### **Outline**

#### Pathological Love Relationships (PLR) Defined

What therapists are doing wrong What survivors said they needed and weren't getting PLR Description Theoretical influences Differentiating these relationships from other

fields and disciplines

Research and research limitations

#### Personality Disorders and Pathological Love Relationships

Identifying Pathological Love Relationships through personality and personality pathology Personality disorders and the importance of the issue of 'pervasiveness'

Symptomatic conditions -vs- characteristic conditions

How to read life patterns of the normal and the disordered

Cluster B disorders and the danger zone personalities and spectrum

#### Identification of Pathological Love Relationships

The DSM-5<sup>™</sup> Alternative Model and relational pathology

The Categorical Model vs The Dimensional Alternative Model

The four core impairments in personality disorders

Definitions, descriptions and behaviors Symptom traits vs maladaptive traits

#### **Clinical Impressions vs Distance Diagnosing**

What if I can't diagnose the other party? Partner-related assessments and usefulness Developing clinical impressions, reasonable assumptions, and working hypothesis in detection

#### **Psychoeducation for Survivors About** Personality Disorders

Personality theories that create bias The neuroscience and neurobiology of personality disorders DSM symptoms reflected in the neuro

impairments How clients benefit from neurobiology education

#### **Relational Dynamics and Stages of a PLR**

Pre-Stage— trolling, luring and predatory targeting tactics

Early Stage — manufactured intensity, love bombing, mirroring, reflective relational tactics Mid-Stage — coercive control, gaslighting and subterfuge

End relationship dynamics

Case studies for each stage

Survivor Personalities and Targeted Traits: Critical Considerations for Prevention, Intervention, and Treatment Who these survivors are NOT Survivor personality super trait elevations and

its importance in targeting and recovery Agreeableness and cooperation: the

relationship investment trait Conscientiousness and self-directedness: the integrity-oriented life traits Misidentification/misdiagnosis of personality

'Super Traits' Codependency, dependent PD, borderline PD,

empaths

#### **Trauma Symptoms and Trauma-Informed Treatment Considerations for Survivors of Narcissistic Abuse**

How these survivor's symptoms can be different

Atypical trauma and misdiagnosis Cognitive dissonance and its presentation in

survivors Difference in chronic and persistent CD-not your college understanding

Cognitive dissonance and its connection to PTSD intensification

Case discussion on symptomology including Executive Functioning and CD

Trauma treatment and why EMDR is helpful Treatment limitations and contraindications

#### **Case Study:**

Use the Four Identifiers to Recognize a Pathological Love Relationship Pathology Relational dynamics

Super trait personality Atypical trauma present

Learning Objectives can be viewed at pesi.com/webcast/85360

Live Webinar Schedule - both days

There will be two 15-min breaks (mid-morning & mid-afternoon).

Actual lunch and break start times are at the discretion of the speaker

(Times listed in Eastern)

8:00 Program begins

4:00 Program ends

11:50-1:00 Lunch Break

A more detailed schedule is available upon request.

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- Prepare yourself to work in this emerging counseling field!
- Recognize the signs of abuse from Cluster B disordered partners
- Discover why certain survivor personalities seem to be targeted
- Key considerations for treating the traumatic aftermath

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### 2-Day Intensive Training on Narcissistic and Psychopathic Abuse

You may have trauma clients who are victims of narcissistic abuse without even knowing it.

In a clinical setting, victims of narcissistic abuse can be conditioned to behave a certain way, to show only the good things. They can dissociate to remove themselves from the trauma, and struggle to talk about the abuse in therapy. Some may not even be aware of the abuse, especially if the narcissist is still involved.

If you're like most clinicians, you only have a superficial understanding of personality disorders and the traumatic harm those with them can inflict on their partners. Without the proper training you can fail to connect the dots and miss a key component of treatment for these clients.

#### This program will give you the in-depth understanding and clinical tools you need to recognize the signs of abuse from Cluster B disordered partners and discover the keys to treating the survivors!

Sandra Brown, M.A., is a pioneer in the field of narcissistic and psychopathic abuse and the current president of The Association for NPD/Psychopathy Survivor Treatment, Research & Education who has worked with and researched narcissistic abuse survivors for over 30 years.

