

Outline

How Client Identity and Systemic Dynamics Impact Assessment and Treatment

Social class, race, ethnicity, poverty and religion
Gender identity and sexuality
Myths, oppression, stereotypes and microaggressions
Power dynamics of counseling that can threaten minority groups
How clinicians' values and biases influence therapeutic outcomes
Culturally competent assessment techniques
Research implications and limitations

Ethics and the Equal Treatment of Clients

Obligations to challenge social injustice
Respecting the inherent dignity and worth of the person
Valuing the importance of human relationships

Clinical Strategies That Meet Clients Where They Are:

Proven Approaches for Greater Empathy and Effectiveness

How to understand clients within their social and cultural environments
Strategies to recognize your:
Inherent biases
Histories and generational influences
Self-assessment - identify personal values that can influence therapeutic outcomes
Techniques to work with inter-generational and historical trauma
Crisis intervention strategies

Be a Change Agent:

How to Advocate for Your Clients Individually, Communally, and Globally

Should clinicians hold a neutral position?
Strategies to reduce barriers to accessing mental health treatment
Overcome cultural shame surrounding mental health issues
Tips for working with racial stress and trauma
Connect clients to resources, agencies and funding
Intervention at the system level

Case Scenarios

32 year-old Latino female with PTSD
46 year-old woman originally from Pakistan with depression
38 year-old Native American male with suicidal ideation and substance abuse issues
30 year-old Latino male with HIV referred for case management services
18 year-old Asian American female with eating disorders

Live Webinar Schedule (Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

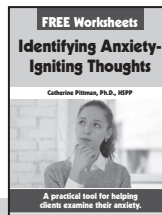
Objectives

- Argue how social class and race can impact clinical assessment and treatment of mental health issues.
- Conclude how the values and biases of clinicians can influence treatment and therapeutic outcomes.
- Appraise how mental health clinicians can better understand clients within their social and cultural environments to avoid misunderstanding that can harm the therapeutic alliance.
- Demonstrate how clinicians can more comfortably and capably discuss issues surrounding race and economic issues that clients can be reluctant to talk about.
- Determine how clinicians can help clients overcome cultural shame for improved engagement in mental health treatment.
- Devise two ways clinicians can reduce barriers to mental health treatment that face minority groups and disenfranchised people.

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Social Justice, Ethics, and Multicultural Issues for Mental Health Professionals

Clinical Strategies for Inclusivity,
Empowerment and Improved Treatment Outcomes

LIVE Interactive Webinar
Friday, August 27, 2021

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Social Justice, Ethics, and Multicultural Issues for Mental Health Professionals

Clinical Strategies for Inclusivity,
Empowerment and Improved Treatment Outcomes

Includes up to:

- 1 CE hour of instruction on Ethics
- 5.25 CE hours of Cultural Diversity/Competency

- Become a more compassionate, insightful and effective practitioner
- Gain the trust you need to achieve truly transformative results
- Avoid cultural misunderstandings that can harm the therapeutic alliance

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Social Justice, Ethics, and Multicultural Issues for Mental Health Professionals

Effective treatment focuses on the whole person. The thoughts, behaviors and sufferings of your clients are intimately connected to the social and cultural contexts in which they live.


Without seeing your clients in their entirety, you could fail to recognize the unique challenges, stressors, barriers and burdens that can lie at the heart of their mental health issues. But even therapists can feel uncomfortable with conversations surrounding racial, cultural, sexual, economic and religious issues. And cultural stigmas and distrust born from societal power dynamics can cause some clients to hold back in therapy or leave treatment entirely.

This inspiring class will open your eyes to the struggles of disenfranchised or marginalized populations, and give you practical and innovative techniques so you can comfortably and successfully work with them in treatment. You'll leave able to more capably assess clients, avoid cultural misunderstandings that can harm the therapeutic alliance, and gain the trust you need to achieve truly transformative results.

It's time to be the change you wish to see.

Sign up today and feel the satisfaction and joy that come with being a better advocate for clients individually, communally and globally!

Target Audience:
Social Workers • Counselors • Psychologists • Psychotherapists • Marriage & Family Therapists
Addiction Counselors • Case Managers • Therapists • Nurses • Physicians
Other Mental Health Professionals



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Meet Your Speaker

Lisa Connors, LBSW, LCPC, NCC, is a Licensed Clinical Professional Counselor, National Certified Counselor, Board-Certified Coach, Master Addiction Counselor, Certified Clinical Trauma Professional, and Certified Grief Counseling Specialist. She is also Certified in Thanatology.

Ms. Connors has been in the human services/social work/counseling fields for 30 years. She has worked in a variety of settings providing services to the despondent and downtrodden. Ms. Connors works tirelessly to help others reach their fullest potential in life, helping and empowering others who have been oppressed, stigmatized, marginalized, and victimized. Her greatest passion is working with individuals affected by HIV/AIDS, substance use and mental health disorders, violence/abuse/trauma, grief and loss, and social injustices.

Ms. Connors has served on the Board of Directors for the Maryland Chapter of the National Association of Social Workers and is the past co-chair of the HIV Planning Group for the State of Maryland. Currently, she is the President-Elect of the Maryland Association of Addiction Professionals. In addition to her clinical work, Ms. Connors is a college professor at Anne Arundel Community College. She is a member of many organizations, including ACA, NASW, NAADAC, and ADEC. Ms. Connors earned her Master of Arts in Professional Counseling from Liberty University, her Master of Divinity from Howard University, and is pursuing her PhD in psychology at Walden University.

Speaker Disclosures:
Financial: Lisa Connors is a professor at Arundel community College. She receives a speaking honorarium from PESI, Inc.
Non-financial: Lisa Connors is a member of NAADAC; American Counseling Association; and the National Association of Social Work.


CE CREDITS AVAILABLE FOR LIVE WEBINAR


This continuing education activity is designed to meet state board requirements for the following professionals: **Social Workers, Counselors, Psychologists, Nurses, Marriage & Family Therapists, Addiction Counselors, Case Managers, Physicians, and Nurses.**


For specific credit approvals and details, visit pesi.com/webcast/85461

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Includes up to 1.0 hours of general ethics instruction; and 5.25 hours of cultural competency.

 This course has been approved by PESI, Inc., as a NAADAC Approved Education Provider, for 6.0 CE in the Legal, Ethical and Professional Development skill group. NAADAC Provider #77553. PESI, Inc. is responsible for all aspects of their programming. Full attendance is required; no partial credit will be awarded for partial attendance.

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Ethics & Cultural Competency: This seminar includes 1.0 hour of general ethics and 5.25 of cultural competency instruction. No more than 6.25 total CE hours may be awarded for this activity. If ethics is not specified within your licensing board's approval statement below, please contact your board to determine the applicability and amount of ethics allowed.

This activity is pending approval from the National Association of Social Workers.

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*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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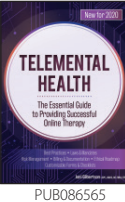
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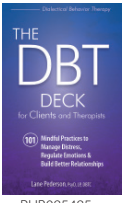
- Self-study CE certificate available

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Recommended Reading:



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The Essential Guide to Providing Successful Online Therapy
Joni Gilbertson, MA, NCC, LCPC, LMHC, BC-TMH, CTMH
~~\$24.99~~ **\$19.99***
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The DBT Deck for Clients and Therapists
101 Mindful Practices to Manage Distress, Regulate Emotions & Build Better Relationships
Lane Pederson, PSY.D, LP
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*** Discount Included with purchase of the Webinar**

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