

## Speaker

### DAY 1

#### **Dementia Differentiation, Diagnosis and Prognosis**

Types of dementia and how to differentiate between them  
Pseudo-dementia explanations  
Mild Neuro-Cognitive Disorder  
Diagnosis, prognosis, and stages  
The latest preventative treatments

#### **Cognitive Assessment Essentials**

Mini-Mental State Examination  
SLUMS  
Administration and scoring  
Objective and subjective interpretation

#### **Challenging Behavior Toolbox:**

##### **Trigger Identification, Problem Solving, and Compassionate Intervention Strategies**

Individualizing care - strengths and limitations  
Pain and pain assessment  
Tactics for verbal and physical combativeness  
Agitation - triggers, pain and care planning  
Delusions and hallucinations -- potential causes and complications  
Wandering -- redirection techniques to reduce risks  
Tips for working with sundowners  
Sexual expressiveness and interventions for dignity  
Activities of Daily Living - structure and engagement strategies

#### **Verbal and Non-Verbal Strategies for Communication:**

##### **Reduce Frustration and Increase Understanding with Dementia Patients**

When traditional communication is replaced by behaviors  
Person centered: Gathering beliefs and values  
Effective tips for communicating with dementia patients  
Find the meaning behind the gesture  
How to avoid arguments  
What questions to ask, and how to ask them  
Meaningful activities that connect

#### **Tips and Tactics for Successfully Working with Caregivers**

Family dynamics  
Validation, empathy and active listening  
Caregiver burnout and where to go for help  
End of life issues  
Ethical issues and abuse

### DAY 2

#### **How Aging Impacts Mental Health**

The aging brain, body and unique stressors of late life  
Social systems, stigma and life role transitions  
How medical illness impacts mental health

#### **Geriatric Pharmacology:**

##### **Essential Considerations for Safety and Effectiveness**

The senior metabolism and unique safety concerns  
Common side effect of drugs on seniors  
Interactive effects to be aware of

#### **Late-Life Depression:**

##### **Assessment and Interventions**

Assessment strategies for late-life depression  
The role of social support  
Working with grief and loss  
Cognitive approaches to focus on today's problems  
Adaptive exercise solutions for the physically challenged

#### **Suicide in Older Adults:**

##### **How to Recognize the Warning Signs and Properly Intervene**

The complexity of suicidal behavior in older adults  
Assessment and screening tools  
Treatment approaches and crisis guidance

#### **Alcohol and Drug Use in the Elderly**

Unique vulnerabilities and diagnostic difficulties  
Assessment instruments  
Motivational Interviewing and relapse prevention strategies

#### **Late-Life Anxiety:**

##### **Identification and Treatment Strategies Adapted to Older Adults**

Risk factors, stressors and symptoms  
Loss of social support and fear of being alone  
Medical issues and hypochondria  
Evidence-based psychological treatments

#### **Trauma-Informed Treatment of Older Adults**

What the latest research tells us -- and what it doesn't  
Special considerations when assessing seniors for trauma  
Trauma and somatic complaints

#### **The Role of Nutrition in Geriatric Behavioral Problems**

How vitamin and mineral deficiencies impact behavior  
How the volatility of blood sugar can impact behavior  
Strategies for non-compliant eating

**Learning Objectives can be viewed at [pesi.com/webcast/85256](http://pesi.com/webcast/85256)**

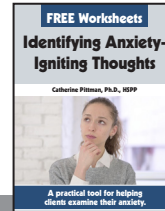
#### **Live Webinar Schedule - both days** (Times listed in Central)

**8:00** Program begins  
**11:50-1:00** Lunch Break  
**4:00** Program ends

There will be two 15-min breaks (mid-morning & mid-afternoon).  
Actual lunch and break start times are at the discretion of the speaker.  
A more detailed schedule is available upon request.