Join her, along with experts Claudia Paradise, LCSW-R and Bill Brennan, M.Ed., LMHC, CAP, for this live two-day webinar as they show you how you can:

- Identify pathological love relationships
- Differentiate PLRs from other stereotypical domestic violence, addictive, co-dependent, or dysfunctional relationships
- Recognize the unique relational dynamics generated from the pathology and the traumatic impact to intimate partners
- Understand why certain survivor personalities seem to be targeted
- Key considerations for treating the traumatic aftermath

Don't miss this chance to add a new dimension to your trauma treatment toolbox and help survivors of narcissistic abuse find the path to recovery. Register today!

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### **Meet Your Speakers**

Sandra L. Brown, M.A., has worked with narcissistic abuse survivors for over 30 years is often referred to as the pioneer in the field of pathological love relationships (relationships with partners who have narcissism or psychopathy). Her seminal work and research helped launch the 'Narcissistic and Psychopathic Abuse' field. She is an author of hundreds of articles for survivors on narcissistic abuse and her books include the highly popular How to Spot a Dangerous Man Before You Get Involved (Hunter House, 2005), the award winning Women Who Love Psychopaths: Inside the Relationships of Inevitable Harm With Psychopaths, Sociopaths & Narcissists (Mask Publishing, 2018), as well as the clinically relevant Counseling Victims of Violence (American Counseling Association, 1991). She is the president of The Association for NPD/Psychopathy Survivor Treatment, Research & Education, and the CEO of The Institute for Relational Harm Reduction and Public Pathology Education

Speaker Disclosure:

Financial: Sandra Brown is the director of The Institute for Relational Harm Reduction& Public Pathology Education. She is the president of The Association for NPD/Psychopathy Survivor Treatment, Research & Education. Ms. Brown is an author and receives royalties. She receives a speaking honorarium from PESI, Inc.

Non-financial: Sandra Brown has no relevant non-financial relationship to disclose

Claudia Paradise, LCSW-R, has been in private practice since 1995 and specializes in in Cluster B Personality disorders and relationship abuse. She is an analytically trained, psychodynamic psychotherapist, who also integrates CBT, DBT & EMDR into her work with adults, couples, and children. Claudia is a board member of the Association for NPD/Psychopathy Survivor Treatment, Research & Education and serves on the executive committee of The Institute for Contemporary Psychotherapy's Center for the Study of Anorexia and Bulimia. In addition to her writing and public speaking on the wide-reaching effects of narcissism and sociopathy on the individual, the family, and the environment she also provides supervision and teaches professionals at an institute level on the treatment, and prevention of self-harm and narcissistic abuse. Claudia earned her MSW in clinical social work from the NYU Silver School of Social Work. Speaker Disclosure:

Financial: Claudia Paradise is on the advisory board for the Association for NPD-Psychopathy Survivor Treatment. She is also a board member, teacher, and supervisor for the Center for the Study of Anorexia & Bulimia, Ms. Paradise maintains a private practice. She is a writer and clinician for LoveFraud.com. Ms. Paradise receives a speaking honorarium from PESI, Inc. Non-financial: Claudia Paradise has no relevant non-financial relationship to disclose

#### Bill Brennan, M.Ed., LMHC, CAP, is a psychotherapist who is a Certified Addictions Professional, Trauma Professional, and is EMDR certified with experience in inpatient, outpatient, and private practice levels of treatment. He has worked with survivors of pathological relationships for the last 10 years and has co-facilitated narcissistic abuse recovery in individual, group, and retreat formats. Bill is a board member of the Association for NPD/Psychopathy Survivor Treatment, Research & Education and holds a master's degree in counseling education from Florida Atlantic University. Speaker Disclosure

Financial: William Brennan maintains a private practice. He is a member of the board for the Association for NPD/Psychopathy Survivor Treatment, Research & Education. Mr. Brennan receives a speaking honorarium from PESI, Inc. Non-financial: William Brennan has no relevant non-financial relationship to disclose

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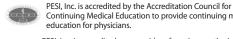
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Manuela Mischke-Reeds, MA, MFT

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Trauma Treatment Toolbox 165 Brain-Changing Tips, Tools & Handouts to Move Therapy Forward Jennifer Sweeton, Psy.D., M.S., M.A.

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