

Outline . . . . .

**A Clinician’s Guide to Narcissism:**  
**Narcissistic Personality Disorder and the Spectrum of Narcissistic Traits**  
DSM-5™ criteria for Narcissistic Personality Disorder  
Social and culturally acquired definitions  
The spectrum of narcissistic traits  
Narcissistic traits without meeting criteria for NPD  
Psychoeducation for survivors about NPD, narcissistic behavior and its consequences

**Narcissistic Abuse and General Emotional Abuse:**  
**Similarities, Differences and Tactics Impacting Detection and Treatment**  
Goals of perpetrators of emotional abuse vs. narcissistic abuse  
Cycle of abuse in narcissistic relationships  
Gaslighting and other tactics of manipulation and coercion  
What is narcissistic supply?  
Subtypes: engulfing and ignoring/neglecting

**Narcissistic Abuse in Specific Relationships: Dynamics and Impacts**  
Romantic/intimate relationships/sex addiction  
Co-parenting vs counter-parenting  
Friendships and frenemies  
Family of origin – the golden child, black sheep, scapegoat, and invisible child  
Lack of self-esteem, difficulties trusting others, C-PTSD and other effects of narcissistic abuse

**Potential Missteps and Traps to Avoid**  
Everyone’s a narcissist (over-pathologizing problematic behaviors)  
No one’s a narcissist (dismissing client reports because you can’t diagnose NPD)  
Pushing for reconciliation or family therapy  
Inadvertently gaslighting clients by questioning hard-to-spot emotional manipulation  
Not focusing enough on calming the underlying trauma triggers

**Victims of Narcissistic Abuse in Therapy: Break the Cycle of Abuse through Increased Autonomy, Agency and Sense-of-Self**  
Building assertiveness and individuation – strategies to help clients be their own individual  
Exercises to help clients discover their own preferences, interests, desires, and goals  
Teach clients to distinguish between assertiveness, aggression, and passive aggression  
Counteract internalized messaging that assertive communication is harmful, cold, cruel, or harsh  
Prepare clients for the backlash that often attends increasing autonomy and agency  
Cultural sensitivity considerations  
Exploring levels of contact and clients’ wishes regarding contact  
Developing healthy boundaries -- how to best protect themselves within the relationship parameters they choose  
Processing guilt/shame over setting boundaries and saying no  
Coping strategies for when contact is inevitable

**Additional Approaches and Considerations**  
Trauma competency – an essential for working with these clients  
Inner child work to heal attachment wounds  
Is family therapy advised?  
Specific modalities to explore - AEDP, IFS, EMDR, SE, BSP, Gestalt  
Research, risks and treatment limitations

**Live Webinar Schedule**  
*(Times listed in Pacific)*

**8:00** Program begins

**11:50-1:00** Lunch Break

**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

Objectives . . . . .

1. Analyze how abuse from individuals with narcissistic personality disorder in the context of romantic relationships, friendships, and family relationships can lead to long term effects for clients.
2. Differentiate narcissistic abuse from other forms of emotional abuse to improve your ability to recognize the subtle signs that clients may be victims.
3. Employ in-session psychoeducation approaches to help clients become aware of narcissistic behavior in their lives and recognize the consequences.
4. Analyze common mistakes made by practitioners in the treatment of survivors of narcissistic abuse.
5. Employ exercises to help survivors of narcissistic abuse build assertive communication skills.
6. Investigate the current research and treatment limitations surrounding work with survivors of narcissistic abuse.

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# Narcissistic Abuse for Therapists

**Empower Clients to Break Free and Recover from Gaslighting, Emotional Manipulation and Coercion**

**LIVE Interactive Webinar**  
**Friday, September 24, 2021**

**BONUS!** – Registration includes FREE on-demand access for 3 months.



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# Narcissistic Abuse for Therapists

**Empower Clients to Break Free and Recover from Gaslighting, Emotional Manipulation and Coercion**




Featuring **Amy Marlow-MaCoy, LPC**,  
Author of the Amazon best-selling book *The Gaslighting Recovery Workbook: Healing from Emotional Abuse*

- Prepare yourself to work with a rapidly growing client population!**
- Recognize the subtle signs of this devastating form of abuse
  - Avoid clinical missteps that could alienate these clients
  - Teach clients to develop healthy boundaries and be their own individual
  - Includes specific strategies, suggestions and exercises

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## Narcissistic Abuse for Therapists: Empower Clients to Break Free and Recover from Gaslighting, Emotional Manipulation and Coercion

***You may be working with a victim of narcissistic abuse without even knowing it.***

Clients in your caseload who lack self-esteem, can't say no, and blame themselves for everything may have been emotionally manipulated, controlled, and gaslit through a narcissistic relationship.

But without the right training **you could be failing to see the subtle signs**, leaving you without a key piece of the puzzle...and keeping them trapped in emotionally damaging and often dangerous relationships.

Now with this **one-day training** you can get the clinical guidance and tools you need to **help clients free themselves from the cycle of narcissistic abuse and overcome its toxic legacy in therapy!**

Amy Marlow-MaCoy, LPC has helped hundreds of clients identify, understand, and heal from narcissistic abuse from interpersonal relationships. She is the author of the Amazon best-selling book *The Gaslighting Recovery Workbook: Healing from Emotional Abuse* (Callisto Media, 2020).

Join Amy and get the strong foundational understanding of narcissistic abuse dynamics and treatment you need to:

- Recognize overt and covert signs of narcissism in a variety of contexts
- Open your clients' eyes to gaslighting and other manipulative tactics of narcissists
- Avoid clinical missteps that could alienate these clients
- Build assertiveness in clients who can't say no
- Teach clients to develop healthy boundaries without guilt
- End clients damaging self-blame and help them be their own individual
- and much more!

Don't miss this chance to help clients break the cycle of narcissistic abuse and regain their personal power!

Register today!

P.S. As popular culture continues to shine a spotlight on the problem, **more people than ever before are seeking therapists well-versed on narcissistic abuse.** This training will leave you better positioned to work with this growing client population!



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## Meet Your Speaker

**Amy Marlow-MaCoy, LPC**, focuses her practice on treating complex and developmental trauma in adults raised in narcissistic, emotionally immature, and toxic families of origin.

She is the author of the Amazon best-selling book *The Gaslighting Recovery Workbook: Healing from Emotional Abuse* (Callisto Media, 2020), a workbook designed to help individuals identify, understand, and begin to heal from emotional trauma and abuse caused by gaslighting in interpersonal relationships.

Amy has been trained in Level 1 Internal Family Systems therapy. She also provides supervision to LPC candidates and regularly consults with other clinicians regarding treatment of adult children of narcissists. She earned her Master of Education in Counseling Psychology degree from Temple University.

Speaker Disclosure:

Financial: Amy Marlow-MaCoy maintains a private practice. She is an author and receives royalties. She receives a speaking honorarium from PESI, Inc.

Non-financial: Amy Marlow-MaCoy is a member of the American Counseling Association.

### Target Audience:

Counselors • Social Workers • Marriage & Family Therapists • Psychologists  
Addiction Counselors • Psychiatric Nurses

### CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Marriage & Family Therapists, Psychologists, Physicians, Addiction Counselors, and Nurses.**

For specific credit approvals and details, visit [pesi.com/webcast/85614](http://pesi.com/webcast/85614)

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8am Pacific time

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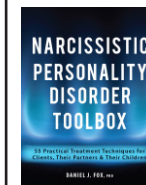
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## Recommended Reading:



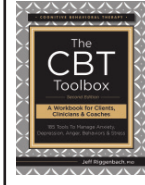
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Daniel J. Fox, PhD

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