

Outline

Why Play Therapy Works

Therapeutic power of play
Facilitates communication
Fosters emotional wellness
Enhances social relationships
Increases personal strengths

Assessment and Diagnosis

Common myths of behavior disorders
Systemic assessment of emotional and behavioral distress
School, home, and community relationships
Impact of inconsistent and harsh parenting/relationship practices
Race, gender, ethnicity, culture issues and bias
Trauma assessment

TREATING DISRUPTIVE BEHAVIOR DISORDERS

Oppositional Defiant Disorder

Recurrent behavioral and relational patterns
Impact on the family system
Shame and vulnerability (in the family) - The Kryptonite!
Cycle of disconnect, rejection, and attachment ruptures
Environmental risk factors

Play Therapy Interventions to Combat Negative Behaviors

Play-based regulation and co-regulation techniques
Calm down jars
Lemon squeezies
Blast It!
Guided imagery
Repair and enhance relationships
Shame shields
Feeling monsters

Conduct Disorder Treatment

Misdiagnosis and misunderstandings
Gender and racial bias in diagnosis
Trauma history of the child
Impact of trauma on brain development and maladaptive coping response
Patterns of engagement in the home, school, and community
Impact on family relationships

Trauma Treatment

Etiology of trauma in disruptive behavior disorders
Impact on neurological functioning and development
PTSD - the most overlooked diagnosis contributing to Disruptive Behavior Disorders (DBD)
Assess for attachment ruptures and relational trauma
Shame-based punitive parenting
Repair and restore safety in the home

Play Therapy Interventions to Address Underlying Trauma

Increase emotional intelligence and understand trauma symptoms
Bound and rebound
Sandtray
Expressive arts in play
Repair and rebuild relationships
Nurturing spoons
Volcano inside of me

Play-Based Interventions to Promote Parent/Child Attachment

Building bridges of connection and communication
Create emotional safety
My safe place
Telling my story
My many colors of me

Inviting the Parent in the Playroom

Help the parent become a resource to their child
Decrease shame and vulnerability in the relationship
Improve healthy attachment-seeking behaviors
Repair attachment wounds and ruptures
Teach positive parenting strategies

Learning Objectives can be viewed at pesikids.com/webcast/85310

Live Webinar Schedule - both days (Times listed in Mountain)

8:00 Program begins
11:50-1:00 Lunch Break
4:00 Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).
Actual lunch and break start times are at the discretion of the speaker.
A more detailed schedule is available upon request.

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Play Therapy

Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma

LIVE Interactive Webinar

Monday & Tuesday, July 19 & 20, 2021

BONUS! – Registration includes FREE on-demand access for 3 months.



REGISTER NOW: pesikids.com/webcast/85310

Join us online for this 2-day live conference!

Play Therapy

Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma



Featuring
Clair Mellenthin, LCSW, RPT-S,
International Speaker, Author and Family Trauma & Attachment Expert

- Decrease aggression, outbursts, and improve parent-child relationships
- Help stop the cycle of disconnect, rejection, and attachment ruptures
- Co-regulation play-based activities to promote healthy coping and attunement

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Play Therapy

Engaging and Powerful Techniques for the Treatment of Disruptive Behavior Disorders and Trauma

Childhood Disruptive Behavior Disorders are on the rise! Tantrums, anger, defiance, threatening behavior...

How can we as therapists more effectively decrease acting-out behaviors and help repair, rebuild and create strong parent-child relationships?

Join me, Clair Mellenthin, expert in child and family trauma and attachment, as we dive into the impact of Oppositional Defiant Disorder and Conduct Disorder on children, teens, and their families. **You'll learn effective, powerful, evidence-based play therapy interventions including guided imagery, mindfulness, expressive arts, and sandtray play**—all of which include parent-child relationship enhancement activities.

This workshop will show you how:

- the impact of attachment plays a role in the etiology of childhood disruptive behavior disorders
- to utilize attachment-centered play therapy techniques to treat these diagnoses in children
- to strengthen parent-child relationships
- to improve overall self-esteem and confidence—giving the child tools to control their challenging symptoms and help heal the family system.

