

Outline

Grounding Self Reflection Exercise

The Therapist and Parent Relationship: Building Alliance

- Parent coaching and support
- Intro to Nurtured Heart Approach®
How to implement with treatment team
- Greatness interventions to use with clients and families

Intake for Telehealth – Family and Child Assessment

- Explaining Telehealth to parents
- Pros and cons of tele-play therapy
- Four-part Intake process
- Demonstration and experiential of family intake session
- Family play assessments: Group activity

Play Therapy for Healthy Attachments, Attunement and Regulation

- Neuroscience of attachment
- Attachment-based family interventions
- Play-based interventions to help children regulate mind and bodies

Helping Kids Creatively Navigate Current Events

- Bibliotherapy: Suggested books to use therapeutically
- Story-telling, music, and videos as a tool to teach current events
- Helping parents and therapists when children ask hard questions

Creative Tele-Play Therapy Interventions -Therapeutic powers of play

- Sensory play
- Mindfulness play therapy
- Theraplay
- Nature-based play therapy
- CBT play therapy
- Greatness activities
- A toolbox full of resources for play-based virtual activities

Final Activity

- Self-care mindmap

Benefits/Challenges/Scope of Practice

Objectives

1. Compose ways to explain telehealth to parents and how to prepare for play therapy sessions.
2. Determine how the therapeutic powers of play attribute to effectiveness of play therapy interventions.
3. Design ways play therapy techniques, such as hide and seek, can be used to form healthy attachments with the family in a tele-play therapy setting.
4. Develop the skills needed to teach parents and caregivers how to play with their child and how to make it a part of their daily play therapy routine.
5. Demonstrate the three stands of the Nurtured Heart Approach® and the power of resetting for clinicians and clients.
6. Apply bibliotherapy and storytelling to offer a safe psychological distance from problems and to how it can be used as a teaching tool to explain current events.

Join other hard-working professionals who are already putting this knowledge into practice:

“Loved Tammi’s energy and passion.”

“Thank you Tammi. Your approachable and humble demeanor, as well as your experience, made me feel so fortunate to take part in your class.”

“Great course. A lot of cool new play therapy techniques.”

FREE BONUS OFFER!

Self-Regulation & Mindfulness Worksheets

Access these practical and engaging printable tools at [pesirehab.com/mindfulnessworksheets](https://www.pesirehab.com/mindfulnessworksheets)

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Tele-Play Therapy

Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Live Interactive Webinar

Friday, September 24, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.

REGISTER NOW: pesikids.com/webcast/85648



Join us online for this live training!

Tele-Play Therapy

Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience

Featuring Tammi Van Hollander, LCSW, RPT-S

- See how play therapy translates on the screen
- A toolbox full of resources for play-based virtual activities
- Playfully reset and deepen attachments to decrease power struggles
- Help kids creatively navigate current events



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A NON-PROFIT ORGANIZATION CONNECTING KNOWLEDGE WITH NEED SINCE 1979

Tele-Play Therapy: Techniques to Help Kids Increase Trust & Safety, Unlock Emotions, Ignite Imagination and Boost Resilience


Tele-health with kids...impossible? Actually, the kids I’ve been providing telehealth for have been the most engaged, creative, and enthusiastic clients that I work with... **Kids delight in the excitement of play, and not even a screen can stop their vivid imaginations!**

The screen acts as a safe container to connect with children and families in a way that “zooms” into their lives and homes, *to deepen our understanding of their world and creates a platform to elevate and sustain engagement.* I’ll show you how through the screen, you can help kids form healthy attachments, attunement and regulation.

Join me, Tammi Van Hollander, LCSW, RPT-S, to see how seamlessly play therapy translates on the screen, in a webinar filled with developmentally appropriate, fun, play-based interventions to rewire the brain and create a sense of trust and safety in the child’s world. *Through tele-play therapy, children learn how to interact with the world around them, communicate with others, problem solve, discover emotions and empathy, ignite their imagination and much, much more!* It has opened us to a new virtual platform where our therapeutic play space can continue to live on.

This program will offer a fresh outlook leaving you and your clients hopeful, encouraged and inspired! Register Today!

Things to have on hand: playdough or clay, journal, blank paper, colored pencils or markers



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Meet Your Speaker

Tammi Van Hollander, LCSW, RPT-S, is a licensed clinical social worker, registered play therapist supervisor and owner of Main Line Play Therapy in Bryn Mawr, PA. She is an international speaker and play advocate. Her work and creative interventions in the field of play therapy have been published and internationally recognized. She is an Advanced Certified Trainer for the Nurtured Heart Approach®, a certified FirstPlay® practitioner. Tammi is a founding board member of The World Association for Sand Therapy Professionals. She specializes in sand tray play therapy, sensory integration and attachment, working with children, families, and adults of all ages. She’s the author of *Casey’s Greatness Wings* and creator of Greatness Sticks® & Greatness Cards. Tammi is a sought-after expert for speaking engagements, podcasts and webinars.

Speaker Disclosure:
Financial: Tammi Van Hollander is the owner of Main Line Therapy, LLC. She receives a speaking honorarium from PESI, Inc.
Non-financial: Tammi Van Hollander is a member of the Association for Play Therapy.

Target Audience:
Play Therapists • School Psychologists • Marriage and Family Therapists • Counselors
Social Workers • Educators • Occupational Therapists • Occupational Therapy Assistants
Speech-Language Pathologists • Psychologists


CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Educators, Marriage and Family Therapists, Occupational Therapists, Play Therapists, Physicians, Psychologists, Social Workers, and Speech-Language Pathologists.**

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This course is offered for .6 ASHA CEUs (Intermediate level, Professional area).

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- Self-study CE certificate available

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Recommended Reading:



70 Play Activities for Better Thinking, Self-Regulation, Learning & Behavior
Lynne Kenney, Psy.D. & Rebecca Comizio, MA,MA-Ed, NCSP
~~\$26.99~~ **\$19.99***



Play Therapy
Engaging & Powerful Techniques for the Treatment of Childhood Disorders
Clair Mellenthin, LCSW, RPT-S
~~\$29.99~~ **\$22.99***

*** Discount Included with purchase of the Webinar**

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