, and emotional intelligence. He has published several articles and books in these areas and is the author of the award winning

*Narcissistic Personality Disorder Toolbox*, *The Clinician's Guide to Diagnosis and Treatment of Personality Disorders*, the award winning *Antisocial, Borderline, Narcissistic and Histrionic Workbook: Treatment Strategies for Cluster B Personality Disorders*, *The Borderline Personality Disorder Workbook*, and *Complex Borderline Personality Disorder*.

Dr. Fox has been teaching and supervising students for over 20 years at various universities across the United States, some of which include West Virginia University, Texas A&M University, University of Houston, Sam Houston State University, and Florida State University. He works in the federal prison system, is an adjunct assistant professor at the University of Houston, and maintains a private practice that specializes in the assessment and treatment of individuals with complex psychopathology and personality disorders. Dr. Fox has given numerous workshops and seminars on ethics and personality disorders, personality disorders and crime, treatment solutions for working with clients along the antisocial, borderline, narcissistic, and histrionic personality spectrum, emotional intelligence, managing mental health within the prison system, and others. Dr. Fox maintains a website of various treatment interventions focused on working with and attenuating the symptomatology related to individuals along the antisocial, borderline, narcissistic, and histrionic personality spectrum ([www.drdfox.com](http://www.drdfox.com)).

#### Speaker Disclosures:

Financial: Daniel Fox is in private practice. He receives royalties as an author for PESI Publishing & Media. Dr. Fox receives a speaking honorarium from PESI, Inc.

Non-financial: Daniel Fox has no relevant non-financial relationship to disclose.

### CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Addiction Counselors, Counselors, Marriage and Family Therapists, Nurses, Physicians, Psychologists, and Social Workers.**

For specific credit approvals and details, visit [pesi.com/webcast/85662](http://pesi.com/webcast/85662)

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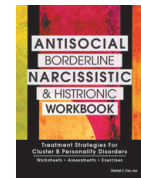


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***Narcissistic Personality Disorder Toolbox***  
*55 Practical Treatment Techniques for Clients, Their Partners & Their Children*

Daniel J. Fox, PhD

~~\$29.99~~ **\$22.99\***



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***Antisocial, Borderline, Narcissistic & Histrionic Workbook***  
*Treatment Strategies for Cluster B Personality Disorders*

Daniel J. Fox, Ph.D.

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