Register today to explore the power of play therapy—and incorporate these strategies into your mental health practices with young clients and their families!

Target Audience:

Mental Health Clinicians • School Counselors • Psychologists • Physicians • Counselors
Social Workers • Occupational Therapists • Marriage and Family Therapists • Play Therapists
Speech-Language Pathologists



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Meet Your Speaker



Clair Mellenthin, LCSW, RPT-S, is an international speaker, author, psychotherapist, and Registered Play Therapist Supervisor. Throughout her career, she has specialized in providing play therapy to children, teens, and their families. She is currently the Director of Child & Adolescents at Wasatch Family Therapy. Ms. Mellenthin frequently presents professional play therapy and family therapy trainings on Attachment-Centered Play Therapy, Family, and Trauma issues both nationally and internationally.

Ms. Mellenthin is a sought-after supervisor, training graduate students and interns in play therapy, and an adjunct faculty member at the University of Southern California MSW program. She is the past-president of the Utah Association For Play Therapy and remains an active member on the Board of Directors. She is the author of the books *Attachment Centered Play Therapy*; *Play Therapy: Engaging & Powerful Techniques for the Treatment of Childhood Disorders*; *My Many Colors of Me Workbook*, and has authored several chapters and articles. In addition to being an experienced play therapist and professor, Ms. Mellenthin also appears on local and national TV and radio as an expert on children and family issues. She holds a Master's Degree in Social Work from the University of Southern California.

Speaker Disclosure:

Financial: Clair Mellenthin is the clinical director at Wasatch Family Therapy. She is the author of *My Many Colors of Me Workbook*; she maintains intellectual property rights and receives royalties. Ms. Mellenthin receives a speaking honorarium from PESI, Inc.

Non-financial: Clair Mellenthin is the president of the Utah Association for Play Therapy.


CE CREDITS AVAILABLE FOR LIVE WEBINAR


This continuing education activity is designed to meet state board requirements for the following professionals: **Speech-Language Pathologists, Social Workers, Psychologists, Physicians, Counselors, Social Workers, Occupational Therapists, Marriage and Family Therapists, and Play Therapists.**

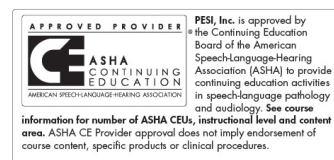
For specific credit approvals and details, visit pesikids.com/webcast/85310

National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.


 PESI, Inc. is an AOTA Approved Provider of continuing education. Provider #: 3322. Full attendance at this course qualifies for 12.5 contact hours or 1.25 CEUs in the Category of Domain of OT and Occupational Therapy Process. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Course Level: Intermediate.

 PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

**** Please note that Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.**

 PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.

This program is Approved by the National Association of Social Workers (Approval # 886759332-1713) for 12.5 Social Work continuing education contact hours.

PESI, Inc. is an APT Approved Provider 05-165. Full attendance at this program will qualify for (12.0) hours. Play therapy credit may only be awarded to mental health professionals.

Self-study credit: To check availability for your profession, go to www.pesikids.com or call 800-844-8260 with your licensing board to verify acceptance of self-study credit for license renewal.

*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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July 19 & 20, 2021 PWZ85309

\$439.99 tuition

8am Mountain time

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DVD (Option 3)

\$439.99 RNV055975

DVD Experience:

- Self-study CE certificate available
- CE hours, approvals and cost of CE Certificates may vary from live event. Visit www.pesikids.com or call 800-844-8260 to check for availability and pricing

Recommended Reading:



PUB085380

Play Therapy
Engaging & Powerful Techniques for the Treatment of Childhood Disorders
Clair Mellenthin, LCSW, RPT-S
~~\$29.99~~ **\$19.99***



PUB085710

2,4,6,8 This Is How We Regulate
75 Play Therapy Activities to Increase Mindfulness in Children
Tracy Turner-Bumberry, LPC, RPT-S, CAS
~~\$24.99~~ **\$19.99***

** Discount Included with purchase of the Webinar*

OTHER WAYS TO REGISTER

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Mail: PESI Kids
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*If mailing/faxing registration, find form at www.pesi.com/form or call 800-844-8260

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QUESTIONS

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