

Outline

The Many Faces of Grief:

Types, Presentations and Clinical Implications

Kübler Ross' Stages of Grief
Normal grief and acute reactions
Complicated or prolonged grief
Persistent Complex Bereavement Disorder – chronic, masked, distorted
Ambiguous grief in the face of changes in the living
Traumatic grief following sudden or violent loss
Anticipatory and disenfranchised grief
Delayed, inhibited, abbreviated other types of commonly overlooked grief

Assessment Tools for Grieving Clients:

Identify Grief Intensity, Suicidality, Depression and Other Co-Occurring Disorders

Grief intensity scale
Hogan grief reaction checklist
Uncover trauma, depression, and anxiety
How to assess for suicidal thoughts or ideation
Isolation, sleep, and nutrition concerns for grieving clients
The caregiver grief inventory

Culture, Spirituality and Mourning:

The Clinicians' Quick Guide to Grief Work with Clients of Diverse Cultures and Beliefs

Continuing relationships with the deceased
How culture impacts length of mourning
Spiritual impacts of grief
Cultural expectations of grief to be aware of

Grief Counseling and Treatment Approaches:

Promote Healthy Grieving for Clients Across the Lifespan

Grief counseling vs. grief treatment – what's the difference?
Working with grief in kids, adults, and the elderly
Dual Process Model – loss and restoration
Companioning Model – being present for the mourner
Task Based Model - accommodating a new life
The ATTEND Model for increased attunement
Complicated Grief Treatment Model
Ethical and professional boundary issues

The Grief and Bereavement Toolbox:

Enhance Emotional Regulation, Build Connection and Support Adaptation to Loss

How to use narrative interventions in complicated grief counseling
CBT techniques for guilt, blame and other maladaptive cognitions following loss
Family sculpting techniques for grief
Creative tools to support emotional regulation and expression
Ways to build social support
Research and treatment risks
Case studies

Live Webinar Schedule

(Times listed in Eastern)

8:00 Program begins

11:50-1:00 Lunch Break

4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

Objectives

1. Analyze how types of grief and grief reactions inform clinicians' choice of counseling or treatment.
2. Investigate appropriate grief symptomology and employ assessment tools to uncover clinical concerns like trauma, depression, and suicidality.
3. Utilize best practices to enhance grief counseling and treatment with clients from diverse cultures and with diverse beliefs.
4. Investigate the needs of bereaved children, families, and the elderly to individualize treatment and promote healthy adaptation following loss.
5. Apply CBT techniques to help clients manage guilt, blame, and other maladaptive cognitions following loss.
6. Apply narrative approaches to help clients cope and empower them to construct meaning following loss.

Free Video



David Kessler on
How Death
Shapes Your
Clients' Grief

Get yours today at
pesi.com/1343video

Group Training Solutions Made Easy!

- ONLINE or in-person
- Customizable
- Easy remote access
- From 5 to 5000
- CE hours available



www.pesi.com/inhouse

NON-PROFIT
ORGANIZATION
U.S. POSTAGE PAID
EAU CLAIRE, WI
PERMIT NO. 32729

PESI, Inc.
P.O. Box 1000
Eau Claire, WI 54702-1000

Grief Counseling and Treatment Certification Training

- Confidently handle the most intimidating elements of grief work
- Assessments to identify grief intensity and uncover suicidality
- Specific interventions to manage guilt, blame and other maladaptive cognitions following loss
- Creative tools to support emotional regulation and expression

LIVE Interactive Webinar Thursday, August 19, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW:
pesi.com/webcast/85366

Live Online Certification Training

Grief Counseling and Treatment Certification Training

Assessments and Interventions to Support Healthy
Grieving and Adaptation to Death and Loss



Featuring **Tiffani Dilworth, LCPC**,
psychotherapist, author, and sought-after speaker

**BECOME CERTIFIED
IN GRIEF COUNSELING!**

This seminar meets ALL requirements to become a Certified Grief Counseling Specialist through Evergreen Certifications!

Professional standards apply. Visit www.evergreencertifications.com/cgcs for professional requirements.

Earn your
CERTIFICATION
Today!

Live Interactive Webinar Thursday, August 19, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



A Non-Profit Organization Connecting Knowledge with Need Since 1979

REGISTER NOW:

pesi.com/webcast/85366

Grief Counseling and Treatment Certification Training:

Assessments and Interventions to Support Healthy Grieving and Adaptation to Death and Loss

It has always been your calling to help the suffering.

And today a growing wave of grieving clients is looking to professionals like you for assistance as dramatic rises in death and loss have left millions in anguish.

You're eager to lead those in pain out of their dark places and give them a glimmer of hope, but working with death and loss can be intimidating. One wrong step can break the therapeutic alliance and some forms of grief are easy to overlook, preventing you from pursuing the most beneficial treatment path.

How can you ensure you're prepared?

This one-day certification training will give you step-by-step guidance on identifying specific manifestations of grief and individualizing counseling and treatment so you can normalize clients' pain, listen in a way their family and friends cannot, and help them rebuild fulfilling lives!

Full of ready to use assessment tools, therapeutic approaches and specific clinical interventions, you'll finish this training feeling ready and capable to improve grieving clients' ability to express their emotions, build support, and process their grief in a healthy way.

Best of all, you can add a valuable certification to your resume and become a **Certified Grief Counseling Specialist (CGCS) through Evergreen Certifications upon completion of this training at no additional cost to you!**

Sign up today!