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## Online Certification Training

# 2-DAY CERTIFICATION CONFERENCE: ALZHEIMER'S, DEMENTIAS AND GERIATRIC MENTAL HEALTH CONDITIONS

## BECOME CERTIFIED IN DEMENTIA CARE!

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**CERTIFICATION**  
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This seminar meets ALL requirements to become an Evergreen Certified Dementia Care Specialist (ECDCS) through Evergreen Certifications.

Professional standards apply, visit [www.evergreencertifications.com/ecdcs](http://www.evergreencertifications.com/ecdcs) for details.

- Upgrade your skills, knowledge and career qualifications!
- Best practices for geriatric patients facing anxiety, depression, and addiction
- Recognize suicidal behaviors in the elderly and know what to do to intervene
- Communication strategies to reduce frustration and increase understanding with patients and families

## Live Interactive Webinar

**Thursday & Friday, July 29 & 30, 2021**

**BONUS!** – Registration includes FREE on-demand access for 3 months.

# 2-DAY CERTIFICATION CONFERENCE: ALZHEIMER'S, DEMENTIAS AND GERIATRIC MENTAL HEALTH CONDITIONS

## Live Interactive Webinar

**Thursday & Friday, July 29 & 30, 2021**

**BONUS!** – Registration includes FREE on-demand access for 3 months.



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## 2-DAY CERTIFICATION CONFERENCE: ALZHEIMER'S, DEMENTIAS AND GERIATRIC MENTAL HEALTH CONDITIONS

No matter the discipline, very few providers have received adequate training on safely and effectively meeting the complex mental and behavioral health needs of older adults.

### Don't be caught unprepared!

Whether you're a social worker, psychologist, counselor, nurse, OT, PT, SLP, or Long-Term Care professional, this training is exactly what you need to ensure proper care for geriatric patients facing Alzheimer's, other dementias, depression, anxiety, trauma, substance use issues, and suicidal ideation. More than a broad overview, this training will give you specific strategies and interventions tailored to older adults.

### Over 2 intensive days of specialized training you'll receive:

- Cognitive assessment tools and interpretation tips
- Practical solutions to challenging behaviors in dementia patients
- Detailed guidance on recognizing the warning signs of suicidal behavior in older adults
- Adaptive solutions to treat late life depression, anxiety, trauma and drug use
- Tips and tactics for successfully working with families

Sign up today and leave feeling prepared and confident in your ability to overcome the most challenging complexities of working with geriatric patients!

Best of all, upon completion of this live training, you'll be eligible to become an **Evergreen Certified Dementia Care Specialist (ECDCS)** through Evergreen Certifications. Certification lets colleagues, employers, and clients know that you've invested the extra time and effort necessary to understand the complexities of dementia care. Professional standards apply. Visit [www.evergreencertifications.com/ECDCS](http://www.evergreencertifications.com/ECDCS) for details.

### Target Audience:

Social Workers • Psychologists • Nurses • Speech-Language Pathologists • Counselors  
Nursing Home Administrators • Assisted Living Facility Administrators • Long Term/Acute  
Care Professionals • Case Managers • Occupational Therapists • Physical Therapists  
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## CERTIFICATION MADE SIMPLE!



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Attendees will receive documentation of ECDCS designation from Evergreen Certifications 4 to 6 weeks following the program.

\*Professional standards apply. Visit [www.evergreencertifications.com/ECDCS](http://www.evergreencertifications.com/ECDCS) for professional requirements.

## Meet Your Speaker

**Micheal Shafer, Ph.D.**, is a clinical psychologist who specializes in the diagnosis and treatment of people with dementia. Dr. Shafer holds multiple teaching positions in the Michigan State University School of Medicine in the departments of physical medicine and rehabilitation and radiology.

Dr. Shafer lectures nationally on a variety of clinical and research issues, and has conducted numerous trainings for physicians about medication utilization and mechanisms of actions, particularly for those used to treat Alzheimer's Disease. His primary research/clinical interests include the assessment of neuropsychological disorders (e.g., stroke, traumatic brain injury (TBI), Alzheimer's) and the study of localized brain functioning. Prior to earning his Ph.D., Dr. Shafer provided hospital-based counseling services and conducted research at the University of Maryland Medical School.

