Outline

The Costs of Undertreated ADHD

- Why ADHD may be the disorder "behind the curtain" of significant health problems
- Risk factors: suicide, self-injury, obesity, substance abuse, diabetes and shorter life expectancy
- · Your role in educating kids, caregivers and medical professionals on the health risks of ADHD
- How to broaden your assessment beyond the DSM-5® to include diet, nutrition, sleep and quality of life

The Future of Diagnosis and **Treatment**

Objectives

Live Webinar Schedule

2:00 Program ends

11:00 Program begins

(Times listed in Eastern

in the most recent literature.

regulation for children and teens with ADHD.

approaches.

- Dr. Barkley's most recent research and what it means for you as a helping professional
- Sluggish Cognitive Tempo (SCT) ADHD's lesser known, but just as prominent and debilitating cousin

- Comparing SCT and ADHD Demographics, Comorbidity, Risks and **Impairments**
- Why SCT is often diagnosed as "ADHD -Inattentive Type" or "ADD"
- Crucial differences in treatment recommendations for SCT v. ADHD

14 Best Principles for Managing ADHD in Children and Teens

- Understanding ADHD as a disorder of executive functioning and self-regulation
- The latest evidence-based treatment recommendations for improving:
 - Self-awareness
 - Time management
 - Emotional self-control
 - Self-motivation
 - Planning and problem solving
 - And more!
- Recommendations on what to avoid –

"Dr Barkley consistently delivers

excellent trainings. I am always

interested in anything he presents."

- Gregory M

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Russell Barkley, Ph.D.

on

ADHD in Children and Adolescents

Advances in Diagnosis, Treatment and Management



Internationally-Renowned ADHD Expert, Russell Barkley, Ph.D.

Russell Barkley, Ph.D. and why – with kids who have ADHD

ADHD in Children and Adolescents

Advances in Diagnosis, Treatment and Management



Internationally-Renowned ADHD Expert, Russell Barkley, Ph.D.

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1. Determine the health problem the health problems that are negatively affected

by ADHD and how to use this knowledge to appropriately revise intervention

3. Analyze 14 principles that will promote better executive functioning and self-

2. Evaluate the diagnostic criteria of ADHD to the clinical features of SCT as suggested



Russell Barkley, Ph.D. on **ADHD** in Children and Adolescents

Advances in Diagnosis, Treatment and Management

Join world-renowned ADHD expert Dr. Russell Barkley in a 3-hour live webcast highlighting new insights in the diagnosis, treatment and management of ADHD. Packed with recent research and practical application, this webcast is a must-see for anyone who works with kids and adolescents diagnosed with ADHD

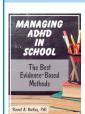
Follow along with Dr. Barkley as he walks you through:

- · His latest research findings and what that means for treatment and management of ADHD today
- How to differentiate between ADHD and Sluggish Cognitive Tempo (SCT) and why it matters
- The startling correlation between untreated ADHD and premature, severe health problems
- Why an ADHD diagnosis lends itself to significant health problems and shorter life expectancy
- The evolution of ADHD as more than just an educational or mental health problem
- 14 best principles for managing ADHD in children and teens
- An update on the most recent evidence-based treatment recommendations

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Meet Your Speaker

Russell A. Barkley, Ph.D., is a clinical professor of psychiatry at the Virginia Treatment Center for Children and Virginia Commonwealth University Medical Center, Richmond, VA. He is a Diplomate (board certified) in three specialties, Clinical Psychology (ABPP), Clinical Child and Adolescent Psychology, and Clinical Neuropsychology (ABCN, ABPP). Dr. Barkley is a clinical scientist, educator, and licensed practitioner who has published 23 books, rating scales, and clinical manuals numbering 41 editions. He has also published more than 270 scientific articles and book chapters related to the nature, assessment, and treatment of ADHD and related disorders. He is the founder and editor of the bimonthly clinical newsletter, The ADHD Report, now in its 25th year of publication. Dr. Barkley has presented more than 800 invited addresses internationally and appeared on nationally televised programs such as "60 Minutes", the "Today Show", "Good Morning America", "CBS Sunday Morning", CNN, and many other programs on behalf of those with ADHD. He has received awards from professional societies and ADHD organizations for his lifetime achievements, career accomplishments, contributions to research in ADHD, to clinical practice, and for the dissemination of science. His websites are www.russellbarkley.org and ADHDLectures.com.

Speaker Disclosure:

Financial: Dr. Russell Barkley is employed by the Medical University of South Carolina. He is on the speaker's bureau for Eli Lilly and receives compensation. He has an advisory board relationship with Theravance and receives compensation. He is an author for Guilford Press and receives royalties. He is an author for Jones and Bartlett Publishers and receives royalties. He is a speaker for J&K Seminar and receives royalties. He is a speaker for PsychContinuingEd.com and receives royalties. He is a speaker for ContinuingEdCourse.com and receives royalties. He is a speaker who receives an honorarium for PESI, Inc. Non-financial: Dr. Russell Barkley has no relevant non-financial relationship to disclose.

"The course was very thorough and detailed. The notes highlighted all of the major points. It was an honor to hear Dr. Barkley speak, as he is a forerunner in the field." - Mary Lou F

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This continuing education activity is designed to meet state board requirements for the following professionals: Counselors, Social Workers, Psychologists, Speech-Language Pathologists, Physicians, Occupational Therapists, Nurses, Marriage and Family Therapists, and **Addiction Counselors.**

For specific credit approvals and details, visit pesi.com/webcast/85091

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