Target Audience:

Counselors • Social Workers • Marriage and Family Therapists • Psychologists
Psychiatrists • Addiction Counselors • Nurse Practitioner • Mental Health Nurses
Physicians • Pastoral Counselors • Chaplains/Clergy • Thanatologists



Risk Free Purchase! PESI stands by our trainings and we have a 100% satisfaction guarantee. If you are not satisfied, please contact our customer service team at www.pesi.com/info or 800-844-8260 and we will make it right.

PESI Offers Group Discounts!

To save on groups of 5 or more, contact us at www.pesi.com/info!

Questions? Visit our FAQ page at www.pesi.com/faq or contact us at www.pesi.com/info.

Have a seminar idea? A manuscript to publish? The nation's top speakers and authors contact PESI first. If you are interested in becoming a speaker or have a new topic idea, please contact **Ryan Bartholomew** at rbartholomew@pesi.com or call 715-855-8225.

CERTIFICATION MADE SIMPLE!



- No hidden fees – PESI pays for your application fee (a \$99 value)*!
- Simply complete this live event and the post-event evaluation included in this training, and your application to be a Certified Grief Counseling Specialist through Evergreen Certifications is complete.*

Attendees will receive documentation of CGCS designation from Evergreen Certifications 4 to 6 weeks following the program.

**Professional standards apply. Visit www.evergreencertifications.com/cgcs for professional requirements.*

Meet Your Speaker

Tiffani Dilworth, MA, LCPC, is a successful psychotherapist, author, and sought-after speaker on topics related to grief, PTSD, and sexual assault. She has worked across the US with various organizations, schools, universities, and corporations to bring awareness to the grieving process and to teach countless people how to live alongside their grief. In addition to maintaining a private practice, Ms. Dilworth is an affiliate of PsychExperts & Associates Inc, located in Baltimore, MD.

Drawing on her rich clinical experience, Ms. Dilworth incorporates the most current information on the process of grieving with evidence-based and innovative treatment techniques that clinicians can immediately use in their practice. The author of the books *11 Tools to Help Manage the Aftermath of Trauma* and *Types of Grief* she is also the founder and executive director of the non-profit organization, Inspirational Hope Inc. Ms. Dilworth also hosts the Managing My Grief Podcast, to provide support to individuals who want to learn more about ways to manage their own grief.

Speaker Disclosure:
Financial: Tiffani Dilworth maintains a private practice. She is an affiliate of PsychExperts & Associates, Inc. Ms. Dilworth is the founder and executive director of Inspirational Hope, Inc. She is an author and receives royalties. Ms. Dilworth receives a speaking honorarium from PESI, Inc.
Non-financial: Tiffani Dilworth has no relevant non-financial relationship to disclose.

CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Counselors, Social Workers, Marriage and Family Therapists, Psychologists, Addiction Counselors, Physicians, Nurses, Chaplains/Clergy, and Thanatologists.**

For specific credit approvals and details, visit www.pesi.com/webcast/85366

National CE Credit Approvals For Live Webinar
Credits listed are for full attendance at the live webinar only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

PESI, Inc. is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. Nurses in full attendance will earn 6.25 contact hours.

PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 6.25 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

Self-study credit: To check availability for your profession, go to www.pesi.com or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

PESI, Inc. offers continuing education programs and products under the brand names PESI, PESI Healthcare, PESI Kids, PESI Rehab and Psychotherapy Networker.

Earn up to 6.25 CE Hours for one low price!

For all credit approvals and details, visit: www.pesi.com/webcast/85366

SIGN UP-TODAY!

Choose your Learning Experience!

PESI offers multiple formats to fit your CE needs

Register Online at: pesi.com/webcast/85366

Live Interactive Webinar (Option 1)

August 19, 2021 [PWZ85365]

\$219.99 tuition

8am Eastern time

Live Webinar Experience:

- Participate live in real-time while connecting and collaborating with peers
- Ask the presenter your questions
- Earn a live CE certificate

FREE BONUS: Replay on-demand access for 90-days after webinar
**Live CE is only available when viewed live*

Get a Group Discount! Contact us at pesi.com/info to save for groups of 5 or more

On-Demand Digital Seminar (Option 2)

\$219.99 [POS058195]

Digital Seminar Experience:

- Learn at your own pace with 24/7 access from your PESI account
- Access to the program materials
- Enjoy lifetime on-demand access
- Earn a self-study CE certificate
CE hours and approvals may vary from live event. Visit www.pesi.com or call 800-844-8260 to check for availability.

DVD (Option 3)

\$219.99 [RNV058195]

DVD Experience:

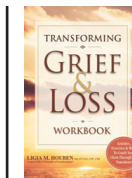
- Self-study CE certificate available
CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesi.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:



Healing Grief Card Deck
55 Practices to Find Peace
Ligia M. Houben, MA, FT, FAAGC, CPC, CHT
~~\$16.99~~ **\$12.99***

PUB084295



Transforming Grief & Loss Workbook
Activities, Exercises & Skills to Coach Your Client Through Life Transitions
Ligia M. Houben, MA, FT, FAAGC, CPC, CHT
~~\$29.99~~ **\$22.99***

PUB084395

**Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

Phone: 800-844-8260

Fax: 800-554-9775

Mail: PESI, Inc.
PO Box 1000

Eau Claire, WI 54702-1000

*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

QUESTIONS

Visit pesi.com/faq or contact us at pesi.com/info

TAXES AND SHIPPING

Taxes and shipping apply where applicable, see website for details



©2021