Dr. Shafer earned his M.A. degree in applied psychology from the University of Baltimore and his Ph.D. in clinical psychology with an emphasis on neuropsychology from the University of North Texas.

#### Speaker Disclosures:

Financial: Micheal Shafer Ph.D. has an employment relationship with Michigan State University School of Medicine in the departments of Physical Medicine and Rehabilitation and Radiology. Dr. Shafer is a staff psychologist at PAR Rehab Services. He conducts trainings and lectures nationally. Dr. Shafer receives a speaking honorarium from PESI, Inc.

Non-financial: Micheal Shafer Ph.D. is a board member of the Michigan Rehabilitation & Research Corporation (MRRRC) and a Chapter Board Member of the Alzheimer's Association. Dr. Shafer holds professional memberships in the Clinical Neuropsychology (Division 40, APA), the American Psychological Association (APA), and the National Academy of Neuropsychology (NAN).

To view the full bio, visit [www.pesi.com/webcast/85256](http://www.pesi.com/webcast/85256)

## CE CREDITS AVAILABLE FOR LIVE WEBINAR

This continuing education activity is designed to meet state board requirements for the following professionals: **Social Workers, Psychologists, Nurses, Speech-Language Pathologists, Counselors, Physicians, Occupational Therapists, and Physical Therapists.**

For specific credit approvals and details, visit [www.pesi.com/webcast/85256](http://www.pesi.com/webcast/85256)

#### National CE Credit Approvals For Live Webinar

Credits listed are for full attendance at the live webcast only. The CE certificate can be downloaded/printed after completing the webcast and passing the online post-test evaluation (80% passing score). Please see schedule for full attendance start and end times. NOTE: Boards do not allow credit for breaks or lunch.

**ACE** PESI, Inc., #1062, is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. PESI, Inc. maintains responsibility for this course. ACE provider approval period: January 27, 2020 - January 27, 2023. Social Workers completing this course receive 12.5 Clinical Practice continuing education credits. Course Level: Intermediate. Full attendance is required; no partial credits will be offered for partial attendance. A certificate of attendance will be awarded at the end of the program to social workers who complete the program evaluation.



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PESI, Inc. is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



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PESI, Inc. is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.25 ASHA CEUs (Intermediate level, Professional area).

\*\* Please note that *Speech-Language Pathologists must complete the post-test and evaluation within two weeks of attending the live event if they would like their participation submitted to the ASHA CE Registry. Detailed instructions will be provided the day of the program under the Handouts section of the online program.*

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\*Content and materials in this course may include interventions and modalities that are beyond the authorized practice of your profession. As a licensed professional, you are responsible for reviewing the scope of practice, including activities that are defined in law as beyond the boundaries of practice in accordance with and in compliance with your profession's standards.

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July 29 & 30, 2021 PWZ85255

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8am Central time

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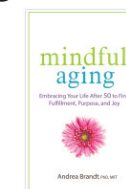
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- CE hours, approvals and cost of CE Certificates may vary from live event. Visit [www.pesi.com](http://www.pesi.com) or call 800-844-8260 to check for availability and pricing

## Recommended Reading:



**Geriatric Pharmacology**  
*The Principles of Practice & Clinical Recommendations, Second Edition*  
Steven Atkinson, PA-C, MS  
~~\$24.99~~ **\$19.99\***

PUB084430



**Mindful Aging**  
*Embracing Your Life After 50 to Find Fulfillment, Purpose, and Joy*  
Andrea Brandt, PhD, MFT  
~~\$16.99~~ **\$12.99\***

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\*Discount Included with purchase of the Webinar

### OTHER WAYS TO REGISTER

Phone: 800-844-8260

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\*If mailing/faxing registration, find form at [www.pesi.com/form](http://www.pesi.com/form) or call 800-844-8260

### ADA NEEDS

We would be happy to accommodate your ADA needs; Please notify us at time of registration.

### QUESTIONS

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